



NORTHWEST IOWA **CARE**
CONNECTIONS
MENTAL HEALTH & DISABILITY SERVICES

FY 21 ANNUAL SERVICE AND BUDGET PLAN

Submitted:
3/31 /2020

Geographic Area: Clay, Kossuth, Osceola,
Palo Alto, Winnebago, and Worth Counties
Approved by Advisory Board: 4/13/2020

Approved by Northwest Iowa Care Connections Governing Board:
April 28, 2020

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Introduction

Northwest Iowa Care Connections was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY 2021 Annual Service and Budget Plan covers the period of July 1, 2020 to June 30, 2021. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

Due to the realignment of counties, Dickinson County and O'Brien County will leave Northwest Iowa Care Connections and move to the Sioux Rivers Region, effective July 1, 2020. The Region's 28 E is being modified to document that departure and the addition of Kossuth, Winnebago and Worth Counties, who are leaving County Social Services effective June 30, 2020 to join Northwest Iowa Care Connections. The description of the Regional Governing Board and Advisory Boards can be found in Appendix. Please see Section J.

Northwest Iowa Care Connections exists to support improved access to behavioral healthcare and to promote full citizenship for people with mental illness and intellectual disabilities. This plan covers the period from July 1, 2020 through June 30, 2021.

A. Northwest Iowa Care Connections Regional Local Access points

An access point is a part of the Northwest Iowa Care Connections service system or community that is trained to complete the MH/DD funding applications for persons with a disability. and forward them to the local Northwest Iowa Care Connections Office.

Northwest Iowa Care Connections designates the following access points for mental health and disability services.

Access Point	Location	Contact Information
Northwest Iowa Care Connections Clay County office	215 W. 4 th St. Suite 6. Spencer, IA 51301	712-262-9438
Northwest Iowa Care Connections Palo Alto County office	Covered by NWIACC Staff from the Palo Alto County office to be determined	712-262-9438
Northwest Iowa Care Connections Kossuth County serving Winnebago and Worth Counties	Covered by the NWIACC staff from the Kossuth County Office 109 W. State St. Algona	712-262-9438
Berryhill Center	720 Kenyon Road Ft Dodge, IA	515-955-7171
Mercy One North IA	1000 4 th St .SW Mason City, IA	641-428-7000
Plains Area Mental Health	3746 450 th Ave. Emmetsburg	712-250-6658
Prairie Ridge Integrated Behavioral Health Care	320 N Eisenhower Ave Mason City	641-424-2391

Access Point	Location	Contact Information
Seasons Center for Behavioral Health with offices in Clay, Osceola, and Palo Alto Counties	201 E. 11 th St. Spencer, IA 51301	712-262-2922 or 800-242-5101
	110 Cedar Lane Sibley, IA 51249	
	3201 1 st St. Emmetsburg, IA 50536	
Spencer Hospital	1200 1 st Ave. E. Spencer IA 51301	712-264-6228

Northwest Iowa Care Connections has designated the following access points for children’s behavioral health services.

Access Point	Location	Contact Information
Northwest Iowa Care Connections Clay County office	215 W. 4 th St. Suite 6. Spencer, IA 51301	712-262-9438
Northwest Iowa Care Connections Palo Alto County office	Covered by NWIACC Staff from the Palo Alto County office to be determined	712-262-9438
Northwest Iowa Care Connections Kossuth County serving Winnebago and Worth Counties	Covered by the NWIACC staff from the Kossuth County Office 109 W. State St. Algona	712-262-9438
Seasons Center For Behavioral Health	Autumn Center- E. 5 th St Spencer	712-262-2922
Plains Area Mental Health	3746 450 th Ave. Emmetsburg	712-250-6658
Berryhill Center	720 Kenyon Road Ft Dodge, IA	515-955-7171
Prairie Ridge Integrated Behavioral Health Care	320 N Eisenhower Ave Mason City	641-424-2391
YSS Francis Lauer	50 N. Eisenhower Ave. Mason City	641-423-7362

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for Northwest Iowa Care Connections.

Targeted Case Management Provider	Adult/Child/Both	Location	Contact Information
DHS TCM (Clay County)	Both Adult and Child	CMHI 1200 W. Cedar Loop Cherokee	Pam Moldovan SWS 712-830-1509
DHS TCM Osceola County	Both Adult and Child	2300 Park St Sheldon, IA	Pam Moldovan SWS 712-830-1509
DHS TCM Palo Alto County	Both Adult and Child	Box 71 Rockwell City	Pam Moldovan SWS 712-830-1509
DHS TCM Kossuth County	Both Adult and Child	330 1 st Ave. N Fort Dodge	Pam Moldovan SWS 712-830-1509
DHS TCM Winnebago County	Both Adult and Child	525 9th St. SE Mason City	Pam Moldovan SWS 712-830-1509
DHS TCM Worth County	Both Adult and Child	525 9 th St. SE Mason City	Pam Moldovan SWS 712-830-1509

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
County Social Services	Both Adult and Child	3, 4th St NE, Mason City, IA 50401	Alison Houser 1-866-468-7887
Seasons Center-CCBHC	Both Adult and Child	Clay, Osceola, and Palo Alto Counties	712-262-2922 or 1-800-242-5101
Plains Area Mental Health	Both Adult and Child	Clay, Osceola, and Palo Alto Counties	800-325-1192
NWIACC Regional Service Coordination	Both Adult and Child	Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	712-262-9438
MCO-Amerigroup	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual
MCO-Iowa Total Care	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual
Private Insurance	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual
Blue Cross/Blue Shield	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual

Managed Care Organizations (MCOs) as contracted through the Department of Human Service/Iowa Medicaid Enterprise provide care coordination to regionally eligible Medicaid members within the scope of their contracted duties for persons with mental health and disability service needs.

C. Crisis Planning

Crisis prevention, response and resolution are as much a mindset as it is a continuum of strategies and services. Crisis services are available on a 24-hour basis for prevention, supportive counseling, and debriefing. Crisis prevention, response, and resolution are also embedded in the treatment and support plans that are prepared by Network Providers, Targeted Case Management, Integrated Health Homes, Managed Care Organizations (MCOs) Care Coordination, and regional Service Coordination, and regionally contracted Care Coordinators.

As these plans are developed, the goal is to explore options for an environment and support structure that works for a person to mitigate the triggers that lead to crisis and address areas of need within the domains of access to service, life in the community, person-centeredness, health and wellness, quality of life and safety, and the utilization of family and natural supports.

Some agencies specifically use a Wellness Recovery Action Plan (WRAP) that complements the coordination plan. Much of the prevention, response, and resolution of crisis are handled through the normal services and

supports people receive and is also reflected in access standards. Below is a table of current providers, contact information and crisis services they provide in the region.

24 Hour Crisis Response

Provider	Location	Contact Information
Seasons Center	201 E. 11 th St. Spencer	844-345-4569

24 Hour Crisis Hotline

Provider	Location	Contact Information
Seasons Center	201 E. 11 th St. Spencer	844-345-4569
Your Life Iowa	Online: https://yourlife.org/	855-581-8111

Crisis Evaluation

Provider	Adult/Child/Both	Location	Contact Information
Seasons Center	Both Adult and Children	201 E. 11 th St. Spencer	844-345-4569
Plains Area Mental Health	Both Adult and Children	3746 450 th Ave. Emmetsburg	712-250-6658

Mobile Response

Provider	Location	Contact Information
Seasons Center	201 E.11 th St. Spencer	1-844-345-4569 or 712-262-2922

Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
In development	Adult/Child	Clay, Osceola, Palo Alto Kossuth, Winnebago, & Worth	NWIACC CEO

Accredited Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Plains Area Mental Health Turning Point	Adult Only	Sac City, Iowa	1.800.325.1192. contact@pamhc.org.
Sioux River Crisis Stabilization	Adult Only	4038 Division St, Sioux City	712-560-7996

23-Hour Observation

Provider	Location	Contact Information
Sioux Rivers Crisis Stabilization Center	4038 Division St, Sioux City	712-560-7996

When clients, who are residents of Northwest Iowa Care Connections’ member counties, access crisis residential services in another Region, an application for enrollment is provided by the facility to the NWIACC and costs associated with the service are subject to the daily fee for service rate currently set by the Region. Billing is provided within the guidelines provided in the NWIACC Regional Management Plan to process the claim in a timely manner.

D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Currently in development	Regional Counties	NWIACC CEO

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
Seasons Center in the process of regional designation	201 E. 11 th St. Spencer	Director- 712-262-2922

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Currently in development	Regional Counties	NWIACC CEO

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
In development through partnership	3 other western Iowa MHDS Regions	NWIACC CEO

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by Northwest Iowa Care Connections. All core services are available. If there is no funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in Section

E. of the Northwest Iowa Care Connections’ policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in Section E of the Northwest Iowa Care Connections’ policy and procedure manual. The Policy and procedure manual can be found online as of July 1, 2020 at nwiaccareconnections.org. The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

Table A. Expenditures

FY 2021 Budget	NW IA Care Connections	MI (40)	ID(42)	DD (43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 16,236					\$ 16,236
42306	Medication prescribing & management **	\$ 25,236					\$ 25,236
43301	Assessment, evaluation, and early identification **	\$ 10,472					\$ 10,472
71319	Mental health inpatient therapy-MHI	\$ 65,708					\$ 65,708
73319	Mental health inpatient therapy **	\$ 35,708					\$ 35,708
	Crisis Services						\$ -
32322	Personal emergency response system	\$ 2,763					\$ 2,763
44301	Crisis Evaluation	\$ 23,525					\$ 23,525
44305	24 hour access to crisis response	\$ 3,525					\$ 3,525
44307	Mobile response **	\$ 226,577					\$ 226,577
44312	Crisis Stabilization community-based services **	\$ 33,525					\$ 33,525
44313	Crisis Stabilization residential services **	\$ 17,050					\$ 17,050
44396	Access Centers: start-up / sustainability						\$ -
	Support for Community Living						
32320	Home health aide						\$ -
32325	Respite	\$ 12,000	19,590				\$ 31,590
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 165,826	\$ 20,000				\$ 185,826
42329	Intensive residential services						\$ -
	Support for Employment						
50362	Prevocational services						\$ -
50364	Job development		\$ 1,000				\$ 1,000
50367	Day habilitation		\$ 25,000				\$ 25,000
50368	Supported employment	\$ 65,174	\$ 8,800				\$ 73,974

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50369	Group Supported employment-enclave						\$ -
FY 2021 Budget	NW IA Care Connections	MI (40)	ID(42)	DD (43)	BI (47)	Admin (44)	Total
	Recovery Services						
45323	Family support	\$ 3,807					\$ 3,807
45366	Peer support	\$ 9,217					\$ 9,217
	Service Coordination						
21375	Case management	\$ 125					\$ 125
24376	Health homes						\$ -
	Sub-Acute Services						
63309	Subacute services-1-5 beds	\$ 35,970					\$ 35,970
64309	Subacute services-6 and over beds						\$ -
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency	\$ 21,046					\$ 21,046
32396	Supported housing	\$ 11,512					\$ 11,512
42398	Assertive community treatment (ACT)	\$ 121,162					\$ 121,162
45373	Family psychoeducation	\$ 1,512					\$ 1,512
	Core Domains Total	\$ 921,201	\$74,390	\$ -	\$ -		\$ 995,591
	Mandated Services						
46319	Oakdale						\$ -
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 69,000					\$ 69,000
75XXX	Mental health advocate	\$ 90,544					\$ 90,544
	Mandated Services Total	\$ 175,051	\$ -	\$ -	\$ -		\$ 175,051
	Additional Core Domains						
	Justice system-involved services						
25xxx	Coordination services	\$ 30,000					\$ 30,000
44346	24 hour crisis line*						\$ -
44366	Warm line*						\$ -
46305	Mental health services in jails	\$ 36,726					\$ 36,726
46399	Justice system-involved services-other						\$ -
46422	Crisis prevention training	\$ 2,000					\$ 2,000
46425	Mental health court related costs						\$ -
74301	Civil commitment prescreening evaluation						\$ -
	Additional Core Evidenced based treatment						
42366	Peer self-help drop-in centers	\$ 13,425					\$ 13,425

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42397	Psychiatric rehabilitation (IPR)						\$ -
	Additional Core Domains Total	\$ 82,151	\$ -	\$ -	\$ -		\$ 82,151
FY 2021 Budget	NW IA Care Connections	MI (40)	ID(42)	DD (43)	BI (47)	Admin (44)	Total
	Other Informational Services						
03371	Information & referral	\$ 3,500					\$ 3,500
04372	Planning, consultation &/or early intervention (client related) **						\$ -
04377	Provider Incentive Payment	\$ 50,000					\$ 50,000
04399	Consultation Other						\$ -
04429	Planning and Management Consultants (non-client related)	\$ 35,000					\$ 35,000
05373	Public education, prevention and education **						\$ -
	Other Informational Services Total	\$ 88,500	\$ -	\$ -	\$ -		\$ 88,500
	Community Living Supports						
06399	Academic services						\$ -
22XXX	Services management	\$ 308,209					\$ 308,209
23376	Crisis care coordination						\$ -
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -
31XXX	Transportation	\$ 13,000					\$ 13,000
32321	Chore services						\$ -
32326	Guardian/conservator						\$ -
32327	Representative payee						\$ -
32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)	\$ 21,480					\$ 21,480
33345	Ongoing rent subsidy						\$ -
33399	Other basic needs						\$ -
41305	Physiological outpatient treatment						\$ -
41306	Prescription meds	\$ 13,000					\$ 13,000
41307	In-home nursing	\$ 13,200					\$ 13,200
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program						\$ -
42363	Day treatment						\$ -
42396	Community support programs						\$ -
42399	Other psychotherapeutic treatment	\$ 38,700					\$ 38,700

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43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -
FY 2021 Budget	NW IA Care Connections	MI (40)	ID(42)	DD (43)	BI (47)	Admin (44)	Total
44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail						\$ -
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						\$ -
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds						\$ -
63399	Other 1-5 beds						\$ -
	Community Living Supports	\$ 407589	\$ -	\$ -	\$ -		\$ 407,589,906
Other Congregate Services							
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$389,699					\$ 389,699
64XXX	ICF 6 and over beds (64317 & 64318)						\$ -
64329	SCL 6 and over beds						\$ -
64399	Other 6 and over beds						\$ -
	Other Congregate Services Total		\$ -	\$ -	\$ -		\$ -
Administration							
11XXX	Direct Administration					248,109	\$ 248,109
12XXX	Purchased Administration					73,600	\$ 73,600
	Administration Total					321,709	\$ 321,709
	Regional Totals	\$2,068,274	54,800	\$ -	\$ -	321,709	\$ 2,444,783
(45XX-XXX) County Provided Case Management							
(46XX-XXX) County Provided Services							\$ -
	Regional Grand Total						\$ 2,460,290

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

13951	Distribution to MHDS regional fiscal agent from member county	\$ -
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14951	MHDS fiscal agent reimbursement to MHDS regional member county	\$ -
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*24 hour crisis line and warm line are transitioning from additional core to state wide core services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

FY 2021 Budget	NW IA CARE CONNECTIONS		
Revenues			
	Projected Fund Balance as of 6/30/20		1,906,790
	Local/Regional Funds		\$ 2,330,176
10XX	Property Tax Levied	1,835,426	
12XX	Other County Taxes	942	
16XX	Utility Tax Replacement Excise Taxes	75,850	
25XX	Other Governmental Revenues	\$417,958	
4XXX-5XXX	Charges for Services	-	
5310	Client Fees	-	
60XX	Interest	-	
6XXX	Use of Money & Property	-	
8XXX	Miscellaneous	-	
9040	Other Budgetary Funds (Polk Only)	-	
	State Funds		\$ 118,389
21XX	State Tax Credits	93,005	
22XX	Other State Replacement Credits	24,884	
2250	MHDS Equalization	-	
24XX	State/Federal pass thru Revenue	-	
2644	MHDS Allowed Growth / State Gen. Funds	-	
29XX	Payment in Lieu of taxes	500	
	Federal Funds		\$ -
2344	Social services block grant	-	
2345	Medicaid	-	
	Other	-	
	Total Revenues		\$ 2,448,565
	Total Funds Available for FY21	\$ 4,355,355	
	FY21 Projected Regional Expenditures	\$ 2,460,290	
	Projected Accrual Fund Balance as of 6/30/21	\$ 1,895,065	

Table E. County Levies

County	2018 Est. Pop.	Regional Per Capita	FY21 Max Levy	FY21 Actual Levy	Actual Levy Per Capita
Clay	16,134	30.30	488,860	\$ 354,948	22.00
Osceola	6,040	30.30	183,012	\$ 132,880	22.00
Palo Alto	8,929	30.30	270,549	\$ 196,438	22.00
Kossuth	14,908	43.65	650,734	\$ 650,734	43.65
Winnebago	10,518	43.65	459,111	\$ 357,612	34.00
Worth	7,453	43.65	325,323	\$ 220,860	29.63
Total NWIACC	63,982		\$ 2,377,589	\$ 1,913,472	29.91

F. Financial Forecasting Measures

Throughout the year, Northwest Iowa Care Connections staff and stakeholders will identify unmet needs and areas for service development, which are incorporated into subsequent strategic plans and budget to address the domains of access to service, life in the community, person-centeredness, health and wellness, quality of life and safety, and the utilization of family and natural supports.

Northwest Iowa Care Connections has complied with legislation (SF 504) supporting the spending down of fund balances and offering member county constituents property tax relief. We work to maintain a constant balance between the extensive programming demands of legislated MHDS Redesign (HF 2456 and HF 690) and the need for sustainable funding of our various investments in services. Our per capita levies have shown a trend to equalization among member counties which will continue. In addition, our Region is poised to meet the legislated 40% fund balance target by FY 24.

With the addition of three new member counties, our Region realizes the responsibility to develop and maintain access to the regional service array across all member counties within our significantly rural Region. Combine this new member county configuration with workforce shortages in mental health and disability services and unprecedented COVID 19 related challenges, we will rely once again on our partnerships with stakeholders to establish priorities and inform our regional development decision-making based on data, including utilization and efficiencies to deliver positive client outcomes.

We anxiously await the Governor and Legislature's proposals to infuse state funding into the Adult and Children's MHDS system to address the unfunded mandate for Children's Behavioral Health Services. We have and will continue to identify mutually beneficial opportunities for adults, children, and their communities to coordinate crisis services, treatment, employment, supportive housing, and enhanced service coordination to build on a sound, effective, and sustainable investment plan.

We strive to have our infrastructure provide better response and to comply with access and fidelity standards. Interdisciplinary teams have been or will continue to be assembled to address the projects listed below as part of the region's strategic plan priorities. These teams continue to examine and

evaluate the regional system’s infrastructure that focuses on crisis and non-emergent interventions, treatment while developing meaningful avenues to address social determinants of health, including but not limited to supported housing, employment, and community integration.

We forecast the FY 21 funding of core services for the mandated core populations (persons with Mental Illness and Intellectual Disabilities) as well as Children’s Behavioral Health Services as cited in HF 690 and subsequent IAC 441.25. The following table reflects regional strategic plan priority areas, the strategy to develop and implement them, and costs associated with them.

Strategic Plan Priority Area	FY21 Strategy	Projected Cost
Community Crisis Services / Mobile Crisis	Partner with Stakeholders to develop Crisis Diversion with mobile response team for the region’s hospital Emergency Departments, School, Clinics, and with Law Enforcement for Adults and Children	\$ 226,577
MH Services in the Jail	Partner with Stakeholders for screening and Treatment options for Incarcerated Adult Individuals with Multi-Occurring Disorders	\$ 36,726
Community Crisis Stabilization Services	Provided in a community base setting to de-escalate and stabilize an individual following a mental health crisis for Adults and Families	\$ 33,525
Community Crisis Services Residential	Partner with Plains Area Mental Health Center and Sioux Rivers region to contract for a Residential Crisis Beds for regional access	\$ 17,050
Community Living	Partner with Stakeholders to develop community living alternatives for individuals for transition services, short term and longer term 24-hour Residential Care within the Northwest Iowa Care Connections region as we build capacity for additional community based residential options, including intensive residential and supported housing initiatives.	\$ 575,525
Employment and Day Services	Partner with Stakeholders to develop Individualized Outcome Based Supported Employment (APSE and IPS models) and Customized Employment Opportunities in the Region through a certified workforce.	\$ 99,984
Transportation	Partner with Transportation Providers for employment and essential Services	\$ 13,000
Provider Competencies	Education and Training for service providers to address Evidence Based Practices, including Trauma Informed Care, Cultural Competency, Integrated Co-Occurring Disorders, Motivational Interviewing, Crisis Intervention, Early Intervention and Improved Client Outcomes for Children and Adults	\$ 21,046
Family Support	Education of Family members of persons with disabilities through the ISU Caregivers Connections and NAMI to provide support and assistance as needed for Adults and Families with Children for early intervention	\$ 3,807

Service Management	Regional Service Coordination to support linkages between clients (adults and children), their families, service providers, and community resources to improve access, identify and mitigate gaps in service when applicable.	\$ 269,609
Transition to Adult Services	Regional Service Coordination with Schools to ID, screen and assist with transition plan with students who have disabilities	\$ 8,600
Total Anticipated Projected Costs of Regional Priorities	These opportunities reflect the ongoing investment of Northwest Iowa Care Connections to address in a sustainable manner, the needs of adults and children with complex needs in our communities	\$ 1,305,449

G. Provider Reimbursement Provisions

The following is a description of the types of funding used by Northwest Iowa Care Connections

- Fee for service:**
 The Region will contract with MHDS providers whose base of operation is within the region. Northwest Iowa Care Connections may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.
- Block grant payments**
 Block Grant payments are made to regional service providers when the service they are delivering is on a per capita basis and does not have the adequate funding for other sources to cover the operational costs i.e. Mobile Crisis Response.
- Compensation for a “system of care” approach:** Northwest Iowa Care Connections does not have a per member/per month reimbursement model in place but it is the goal to practice this value-based contracting in the future to manage population health.
- Use of nontraditional providers:**
 When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and maybe rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer’s stated goals or outcomes. A request for funding can be made by any consumer, or the consumer’s authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.

- Incorporation of all funding sources for individuals including Medicaid:
The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. Northwest Iowa Care Connections will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms. The use of exceptions to policy (IAC 331.393 2 (h) are provided in cases where hardships and factors i.e. income and resource access and/or availability impedes the ability of the individual and/or their families to optimally live, work, and recreate in integrated communities of their choice.

H. NWIACC Regional Provider Network

NWIACC Regional Network of Providers	Funded Programs in the NWIACC Region
Avera McKennon Hospital 4400 West 69th Street Sioux Falls, SD 57108 605-322-4000	Adult and Children’s Inpatient Psychiatric Services
Berryhill Center 720 Kenyon Road Fort Dodge, IA 50501 (515) 955-7171 or(800) 482-8305	Adult and Children’s Counseling Services
Broadlawns Regional Medical Center 1801 Hickman Road Des Moines, IA 50309 515-282-2200	Adult Inpatient Psychiatric Services
Cedar Valley Ranch 2591 61st St Ln, Vinton, IA 52349 Phone: (319) 472-2671	Adult Residential Services
Cherokee Mental Health Institute 1200 W. Cedar Cherokee, Iowa 51012 712-225-2594	Adult and Children’s Inpatient Psychiatric Services Admission and Discharge Coordination Services
Community and Client Services of Iowa 518 9 th Ave. N. Sibley, Iowa 51249 712-754-3608	Adult Supported Community Living
Duncan Heights 236 State Street Box 444 Garner, IA 50438 614-923-3337	Adult Supported Community Living
Exceptional Persons 119 S Jones St, Algona, IA 50511 515-295-7807	Supported Community Living Supported Employment
Hope Haven 1800 19 th St. Rock Valley IA 51247 712-476-2737 Spencer Community Site 712-262-7805 Spirit Lake Site Sibley Site	Adults and Children Supported Community Living Respite Employment and Day Services Day Habilitation Crisis Services Peer Support
Horizons Unlimited 3826 460 th Ave. Box 567 Emmetsburg, IA 712-852-2211	Supported Community Living Employment and Day Services
Integrated Iowa Tele Health Partners West Des Moines IA 855-270-3625	Integrated Tele Health in member county Jails

NWIACC Regional Network of Providers	Funded Programs in the NWIACC Region
Kathleen's RCF 1505 E. 5th St. Emmetsburg, Iowa 50536 712-852-2267	Residential Services
Mercy Medical Center North IA 1000 4 th St. SW Mason City, Iowa 50401 641-428-7000	Inpatient Psychiatric Services
Mercy Medical Center 1111 6 th Ave. Des Moines, IA 50314 515-247-3121	Inpatient Psychiatric Services
Plains Area Mental Health Center 180 10th St. SE, Suite 201 P.O. Box 70 Le Mars, Iowa 51031 712-546-4624 Or 800-325-1192	Adult and Children's Integrated Health Services Outpatient Mental Health Services Multi Occurring Disorders Care Jail Services- Outpatient Assessment, Therapy, Psych Services
Prairie Ridge Integrated Behavioral Health 320 N Eisenhower Ave Mason City, IA 641-424-2391	Adults and Children Integrated Behavioral Health
Prairie View 18569 Lane Road Fayette, IA 52142 563-425-3291	Adult Residential Services
Pride Group 6059 390 th St. Primghar, IA 51245 712-757-6375 214 Plymouth St SE Le Mars, IA 51031 712-546-6500	Residential Services Supported Community Living Habilitation Services
Seasons Center for Behavioral Health 201 E. 11 th St. Spencer, IA 51301 712-262-9438 1-800-242-5101	Adult and Children Outpatient MH Services – Psychiatric Evaluation & Medication Management Outpatient Therapy Services Adult Assertive Community Treatment Mobile Crisis Services Crisis Screening and Assessment Multi-Occurring Disorders Care
Spencer Hospital 1200 1 st Ave. E. Spencer IA 51301 712-264-6228	Inpatient Psychiatric Hospitalization
Unity Point (Iowa Lutheran & Iowa Methodist) 700 E University Ave Des Moines, IA 50316 515-2635-5612	Inpatient Psychiatric Hospitalization

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Village Northwest 330 Village Circle Sheldon, IA 51201 712-324-4873	Supported Community Living Employment and Day Services
Willow Heights 60191 Willow St. Atlantic, IA 712-243-3411	Residential Services Supported Community Living
Winnebago County Public Health 216 S. 4 th St. Forest City, Iowa 641-585-4763	In-Home Nursing

I. 2020 Annual Federal Poverty Guidelines

Household Size	150%	200%
1	\$19,140	\$25,520
2	\$25,860	\$34,480
3	\$32,580	\$43,440
4	\$39,300	\$52,400
5	\$46,020	\$61,360
Each additional individual, add	\$6,720	\$ 8,960

J. NWIACC Governing Board and Advisory Board Members

NWIACC FY 21 Governing Board		
Members	Address	Representative for:
Barry Anderson (Chair)	2655 410th Street Greenville, IA	Clay County Supervisor
Jayson Vander Hoef (Vice Chair)	300 7th St. Sibley, IA 51249	Osceola County Supervisor
Craig Merrill (Secretary)	2303 4 th St. Emmetsburg, IA 50536	Palo Alto County Supervisor
Donnie Loss	114 W. State St Algona, IA 50511	Kossuth
Bill Jensvold	126 S. Clark St Forest City, Ia 50436	Winnebago
Ken Abrams	984 Hwy 105 Northwood IA 50459	Worth
TBD		Adult with Mental Illness
TBD		Education Representative
TBD		Parent Of Child with SED

NWIACC FY 21 Adult Advisory Board		
Members	Address	Representative For:
TBD		Governing Board
TBD		Governing Board
Nancy Ketcham		Clay Consumer/Parent
TBD		Osceola Consumer/Parent
TBD		Palo Alto Consumer/Parent
TBD		Kossuth
TBD		Winnebago
TBD		Worth
Hope Haven Seasons Center Plains Area Mental Health Kathleen's RCF Horizon's Duncan Heights Berryhill Prairie Ridge Exceptional Opportunities		Service Providers

NWIACC FY 21 Children's Mental Health Advisory Board		
Member	Address	Representative for:
TBD		*Parent of a Child with SED who utilizes BH Services
TBD		*Educational Representative
TBD		Early Childhood Advocate
TBD		Child Welfare Advocate
TBD		Children's Behavioral Health Provider
TBD		Juvenile Court Representative
TBD		Pediatrician/Nurse Practitioner Serving Children
TBD		Local Law Enforcement
TBD		Governing Board Representatives