

Mental Health and Disabilities Services Region Serving residents of Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties

The Care Connections of Northern Iowa (CCNIA) Governance Board (each county has one Supervisor representative) has reviewed and approved the region's Management, Annual Service and Budget Plan. The CCNIA, as of July 1, 2014, provides the funding of mental health and/or disability services for individuals currently administered by each county's Community Services office.

If there are other options for healthcare coverage to assist with payment of your services, you will be asked to pursue those funding sources as the Region is considered the funder of last resort.

General Eligibility Guidelines:

- ✓ The individual is a resident of this state and currently residing in one of the counties comprising the CCNIA Region. If under the age of 18, the custodial parent is a resident of the state of Iowa and the child is physically present in the state and residing in one of the counties comprising the CCNIA region.
- ✓ The individual is a United States citizen or in the Unites States legally.
- ✓ Gross income 150% or below federal poverty guidelines. Applicants with income above 150% and not more than 500% are eligible for regional funding with an individual copayment.
- ✓ Resources that are equal to or less than \$2,000 in countable value for a single-person household or \$3,000 for a multi-person household.
- ✓ Diagnosis of mental illness or intellectual disability, or a child diagnosed with a serious emotional disturbance.

As a regional system, we ask you to complete the enrollment/renewal process. As you complete the enrollment, we ask you to provide the following:

- ✓ A completed, signed, and dated Care Connections of Northern Iowa Regional Application
- \checkmark Authorizations to Release Information to agencies/individuals involved with your care
- ✓ Verification of All Household Income (pay stubs, explanation of benefit forms, etc.)
- ✓ Verification of Resources (bank statements for checking and savings, Trust fund, Stocks, and/or Bonds, Certificates of Deposit, cash)
- ✓ If you have a legal guardian, a copy of the Guardianship papers
- ✓ Copies of all health Insurance Cards

To document the determination of your disability, a copy of your most recent psychiatric and /or psychological evaluation is needed. If you do not have a copy, please sign an authorization to release information to the clinician who can provide this for our records.

Along with authorizations to release information to your service providers, Care Connections requests an authorization to release information to the Department of Human Services be signed. The Region has consistent contact with this state agency, who provider oversight through its Mental Health and Disability Services Bureau for regional administration and funding for mental health and disability services.

Care Connections is compliant with the Health Insurance Portability and Accountability (HIPAA) Act which outlines the handling of your private health care information.

Please complete, sign and return the enclosed documents and any requested information to CCNIA Enrollment at the Clay County Courthouse 215 W. 4th St., Suite 6, Spencer, Iowa 51301 or to <u>intake@ccnia.org</u> by ______. If we have not heard from you by that date listed above, we will assume you are no longer interested in applying for services and will code this request as a "no service."

We look forward to continuing our work with you and your service providers within the regional administrative structure.

If you have specific questions about the region, please contact Care Connections of Northern Iowa at 712-264-3945 or at intake@ccnia.org

Clay · Kossuth · Osceola · Palo Alto · Winnebago · Worth

Care Connections exists to support improved access to behavioral healthcare through local resources to promote full citizenship for people with mental illness and intellectual disabilities.



Care Connections of Northern Iowa Application Form For individuals living in: Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties

Application Date:	Date Received by Office:		
First Name:	Last Name:		MI:
Nickname:	Maiden Name:		
Birth Date:Ethnic Backgro	ound: White African American Nativ	e American 🗌 Asian 🗌 Hispan	ic Other
Sex: Male Female US Citizen:	Yes No If you are not a citizen, are	you in the country legally? [Yes No
SSN#	State ID:		
Marital Status: Never married	Married Divorced Separated	Widowed	
Legal Status: Voluntary Involun	ntary-Civil 🔲 Involuntary-Criminal 🗍 P	robation Parole Jail/P	rison
Are you considered legally blind?	es No If yes, when was this determin	ned?	
Primary Phone#:	May we leave a message	? 🗌 Yes 🗌 No	
Current Residence:			
	reet City		Zip County ence:
Current Service Providers:			
Name:	Location:		
1			
2			
_			
	sNo If not,		
	Street Address	City State	County
Current Residential Arrangement: (Che	eck applicable arrangement)		
Private Residence Foster Care/Family Life Home Other		tate MHI Homeless/Shel	ter/Street
	n & Type of Discharge:	Dates of Service:	
Current Employment: (Check applicable			
Unemployed, available for work Employed, Part time Work Activity Vocational Rehabilitation Homemaker	Unemployed, unavailable for wor Retired Sheltered Work Employment Seasonally Employed Volunteer	k Employed, Full tir Student Supported Emplo Armed Forces Other	

Current Employer:		Position:			
	Dates	s of Employment:			Hourly Wage:
Hours worked w					· •
	City, State	Job Title		Duties	To/From
1.	•				
2.					
3.					
Educations: What is the highest level of	education you ac	hieved? #	of years		Degree
Emergency Contact Person:	culculon you uc				Degree
lame:		Relationship:			
Address:		Phone:			
Guardian/Conservator appointed by the Court	t? 🗌 Yes 🗌 No	Protective Payee	Appointed	l by Social Se	curity? Yes No
Legal Guardian Conservator (Please check those that apply & write Name: Address: Phone: Ist all People In Household:	in name, address	etc.) (Ple Name: Addres	ease check	that apply &	ive Payee Conservator write in name, address etc
•	Name		Date o	f Birth	Relationship
1.					•
2.					
3.					
4.					
5.					
NCOME: Proof of income is required with f you have reported no income below, he					
iross Monthly Income (before taxes): (Check Type & fill in amount) Social Security	Applicant A	mount:	Others in	Household	Amount:
SSDI					
SSI					
Veteran's Benefits					
Employment Wages					
FIP					
Child Support					
Rental Income					
Dividends, Interest,					

Total Monthly Income:

Etc Pension

Other

Household Resources: (Check and fill in amount and location):

	Amount:	BANK, TRUSTEE, OR COMPANY
Cash		
Checking Account		
Savings Account		
Certificates of Deposit		
Trust Funds		
Stocks and Bonds (cash value?)		
Burial Fund/Life Ins (cash value?).		
Retirement Funds (cash value?)		
Other		
Other		······
Total Resources:		
Motor Vehicles: Yes No	Make & Year:	Estimated value:
(include car, truck, motorcycle, boat, 1		
	Make & Year:	
Do you, your spouse or dependent chi	ldren own or have inter	est in the following:
Yes No House including the one	you live in? Yes N	o Any other real-estate or land? Other
If yes to any of the above, please expla	in·	
		ears? Yes No If yes, what did you sell or give away?
		ears: The in yes, what and you sen of give away:
Health Insurance Information: (Check Primary Carrier (pays 1 st)	all that apply)	Secondary Carrier (pays 2 nd)
Applicant Pays Medicaid Far Medicare A,B D Medically Needy No Insurance Private Insuranc Company Name	/ MEPD	Applicant Pays Medicaid- Family Planning only Medicare A,B, D Medically Needy MEPD No Insurance Private Insurance HAWK-I Company Name Address
Policy Number:	<u>r)</u>	Policy Number (or Medicaid/Title 19 or Medicare Claim Number)
Start Date: Any limits?		Start Date: Any limits?YesNo
Spend Down: Deductible:		Spend Down: Deductible:
Referral Source: Self Community Correctio Targeted Case Management		
Have you applied for any of the pu	blic programs listed b	elow?
	-	ur referral) Please advise if your application has been
	-	of the date of appeal Please advise if
	Please advise if you have	e had a hearing with an Administrative Law Judge and
the date of the scheduled hearing:		
Social Security	SSDI	Medicare
 ssi	Medicaid	DHS Food
· · · · · · · · · · · · · · · · · · ·		Assistance:

Veterans	Unemployment		
FIP	Other	Other	
	y Developmental Disability Substance Ab	use Brain Injury Date:	
		Dx Code:	_
Axis II:		Dx Code:	
What is the name and location of	your current general physician: your current Pharmacy?		
verification with lowa county go	vernment and the state lowa Dept. of Hur on gathered in this document is for the use juested, and in assuring the appropriatene	ntion of the information provided including man Services (DHS) staff. e of Care Connections of Northern Iowa in e ess of services requested. I understand the	stablishing
Applicant's Signature (or Legal Gu	ardian)	Date	
Signature of other completing form	m if not Applicant or legal Guardian	Date	
L			

FOR	REGIONAL	OFFICE	USE	ONLY:

Verification of All Household Income

- Copies of Guardianship Papers
- Releases of Information
- HIPAA Signature Form

Psychological Evaluations/Reports
 Copies of All Health Insurance Cards

Diagnosis Sheet

Care Connections of Northern Iowa 215 W. 4th St. Suite 6 Spencer IA 51301

> PHONE: 712-264-3945 FAX: 712-262-9016 EMAIL: intake@ccnia.org WEB: ccnia.org

Authorization for the Use or Disclosure of Confidential Information

Counties and Mental Health and Disability Services Regions in the State of Iowa (referred to hereafter as "Entity")

NOTE: A PHOTOCOPY OF THIS SIGNED AUTHORIZATION IS HEREBY AS EFFECTIVE AS THE ORIGINAL.

As required by the Health Insurance Portability and Accountability Act of 1996, the Entity may not use or disclose your protected health information except as provided in our Notice of Privacy Practices without your authorization. Additionally, Iowa Code §§ 228, 35B, 141A and 252.25 require authorization for the release of certain confidential information. Your signature on this form indicates that you are giving permission for the uses and disclosures of protected health information and other confidential information described herein. You may revoke this authorization at any time by signing and dating the revocation section on your copy of this form and returning the signed revocation section to this office.

AUTHORIZATION SECTION

Client Name:	Date of Birth:	Client #:
Address:		

I, the undersigned, hereby authorize the Entity staff to release the information indicated below, regarding the above named client, with any lowa counties or lowa Mental Health and Disability Services Regions ("Regions") listed on <u>Exhibit A</u>, attached hereto, and/or with providers or agencies who have arranged with the counties or Regions to perform related duties on behalf of the counties or Regions, law enforcement agencies, and community non-profit agencies providing financial assistance (a list of the current affiliated case management entities, law enforcement agencies, community non-profit agencies providing financial assistance and other providers is available upon request), with the exception of the following lowa counties, Regions or other entities:

The undersigned authorizes the lowa counties and Regions listed on Exhibit A, and/or the case management and other providers who are affiliated with the lowa counties or Regions listed on Exhibit A, to share the following information with each other for the purposes identified below.

Information to be disclosed includes:		For the following purposes:
To law enforcement agencies, providers or agencies who have arranged with the counties		In keeping with national, state and local efforts to
or Regions to perform related duties on behalf of th	e counties or Regions, and/or	enhance care coordination, parties will access/disclose
community non-profit agencies providing financial a	assistance: Care Team information,	records for the purposes of: coordinating treatment/care,
Address type, Insurance information, Events, All ap	oplications, Employment information,	determining benefit eligibility, obtaining authorizations,
Resources and Income, and Name of person and e	, ,	jail based service coordination, coordinating the funding
does not include any information related to HIV	•	for services and other benefits available to you, and
or substance use disorder treatment information	n.	assisting with state and federal reporting requirements.
To Iowa counties and Regions listed on Exhibit A a	0 0	Parties will access/disclose records for the purposes of:
Billing information, including claims payment and c		coordinating treatment, paying claims, determining
Other services received including hospitalizations;		benefit eligibility, obtaining authorizations, jail based
information; Employment information; Education information; Resources and income;		service coordination, funding for services and abiding by
Medical History; Medications; Allergies; Case Management Information including: service		state and federal reporting requirements.
plans, social history, discharge summaries and client contact information; and All		
applications, investigation reports, and case records related to county general assistance		
and county commissions of veteran affairs describe	<u> </u>	
SPECIFIC AUTHORIZATION FOR RELEASE OF		
	ing of information with Iowa Counties and	Regions listed on Exhibit A and/or case management
agencies, relating to: (check any that apply)		
	ition does not authorize the release and	/or sharing of information relating to substance use
disorder treatment.		
HIV/AIDS Related Testing Information	□Mental Health Information (NOTE: Thi	s Authorization may not be used to authorize the use or
	disclosure of psychotherapy notes. The	client has the right to inspect any disclosed Mental Health
	Information at any time. If Mental Health	n Information is disclosed, a copy of this Authorization shall

Expiration Date. This Authorization is in effect from the date of your signature until it is revoked, unless a different date is listed below:

This authorization may be revoked at any time by signing the revocation section on your copy of this form and returning it to the Entity at the address listed at the top of this form, except to the extent that action has been taken in reliance on this Authorization. You are not required to sign this Authorization as a condition of obtaining treatment, payment, enrollment or eligibility for benefits. You may inspect and/or copy the information disclosed. Some information disclosed pursuant to this Authorization potentially could be subject to redisclosure by the recipient, and if redisclosed, the information would no longer be protected by the federal privacy rule.

be included in the client's record of Mental Health Information).

By signing below, I acknowledge that I have read and I understand this Authorization form. I also acknowledge receipt of a copy of this Authorization form.

Signed:

Print Name:

Date:_____ Telephone:_____

If not signed by the client, please indicate relationship:

parent or guardian of minor client

□ guardian or conservator of a client (if and to the extent authorized under State law)

personal representative of deceased client
 other (specify)

Copy sent to Client/Guardian on:

(date) at following address: ___

A COPY OF THIS SIGNED AUTHORIZATION MUST BE GIVEN TO THE CLIENT OR CLIENT'S PERSONAL REPRESENTATIVE

Notice to Recipients of Mental Health Information: In accordance with Iowa Code Chapter 228, a recipient of mental health information may further disclose this information only with the written authorization of the subject or the subject's legal representative or as otherwise provided in Chapters 228. The unauthorized disclosure of mental health information is unlawful. Civil damages and criminal penalties may be applicable to the unauthorized disclosure of mental health information.

Notice to Recipients of HIV-Related Testing Information: This information may have been disclosed to you from records whose confidentiality is protected by state law, and penalties under Iowa Code Chapter 141A apply to the unauthorized disclosure of these records.

	EAHBI		
lowa Counties:	Floyd	Monroe	lowe Mentel Lealth and
Adair	Franklin	Montgomery	lowa Mental Health and Disability Services
Adams	Fremont	Muscatine	Regions:
Allamakee	Greene	O'Brien	Central Iowa Community
Appanoose	Grundy	Osceola	Services
Audubon	Guthrie	Page	County Rural Offices of
Benton	Hamilton	Palo Alto	Social Services
Black Hawk	Hancock	Plymouth	County Social Services
Boone	Hardin	Pocahontas	Eastern Iowa MHDS
Bremer	Harrison	Polk	Heart of Iowa
Buchanan	Henry	Pottawattamie	
Buena Vista	Howard	Poweshiek	MHDS of the East Central Region
Butler	Humboldt	Ringgold	0
Calhoun	Ida	Sac	North West Iowa Care Connection
Carroll	lowa	Scott	
Cass	Jackson	Shelby	Polk County Health Services
Cedar	Jasper	Sioux	Rolling Hills Community
Cerro Gordo	Jefferson	Story	Services
Cherokee	Johnson	Tama	Sioux Rivers MHDS
Chickasaw	Jones	Taylor	
Clarke	Keokuk	Union	South Central Behavioral Health
Clay	Kossuth	Van Buren	Southeast Iowa Link
Clayton	Lee	Wapello	
Clinton	Linn	Warren	Southern Hills Regional Mental Health
Crawford	Louisa	Washington	
Dallas	Lucas	Wayne	Southwest Iowa MHDS
Davis	Lyon	Webster	
Decatur	Madison	Winnebago	
Delaware	Mahaska	Winneshiek	
Des Moines	Marion	Woodbury	
Dickinson	Marshall	Worth	
Dubuque	Mills	Wright	
Emmet	Mitchell		
Fayette	Monona		

EXHIBIT A

REVOCATION SECTION

I hereby revoke this Authorization. ____

Signed:

Copy sent to Client/Guardian on: _____ (date) at following address: _____

Date:____



Release of Information

CLIENT	
ADDRESS:	DATE OF BIRTH:
I, the undersigned, hereby authorize the staff of Care C obtain the information indicated below, regarding the ab	
Name of Person or Agency	
Complete Mailing Address	
The information being released will be used for the follo Planning and implementation of Services Coordination of services	Wing purpose: Referral for new or other services Other (Specify)
☐ Monitoring of services Your eligibility for services or funding ☐ is ☐ is not of 164.508(b)(4)}	dependent upon signing this release. {See CFR
INFORMATION TO BE RELEASED FROM COMMUNITY SERVICES:	INFORMATION TO BE OBTAINED FROM THE AGENCY INDICATED ABOVE:
Yes No SOCIAL HISTORY PROGRESS SUMMARY REPORT NOUNDIAL COMPREHENSIVE PLAN ANNUAL REVIEW DISCHARGE SUMMARY RE-RELEASE OF 3 RD PARTY INFO (Specify) (Your information will not be re-released without a signed TREATMENT PLAN TREATMENT PLAN Specify) (Specify)	DISCHARGE SUMMARY RE-RELEASE OF 3 RD PARTY INFO FINANCIAL DOCUMENTATION
This authorization shall expire on:	OTHER (Specify)
At that time, no express revocation shall be needed to t consent is voluntary and I may revoke this consent at an Connections of Northern Iowa. I understand that any in be used for the purposes listed above and does not cor understand that any disclosure of information carries wi and once the information is disclosed, it may no longer understand that I may review the disclosed information Connections of Northern Iowa. SPECIFIC AUTHORIZATION FOR RELEASE OF INFO FEDERAL LAW: I specifically authorize the release of data a Signature of Client or Legal Guardian:	ny time by sending a written notice to Care formation released prior to the revocation may istitute a breach of my rights to confidentiality. I th it the potential for un-authorized re-disclosure be protected by federal privacy regulations. I by contacting the recipient named of Care DRMATION PROTECTED BY STATE OR nd information relating to Mental Health.
Relationship	if NOT The Client
SPECIFIC AUTHORIZATION FOR RELEASE OF INFO FEDERAL LAWS: I specifically authorize the release of data and infor	
Substance Abuse (must be signed by the consume	r) HIV-Related Information
Client Signature Date In order for this information to be released, you must sig	Guardian Signature Date gn here and on the signature line above.
Copy given to Client on: OF	Client refused copy on:



Release of Information

CLIENT	
ADDRESS:	DATE OF BIRTH:
I, the undersigned, hereby authorize the staff of Care C	Connections of Northern Iowa to release and / or
obtain the information indicated below, regarding the al	pove named consumer, with:
Name of Person or Agency	
Complete Mailing Address	
The information being released will be used for the follo	
Planning and implementation of Services	Referral for new or other services
Coordination of services	Other (Specify)
Monitoring of services	demondant upon signing this release. (Cas CED
Your eligibility for services or funding \Box is \Box is not 164.508(b)(4)}	dependent upon signing this release. {See CFR
INFORMATION TO BE RELEASED FROM	INFORMATION TO BE OBTAINED FROM
COMMUNITY SERVICES:	THE AGENCY INDICATED ABOVE:
Yes No	Yes No
PROGRESS SUMMARY REPORT	EDUCATIONAL/VOCATIONAL PLANS
INDIVIDUAL COMPREHENSIVE PLAN	PROGRESS SUMMARY
	PSYCHOLOGICAL EVALUATION/ REPORTS
	PSYCHIATRIC ASSESSMENT / REPORTS
RE-RELEASE OF 3 RD PARTY INFO (Specify)	
(Your information will not be re-released without a sign	
	DISCHARGE SUMMARY RE-RELEASE OF 3 RD PARTY INFO
OTHER (Specify) (Specify) Diagnostic	
This authorization shall expire on:	(Not to exceed 12 months)
SPECIFIC AUTHORIZATION FOR RELEASE OF INF FEDERAL LAWS:	In time by sending a written notice to Care information released prior to the revocation may institute a breach of my rights to confidentiality. I ith it the potential for un-authorized re-disclosure be protected by federal privacy regulations. I by contacting the recipient named of Care ORMATION PROTECTED BY STATE OR and information relating to Mental Health. Date: if NOT The Client ORMATION PROTECTED BY STATE OR
I specifically authorize the release of data and infor	mation relating to:
Substance Abuse (must be signed by the consume	r) HIV-Related Information
Client Signature Date	Guardian Signature Date
In order for this information to be released, you must si	gn here and on the signature line above.
Copy given to Client on: O	R Client refused copy on:



Release of Information

CLIENT	
ADDRESS:	DATE OF BIRTH:
I, the undersigned, hereby authorize the staff of Care C obtain the information indicated below, regarding the ab	
Name of Person or Agency	
Complete Mailing Address	
The information being released will be used for the follo Planning and implementation of Services Coordination of services	Wing purpose: Referral for new or other services Other (Specify)
☐ Monitoring of services Your eligibility for services or funding ☐ is ☐ is not of 164.508(b)(4)}	dependent upon signing this release. {See CFR
INFORMATION TO BE RELEASED FROM COMMUNITY SERVICES:	INFORMATION TO BE OBTAINED FROM THE AGENCY INDICATED ABOVE:
Yes No SOCIAL HISTORY PROGRESS SUMMARY REPORT NOUNDIAL COMPREHENSIVE PLAN ANNUAL REVIEW DISCHARGE SUMMARY RE-RELEASE OF 3 RD PARTY INFO (Specify) (Your information will not be re-released without a signed TREATMENT PLAN TREATMENT PLAN Specify) (Specify)	DISCHARGE SUMMARY RE-RELEASE OF 3 RD PARTY INFO FINANCIAL DOCUMENTATION
This authorization shall expire on:	OTHER (Specify)
At that time, no express revocation shall be needed to t consent is voluntary and I may revoke this consent at an Connections of Northern Iowa. I understand that any in be used for the purposes listed above and does not cor understand that any disclosure of information carries wi and once the information is disclosed, it may no longer understand that I may review the disclosed information Connections of Northern Iowa. SPECIFIC AUTHORIZATION FOR RELEASE OF INFO FEDERAL LAW: I specifically authorize the release of data a Signature of Client or Legal Guardian:	ny time by sending a written notice to Care formation released prior to the revocation may istitute a breach of my rights to confidentiality. I th it the potential for un-authorized re-disclosure be protected by federal privacy regulations. I by contacting the recipient named of Care DRMATION PROTECTED BY STATE OR nd information relating to Mental Health.
Relationship	if NOT The Client
SPECIFIC AUTHORIZATION FOR RELEASE OF INFO FEDERAL LAWS: I specifically authorize the release of data and infor	
Substance Abuse (must be signed by the consume	r) HIV-Related Information
Client Signature Date In order for this information to be released, you must sig	Guardian Signature Date gn here and on the signature line above.
Copy given to Client on: OF	Client refused copy on:

CARE CONNECTIONS OF NORTHERN IOWA NOTICE OF PRIVACY PRACTICES

March 21, 2014 Amended May 26, 2020

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this notice, please contact Melissa Loehr, CCNIA Regional Chief Executive Officer at 215 W. 4th St. Suite 6. Spencer, IA 51031 or 712-264-3945.

Care Connections of Northern Iowa is required by law to maintain the privacy of your Health Information and to provide you with this notice of their legal duties and privacy practices with respect to your Health Information and to notify you following a breach of unsecured Health Information. This notice is being issued to comply with the requirements of the Privacy Rules under the Health Insurance Portability and Accountability Act ("HIPAA Privacy Rules").

WHO SHOULD READ THIS NOTICE?

This notice is for participants enrolled in services covered by the regional Management Plan of the Care Connections of Northern Iowa, a legal entity formed by a 28 E Agreement between Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties.

WHAT IS HEALTH INFORMATION?

For purposes of this notice, your "Health (or medical) Information" is information that identifies you and relates to your past, present or future physical or mental health or condition; the provision of health care to you; or the past, present, or future payment for health care furnished to you. It includes genetic information as defined under Title I of the Genetic Information Nondiscrimination Act of 2008.

WHAT GROUP HEALTH PLANS ARE COVERED BY THIS NOTICE?

The following plan is covered by this notice (collectively the "Plans"):

• Care Connections of Northern Iowa (CCNIA) Regional Management Plan

The term "we," "our" or "us" in this notice refers to the Plans listed above and may include selected employees of the participating counties, who conduct plan administration functions. The term "you" or "your" refers to employees and dependents who participate in a health plan covered by this notice.

Insurers of health plans are obligated to send a notice of privacy practices under the HIPAA Privacy Rules, you may also receive a privacy notice from an insurer our region's liability insurance provider. The insurer's notice will apply only to the plan it insures. This notice will apply for the self-funded health plans sponsored listed above.

The regional management plan sponsored by Care Connections of Northern Iowa is part of an organized health care arrangement. This means that these health plans may share your Health Information with each other as needed for the purposes of payment and health care operations, as described in this notice.

HOW ARE THE PLANS ADMINISTERED?

The CCNIA Management Plan does not have employees. Instead, employees of the participating counties of the 28 E Agreement or, retained by Care Connections of Northern Iowa, administer the Plan. Certain employees of Participating Counties of the 28E Agreement perform administrative services for the Plans. When these employees perform plan administration functions on behalf of the Plans, they keep your Health Information separate and do not share it with other employees within the Care Connections of Northern Iowa unless permitted by the HIPAA Privacy Rules.

HOW MAY YOUR HEALTH INFORMATION BE USED OR DISCLOSED?

The following categories describe the different ways your Health Information may be used or disclosed. Each permitted use or disclosure falls within one of these categories. However, not every specific use or disclosure permitted in each category is described. *Payment*. Your Health Information will be used for payment purposes. Payment includes, among other things:

- paying claims from providers for any covered treatment and services provided to you;
- determining disputed claims, eligibility for benefits, coordination of benefits, and cost sharing arrangements;
- asserting our right to subrogation and reimbursement;
- examining medical necessity;
- obtaining payment under stop loss insurance; and
- conducting utilization review.

We may not however use or disclose any Health Information that is genetic information for underwriting purposes.

Example

When you obtain a covered health service, your provider may submit Health Information to us, and we may create or access Health Information to arrange payment of the claim.

Health Care Operations. Your Health Information may be used to operate and administer the Plans. These operations include, among other things, engaging in care coordination, case management, disease management, risk assessment, premium determination, audit functions, detection of fraud and abuse and quality assessments and improvement activities. We may not however use or disclose any Health Information that is genetic information for underwriting purposes.

Example

If you are diagnosed with a chronic disease, your Health Information may be used for purposes of disease management. This means you may be contacted by our disease management specialists about possible treatment alternatives.

Treatment. Your Health Information may be disclosed to health care providers (doctors, nurses, technicians, dentists, pharmacists, hospitals, and other Individuals who are involved in your care) in connection with your treatment.

Example

Your Health Information may be disclosed to your pharmacist who may request it to coordinate a pending prescription with prior prescriptions.

Plan Sponsor. Your Health Information may be disclosed to or used by the Care Connections of Northern Iowa, as Plan Sponsor, for the purpose of conducting plan administration functions, as permitted by the HIPAA Privacy Rules. Care Connections of Northern Iowa will not, however, use or disclose your Health Information created by or received from the Plan for any employment related functions, without your authorization.

Business Associates. Auditors, attorneys, consultants, and the like ("business associates") will be hired to assist in operating and administering the Plan. Our business associates may use or disclose your Health Information to perform the services for which they have been hired. To protect your Health Information, each business associate must sign a contract limiting its ability to use and disclose Health Information and requiring it to implement appropriate safeguards.

Communication with You and Your Family. Generally, Care Connections of Northern Iowa will not discuss your Health Information with you or your family members without a specific signed authorization, unless it relates to basic eligibility or enrollment questions. Unless you object, Northwest Iowa Care Connections may disclose your Health Information to a family member, other relative, person authorized by law, or any other person you identify as involved in your care or the payment related to your care. Only Health Information relevant to that person's involvement in your care or the payment related to your care will be disclosed. You can restrict this disclosure at any time, subject to certain limitations. If you are incapacitated or in the event of an emergency, Care Connections of Northern Iowa will exercise professional judgment to determine whether a disclosure of this type is in your best interest.

Health Education. Your Health Information may be used to inform you about treatment alternatives or other health related benefits and services that may be of interest to you.

Judicial or Administrative Proceedings. Your Health Information may be disclosed in response to a court or administrative order, subpoena, discovery request or other lawful process if certain conditions are met and the required assurances are received.

As Required by Law. Your Health Information may be disclosed if such disclosure is required by law (e.g., to federal governmental agencies, such as the Department of Health and Human Services for the purpose of determining compliance with HIPAA Privacy Rules).

Public Health Activities. Your Health Information may be disclosed to public health or other appropriate authorities to lessen a serious and imminent threat to the health or safety of you or the public, including abuse of a vulnerable adult or child, subject to certain limitations and conditions.

Parents of Minors. Health Information of a minor child, in most cases, will be disclosed to a parent or guardian of that minor, subject to certain limitations imposed by State law.

Workers' Compensation. Your Health Information may be used to the extent authorized by and to the extent necessary to comply with laws relating to workers' compensation or other similar programs.

Other Permitted Uses and Disclosures. Your Health Information also may be disclosed to prevent abuse, neglect, or domestic violence; for health oversight activities; for the purpose of conducting research; for law enforcement purposes; to coroners, medical examiners or funeral directors; for purposes of organ donations; to avert a serious threat to health or safety and/or for specialized governmental functions.

Your Authorization. To use or disclose your Health Information for reasons other than the categories listed above, we must obtain a signed written authorization from you. You may authorize, in writing, the use or disclosure of your Health Information to any person and for any purpose specified in the authorization. You may revoke such authorization in writing at any time, but your revocation will not impact any uses or disclosures that occurred while your authorization was in effect. In certain instances, your employment with Care Connections of Northern Iowa may be conditioned on you signing and not revoking an authorization.

WHAT ARE YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION?

This section describes your rights regarding your Health Information. All requests relating to any of the rights described in this section must be made in writing and must be submitted as follows:

For Care Connections of Northern Iowa, submit requests to:

Care Connections of Northern Iowa Privacy Officer Anna Miller 215 W. 4th St., Suite 6 Spencer, IA 51301 Phone: 712-264-3945 Email: <u>amiller@CCNIA.org</u>

Right to Access. You may request to inspect and copy your Health Information. If you request a copy, we may charge a fee for the costs of copying, mailing or other associated supplies. You will receive written notification if your request is denied. If your Health Information is maintained electronically, you have a right to obtain a copy of it in an electronic format. We will provide a copy in the electronic form and format you request if the information can be readily produced in that form and format. If the information cannot be readily produced in that form and format, we will work with you to determine a mutually agreeable form and format. If we cannot agree on an electronic form and format, you will receive a paper copy. You may also choose to have your Health Information transmitted directly to an entity or person you clearly designate.

Right to Amend. If your Health Information is incorrect or incomplete, you may request that it be amended. Your request must include a reason supporting the amendment. You will receive written notification if your request is denied. If your request is denied, you have the right to submit a written statement disagreeing with the denial, which will be appended to the Health Information in question.

Right to an Accounting of Disclosures. You may request a list of the disclosures of your Health Information, if any, that have been made other than disclosures made to you or authorized by you or for payment or health care operations. Your request must state a time period for which the accounting of disclosures will be provided, not to exceed the preceding six years from the date of the request. If you request a list more than once in a 12-month period, you may be charged a reasonable cost-based fee. You will be notified of the cost involved and you may choose to withdraw or modify your request before any costs are incurred.

Right to Request Restrictions. You may request a restriction of the Health Information that is disclosed about you to your family members, or for purposes of payment or health care operations. Generally, the Plan is not required to agree to such a restriction. If we do agree to the request, but we were not required to do so, we will abide by your restriction unless we need to use your Health Information to provide emergency treatment. In addition, we may generally elect to terminate the restriction at any time.

A covered entity (such as a health care provider) must comply with a requested restriction if the disclosure is to a health plan for purposes of payment or health care operations and the Health Information relates to a health care item or service for which an Individual paid in full out of pocket. For example, if you receive medical care and choose to pay the provider for the entire amount of care in full out of pocket, you can request that the provider not disclose such information to the Plans and the provider must agree to such request.

Right to Request Confidential Communications. If disclosure of your Health Information could endanger you, you may request that communication with you about health matters occur by alternative means or at an alternative location. For example, you may request that you only be contacted at work or by mail. Your request must include a statement that use, or disclosure may endanger you and specify how or where you wish to be contacted.

Right to Notification of Breach. You have a right to receive notice following an unauthorized access, use or disclosure of your PHI if that unauthorized access, use or disclosure is considered a "breach" as defined by the HIPAA Privacy Rules.

Right to a Paper Copy of This Notice. You may request a paper copy of this notice at any time by contacting the Care Connections of Northern Iowa Regional Chief Executive Officer at 215 W. 4th St. Suite 6. Spencer, Iowa 51301 (712)264-3945.

Complaints. If your privacy rights have been violated, you may file a complaint with the Care Connections of Northern Iowa Privacy Official or with the Secretary of the Department of Health and Human Services. You will not be penalized for filing a complaint. Complaints must be made in writing and submitted either to:

Care Connections of Northern Iowa Privacy Officer Anna Miller 215 W. 4th St., Suite 6 Spencer, IA 51301 Phone: 712-264-3945 Email: <u>amiller@CCNIA.org</u> or

Department of Health and Human Services Office of Civil Rights Hubert H. Humphrey Building 200 Independence Ave. S.W. Room 509F HHH Building Washington, D.C. 20201

WHEN IS THIS NOTICE EFFECTIVE?

This notice becomes effective July 1, 2020 and will remain in effect until we replace it. The Plans are required by law to abide by the terms of this Notice, as may be amended from time to time. We reserve the right to change this notice at any time and for any reason. We reserve the right to make the revised or changed notice effective for Health Information we currently maintain as well as any information received in the future