
**Advisory Board Meeting Minutes
Monday, October 4, 2021**

- **Attended By:** Sandra Moniot-Peer Support Specialist, Jeannette (Netty) Renshaw-Retired from the Department of Corrections, Nancy Ketcham- Elderbridge, Marlee Christoffel- CCNIA, Sandy Pelzer- CCNIA, Anna Miller-CCNIA, Melissa Loehr-CCNIA Barry Anderson-Clay County Supervisor, Jill Barr- Seasons Center, Amanda Schmidt-West Bend Mallard Superintendent, and Lori Young-Executive Director Prairie Ridge
- **Highlights of Regional Governing Board**
 - July**
 - Special Project Request awarded to Seasons Center to utilize Respite and Camp Autumn for all 6 counties the Region serves.
 - Approached by Rolling Hills Region to contribute to a Subacute assessment center. CCNIA agreed to contribute \$124,800 between Turning Point (Plains Area Mental Health Center), and Sioux City.
 - August**
 - Respite Policy passed by the Region
 - MOU- CICS & YSS Crisis Stabilization- Mason City (youth) signed
 - September**
 - CCNIA switched fully over to Next Generation Technology
 - MOU's signed with Plains Area Mental Health Regional Assessment and Stabilization Center/Rolling Hills/Sioux Rivers
 - MOU signed with Zion Behavioral Health (Crisis stabilization)
 - CCNIA CEO- In the process of creating crisis guides for providers to utilize
- **Proposals for Services-**
 - Home Based Habilitation services and Supportive Community Living in Kossuth, Winnebago, and Worth counties. There is a need in this area as it is not currently available. Looking to see if there is an agency interested in taking on and building these services. The Region is willing to pay for start-up costs by providing a salary for a staff person for a year or two in hopes the agency can make the service sustainable.
 - 23-hour observation and holding.

- Crisis Stabilization Community Based services for Clay, Osceola, and Palo Alto Counties. Supports individuals within the community. Eyerly Ball does this in our Eastern 3 counties. This service can be over a 5-day period.
- Looking to see if agencies are interested in providing any of these services. CCNIA will post these on the CCNIA website.
- Lori Young- First episode Psychosis training/Program starting up in November. Crisis stabilization could maybe align with that as well. Can serve up to 400 individuals that do not qualify for Medicaid with IHH. The grant began August 30th and need to be up and running within 4 months. Ideally by December 1st for all counties. Enhance services to veterans...coordinate with VA out of Des Moines. Build relationships with Prison inmates to help more with warm handoffs and to transition back into their counties easier. Telehealth prescribing medication services in Forest City, and Algona (Kossuth) in the near future. Help with Substance abuse. Prescribing requests for children are increasing heavily (ages 5-13). Looking to hire a second psychiatrist.
- Respite service funding (not a CORE service). New policy approved through the board for to provide respite services for gap funding. Also, can offer extended respite funding for families who have exhausted their services with a Medicaid and CCNIA exception to policy.
- Anna Miller with CCNIA brought up the need for a jail diversion program where a peer support specialist could work with inmates gradually work back into their communities to help reduce recidivism. The Region is working with neighboring Regions to get Jo and Earnie training in the area to provide training.
- Agency Updates/ Information Sharing
 - Seasons Center-CMCHA grant received.
 - CCBHC: wraparound services Adult qualifying diagnosis. Serve SMI, veterans, children (SED) or child referrals (then need to have an assessment baseline questionnaire. Data collected by all CCBHC (initial intake. Care coordinator will then assemble their care team based on their needs. Those needs are available through the grant regardless of their financial situation in hopes to keep them out of jail and ER etc.) Holistic Care approach. The assessment and eval. Can hold up services must be approved before services can be received.), ACT, mobile crisis services. Suicide Prevention classes. Mobile behavioral health outreach
 - CCNIA update:
 - Mobile Crisis in Kossuth, Winnebago, and Worth counties- Eyerly Ball is working very hard. So far there have been 9 calls each month since starting. Still needing HAB services in Kossuth, IHH-the gatekeeper to getting others into services. Began working with new Kossuth IHH worker (Ashlyn). Helping with open access.
 - Participated in Public Safety night in Kossuth County.
 - CCNIA will have a table at Northwood-Kensett October 25 at 7pm.

- Question Persuade and Prefer (QPR) for suicide prevention. CCNIA partnered with Eyerly Ball and ISU. Working on another event in Worth county as well along with building suicide coalition in that county as well.
 - Netty: Retired with the Department of Corrections in 2018. Netty is trying to help connect individuals to the resources they need with her work in Algona and at the police department. Netty is working with others to create a position that would help officers respond to any crisis calls while also working to build upon officers' depths of knowledge around Mental health. This will hopefully take some pressure off law enforcement.
 - Sandra- Iowa Peer Workforce Collaborative. To provide a comprehensive training to have a statewide workforce to build more peer support to facilitate individuals across the state. Had 45 applicants but could only take 16. Family Peer support training is offered 3 times a year. Recovery Peer coaching-4-6 times a year. November already full. To learn more can go to lowapeersupporttraining.org. Sandra is working hard to spread the word on what peer support is and how to further develop the program.
 - Talked more about her personal story.
 - Nancy- Elderbridge: Serve elderly adults with mental health needs. UDMO is back in Elderbridge building. UDMO's old building had a lot of flooding issues. Santa for Seniors is starting back up through UDMO. Elderbridge has seen an uptick in homelessness and is working hard to find placement for these individuals as HUD has an ever growing waiting list.
 - Amanda Schmidt(Mental Health in our school systems): Focusing on teachers as there has been a lot of trauma amongst adults especially with the Covid emergency. The West Bend-Mallard school is utilizing the book "Onword" with teachers to help with trauma. This month is about meditation and being mindful so that teachers can stay in control to be better for the students they teach. West Bend- mallard schools are waiting on placement for some children needing therapy services. They have seen an uptick in resources coming into the school such as: DHS, foster care (2), juvenile detention services. They have seen some sickness, but for the most part kids are staying healthy.
- Next Meeting- *December 6, 2021*

MHDS Adult/ Children Services

Assertive Community Treatment · Mobile Crisis · CCBHC · IPS Supported Employment · Transitional Living Services · Integrated Health Home · Employment Initiatives · Stepping Up Initiatives