

# Resources for **Clay County** Families



Area organizations  
and services with  
programs to assist  
families.



[www.extension.iastate.edu/clay/clay-county-resource-guide](http://www.extension.iastate.edu/clay/clay-county-resource-guide)

**IOWA STATE UNIVERSITY**  
Extension and Outreach

# Table of Contents

Emergency Numbers	3
Abuse	4
Children’s Services	5
Education Services	7
Education/School District	8
Emergency & Disaster Assistance	9
Employment	10
Financial Assistance	11
Financial Counseling	12
Food	13
Health Concerns	14
Housing	17
Legal Service	18
Medical Equipment	19
Mental Health/Counseling Services	19
Senior Citizens	21
Substance Abuse	22
Transportation	23
Hotlines & Resources	23

# EMERGENCY NUMBERS

**Emergency Ambulance, Fire, Police**  
**911**

**Clay County Sheriff's Office**  
Crime Stoppers  
3115 W 4<sup>th</sup> Street, Spencer, IA 51301  
712-262-3221  
[www.claycountysheriffsoffice.com](http://www.claycountysheriffsoffice.com)

**Everly Fire Department**  
712-834-2543

**Poison Control**  
1-800-222-1222  
[www.poison.org](http://www.poison.org)

**Spencer Fire Department (non-emergency)**  
10 Grand Ave., Spencer, IA 51301  
712-580-7240  
[www.spencerfireia.org](http://www.spencerfireia.org)

**Spencer Hospital Emergency Department**  
1200 1<sup>st</sup> Ave. East, Spencer, IA 51301  
712-264-6100

**Spencer Police Department**  
712-262-2151  
<https://spenceriowacity.com/government/public-safety/police/>

# ABUSE

## **CAASA - Centers Against Abuse and Sexual Assault**

1-877-362-4612 (24hr line) or 712-262-4612

[www.caasaonline.org](http://www.caasaonline.org)

## **Child & Dependent Adult Abuse & Neglect Reporting Hotline**

1-800-362-2178 (DHS)

## **Children & families of Iowa**

Domestic Abuse, Mental Health, Substance Abuse, Early Childhood  
& Family Support

515-243-6147

[www.cfiowa.org](http://www.cfiowa.org)

## **Clay County Department of Human Services**

1900 North Grand Avenue, Ste. E-8, Spencer, IA 51301

712-262-3586

[www.dhs.iowa.gov](http://www.dhs.iowa.gov)

## **Elderbridge Area Agency on Aging**

Elder Abuse Prevention and Awareness

714 10<sup>th</sup> Avenue East, Spencer, IA 51301

712-262-1775 or 1-800-243-0678

[www.elderbridge.org](http://www.elderbridge.org)

## **Family Crisis Centers**

712-722-4404 or 1-800-382-5603 (Hotline)

[www.familycrisiscenters.org](http://www.familycrisiscenters.org)

## **National Domestic Abuse Hotline**

1-800-799-7233

## **Prevent Child Abuse Iowa**

515-244-2200

[www.pcaiowa.org](http://www.pcaiowa.org)

## CHILDREN'S SERVICES

### **Autumn's Center**

Serving children and families with comprehensive behavioral health services for children ages 0-21.

120 E 5<sup>th</sup> Street, Spencer IA 51301

712-262-2922 or 800-242-5101

E-mail: [info@seasonscenter.org](mailto:info@seasonscenter.org)

[www.seasonscenter.org](http://www.seasonscenter.org)

### **Care Connections of Northern Iowa**

215 West 4<sup>th</sup> St., Suite 6, Spencer, Iowa 51301

712-264-3945

[www.ccnia.org](http://www.ccnia.org)

### **Cherish Center**

Parenting Programs Mentoring and Counseling

1004 22<sup>nd</sup> Street, Milford IA 51355

712-338-3333 or e-mail: [info@cherishcenter.org](mailto:info@cherishcenter.org)

[www.cherishcenter.org](http://www.cherishcenter.org)

### **Child Find of America**

1-800-IAM-LOST (1-800-426-5678)

E-mail: [information@childfindofamerica.org](mailto:information@childfindofamerica.org)

<https://childfindofamerica.org/>

### **Child Health Specialty Clinic-University of Iowa @ Spencer Hospital**

1200 1<sup>st</sup> Ave. E., Spencer, IA 51301

712-264-6362 or 1-877-270-9386

[www.chsciowa.org](http://www.chsciowa.org)

### **Clay County Department of Human Services**

1900 North Grand Avenue, Ste. E-8, Spencer, IA 51301

712-262-3586

[www.dhs.iowa.gov](http://www.dhs.iowa.gov)

## **Clay County Public Health**

Best Care for Better Babies & Immunizations

116 East 11<sup>th</sup> Street, Spencer, IA 51301

712-264-6685

[www.spencerhospital.org/locations/community-public-health/](http://www.spencerhospital.org/locations/community-public-health/)

## **Healthy Families America**

712-737-2971

[www.healthyfamiliesamerica.org](http://www.healthyfamiliesamerica.org)

## **Iowa Child Care Resource and Referral**

Assists in finding quality Childcare in your area

1-855-244-5301

[www.iowaccrr.org](http://www.iowaccrr.org)

## **Juvenile Court Office**

215 W. 4<sup>th</sup> St., Suite 5, Spencer, IA 51301

712-262-5938

## **Lutheran Services in Iowa**

Children, Youth and Family Programs

605 Grand Ave., Spencer IA 51301

712-262-4083 or 888-457-4692

[www.lsiowa.org](http://www.lsiowa.org)

## **National Center for Missing & Exploited Children**

[www.missingkids.com](http://www.missingkids.com)

## **National Runaway Safeline**

Resources for parents, youth, & teens.

1-800-786-2929 (1-800-RUNAWAY)

[www.1800RUNAWAY.org](http://www.1800RUNAWAY.org)

## **Positively Spencer Youth**

Substance Use and Abuse Prevention Coalition

P.O. Box 1118, Spencer, IA 51301

712-580-3833 or e-mail: [info@positivelyyouth.org](mailto:info@positivelyyouth.org)

<https://positivelyyouth.com/>

## **Shriner's Hospital Referral**

1-800-237-5055

[www.shrinershospitalsforchildren.org](http://www.shrinershospitalsforchildren.org)

## **Spencer Hospital**

1200 1<sup>st</sup> Ave. E. Spencer, IA 51302

712-264-8300

[www.spencerhospital.org](http://www.spencerhospital.org)

# **EDUCATION SERVICES**

## **Cherish Center**

Parenting Programs Mentoring and Counseling

1004 22<sup>nd</sup> Street, Milford IA 51355

712-338-3333 or e-mail: [info@cherishcenter.org](mailto:info@cherishcenter.org)

[www.cherishcenter.org](http://www.cherishcenter.org)

## **Head Start**

Jefferson School

411 E. 10<sup>th</sup> St., Spencer, IA 51301

712-264-8859 or 800-245-6151

[www.udmo.com](http://www.udmo.com)

## **Iowa Child Care Resource and Referral**

Assists in finding quality Childcare in your area

1-855-244-5301

[www.iowaccrr.org](http://www.iowaccrr.org)

## **Iowa Lakes Community College**

(Algona, Emmetsburg, Estherville, Spencer, & Spirit Lake)

1-800-242-5106

[www.iowalakes.edu](http://www.iowalakes.edu)

## **ISU Online and Distance Learning**

515-294-2331 or e-mail [distance@iastate.edu](mailto:distance@iastate.edu)

[www.distance.iastate.edu](http://www.distance.iastate.edu)

**Iowa Vocational Rehabilitation Services**

217 W 5<sup>th</sup> St., Spencer, IA 51301

712-262-9585

[www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

**Prairie Lakes AEA**

23 E. 7<sup>th</sup> St. Spencer, IA 51301

866-540-3858

[www.plaea.org](http://www.plaea.org)

**Spencer Public Library**

21 E 3<sup>rd</sup> St., Spencer, IA 51301

712-580-7290

[www.spencerlibrary.com](http://www.spencerlibrary.com)

**EDUCATION/SCHOOL DISTRICTS**

**Clay Central Everly Community Schools**

401 Church St., Royal, IA 51357

712-933-2241

[www.claycentraleverly.org](http://www.claycentraleverly.org)

**Iowa Great Lakes Lutheran School**

1311 East 18<sup>th</sup> Street, Spencer, IA 51301

712-262-8237

[www.iglls.org](http://www.iglls.org)

**Sacred Heart Catholic School**

1111 4<sup>th</sup> Avenue W, Spencer, IA 51301

712-262-6428

[www.spencersacredheartschool.com](http://www.spencersacredheartschool.com)

**Sioux Central Community Schools**

4440 US Highway 71, Sioux Rapids, IA 50585

712-283-2571

[www.siouxcentral.org](http://www.siouxcentral.org)



**Spencer Community Schools**  
23 E. 7<sup>th</sup> St. Spencer, IA 51301  
712-262-8950  
[www.spencerschools.org](http://www.spencerschools.org)

**Spencer High School**  
800 East 3<sup>rd</sup> St., Spencer, IA 51301  
712-262-1700

**Spencer Middle School**  
1400 10<sup>th</sup> Ave. East, Spencer, IA 51301  
712-262-3345

**Lincoln Elementary**  
615 4<sup>th</sup> Ave. SW, Spencer, IA 51301  
712-262-3752

**Fairview Elementary**  
1508 5<sup>th</sup> Ave. East, Spencer, IA 51301  
712-262-4842

**Johnson Elementary**  
724 West 9<sup>th</sup> St., Spencer, IA 51301  
712-262-2710

## **EMERGENCY & DISASTER ASSISTANCE**

**Clay County Emergency Management**  
Clay County Administration Building  
300 W. 4<sup>th</sup> St. Spencer, IA 51301  
712-264-3987  
<https://claycounty.iowa.gov/emergency-management/>

**Clay County Emergency Medical Services**  
Clay County Administration Building  
300 W 4<sup>th</sup> St., Spencer, IA 51301  
712-262-8165  
<https://claycounty.iowa.gov/emergency-medical-services/>

## **Clay County General Relief**

Clay County Courthouse

215 W. 4<sup>th</sup> St., Suite 6, Spencer, IA 51301

712-262-9438

<https://claycounty.iowa.gov/general-relief/>

## **Clay County Veterans Affairs Office**

337 10<sup>th</sup> Street SW, Spencer, IA 51301

712-262-5547

<https://claycounty.iowa.gov/veterans-affairs/>

## **Red Cross**

712-252-4081

[www.redcross.org](http://www.redcross.org)

## **Salvation Army**

402-898-5942

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

## **Upper Des Moines Opportunity – Clay County Outreach**

714 10<sup>th</sup> Ave. E, Ste. 2., Spencer, IA 51301

712-262-7409

[www.udmo.com/counties/clay/](http://www.udmo.com/counties/clay/)

# **EMPLOYMENT**

## **Aventure Staffing**

511 Grand Ave. Spencer, IA 51301

712-262-5990

[www.aventure.com](http://www.aventure.com)

## **Employment Connections**

905 S. Grand Ave. Spencer, IA 51301

712-262-9077 or e-mail [ecisp@ecijobs.com](mailto:ecisp@ecijobs.com)

[www.ecijobs.com](http://www.ecijobs.com)

**Iowa Work Force Development**

217 W. 5<sup>th</sup> St. Spencer, IA 51301

712-262-1971 or e-mail [SpencerIowaWORKS@iwd.iowa.gov](mailto:SpencerIowaWORKS@iwd.iowa.gov)

[www.iowaworkforcedevelopment.gov](http://www.iowaworkforcedevelopment.gov)

**Iowa Vocational Rehabilitation Services**

217 W 5<sup>th</sup> St., Spencer, IA 51301

712-262-9585

[www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

**FINANCIAL ASSISTANCE****Care Connections of Northern Iowa**

215 West 4<sup>th</sup> St., Suite 6, Spencer, Iowa 51301

712-264-3945

[www.ccnia.org](http://www.ccnia.org)

**Clay County Department of Human Services**

1900 North Grand Ave., Ste. E-8, Spencer, IA 51301

712-262-3586

[www.dhs.iowa.gov](http://www.dhs.iowa.gov)

**Clay County Farm Service Agency (FSA)**

SW Plaza, 306 11<sup>th</sup> St., Spencer IA 51301

712-262-2546

[www.fsa.usda.gov](http://www.fsa.usda.gov)

**Clay County Veterans Affairs Office**

337 10th Street SW, Spencer, IA 51310

712-262-5547

<https://claycounty.iowa.gov/veterans-affairs/>

**Social Security Administration**

1610 12<sup>th</sup> Ave. SW Spencer, IA 51301

1-866-273-6050 or TTY 1-800-325-0778

[www.ssa.gov](http://www.ssa.gov)

## **Upper Des Moines Opportunity – Clay County Outreach**

714 10<sup>th</sup> Ave. E, Ste. 2., Spencer, IA 51301

712-262-7409

[www.udmo.com/counties/clay/](http://www.udmo.com/counties/clay/)

# **FINANCIAL COUNSELING**

## **Better Business Bureau**

515-243-8137

[www.bbb.org](http://www.bbb.org)

## **Consumer Protection Division**

Attorney General 515-281-5164

Email: [webteam@ag.iowa.gov](mailto:webteam@ag.iowa.gov)

[www.iowaattorneygeneral.gov](http://www.iowaattorneygeneral.gov)

## **Iowa Concern Hotline**

Financial concerns, legal education, stress, crisis, & disaster.

1-800-447-1985

[www.extension.iastate.edu/iowaconcern/](http://www.extension.iastate.edu/iowaconcern/)

## **Iowa State University Extension & Outreach**

Brenda Schmitt, Family Wellbeing Specialist

641-512-0650 or e-mail: [schmitt@iastate.edu](mailto:schmitt@iastate.edu)

[www.extension.iastate.edu/clay/](http://www.extension.iastate.edu/clay/)

## **U.S. Dept. of Veteran's Affairs Office**

Local Office: 1850 Royal Ave., Spirit Lake, IA 51360

General: 712-336-6400, Mental Health: 605-333-3230 x 6890

National Office: 1-800-698-2411

[www.va.gov](http://www.va.gov)

## FOOD

### **AnswerLine**

Information & resources for home & family.

1-800-262-3804

[www.extension.iastate.edu/humansciences/answerline](http://www.extension.iastate.edu/humansciences/answerline)

### **Clay County Department of Human Services**

1900 Grand Ave., Ste. E8, Spencer, IA 51301

712-262-3586

[www.dhs.iowa.gov](http://www.dhs.iowa.gov)

### **Food Bank of Iowa**

Grand Avenue Community Outreach

605 N Grand Ave., Spencer, IA 51301

712-580-4732

[www.foodbankiowa.org](http://www.foodbankiowa.org)

### **Grand Avenue Community Outreach**

Community Kitchen, Emergency Food Bags, Food Pantry & Clothing Outreach

605 Grand Ave., Spencer, IA 51301

712-580-4732

(Community Kitchen 240-6647) (Pantry 332-1111)

Email: [info@gacoutreach.com](mailto:info@gacoutreach.com)

[www.gacoutreach.com](http://www.gacoutreach.com)

### **Good News Community Church-Okoboji**

1010 Julia Street, Okoboji, IA 51355

712-332-5698

### **Hope Lutheran Church-Everly**

206 N Washington St., Everly, IA 51338

712-834-2767

### **Meals on Wheels-Elderbridge**

714 10<sup>th</sup> Ave. East, Spencer, IA 51301

712-262-1775 or (800) 243-0678

<https://elderbridge.org/>

**Mobile Food Pantry-Clay County**  
1910 10<sup>th</sup> Ave., Spencer, IA 51301  
515-564-0330

**Occasions**

Spencer Area Activity Center / Senior Center  
104 East 4<sup>th</sup> St. Spencer, IA 51301  
712-262-1782 or e-mail: [spencersaac@gmail.com](mailto:spencersaac@gmail.com)

**Seasons Center Food Pantry**  
201 E 11<sup>th</sup> St., Spencer, IA 51301  
712-262-2922

**Spencer Community Schools Food Pantry**  
Spencer Middle School  
1400 10<sup>th</sup> Ave. East, Spencer, IA 51301  
712-262-3345

**Spencer Public Library Fresh Food Pantry**  
21 E 3<sup>rd</sup> St., Spencer, IA 51301  
712-580-7290

**The Way Station**  
120 W 4th St., Spencer, IA 51301  
712-580-5463  
Email: [thewaystationspencer@gmail.com](mailto:thewaystationspencer@gmail.com)

**Upper Des Moines Opportunity Inc.-Clay County Food Pantry**  
714 10<sup>th</sup> Ave. E, Ste 2, Spencer, IA 51301  
712-262-7409  
[www.udmo.com/counties/clay/](http://www.udmo.com/counties/clay/)

**HEALTH CONCERNS**

**Alzheimer's Association**  
1-800-272-3900  
[www.alz.org](http://www.alz.org)

**American Cancer Society**

1-800-227-2345

[www.cancer.org](http://www.cancer.org)

**American Foundation for the Blind**

[www.afb.org](http://www.afb.org)

**Avera Medical Group**

116 E 11<sup>th</sup> St., Spencer, IA 51301

712-264-3500

[www.avera.org](http://www.avera.org)

**Birthright**

605 Grand Ave., Spencer, IA 51301

712-262-8271

Helpline: 1-800-550-4900

<https://birthright.org/>

**Child Health Specialty Clinics-University of Iowa @ Spencer  
Hospital**

1200 1<sup>st</sup> Ave. E. Spencer, IA 51301

712-264-6362 or 1-877-270-9386

[www.chsciowa.org](http://www.chsciowa.org)

**Grand Avenue Community Outreach**

Medical & Dental Clinic

605 Grand Ave., Spencer, IA 51301

712-580-4732

[www.gacoutreach.com](http://www.gacoutreach.com)

**Hope Haven**

Support Services for disabilities and development

712-476-2737

[www.hopehaven.org](http://www.hopehaven.org)

## **Iowa Compass Center for Disabilities and Development**

Connecting people with disabilities & complex health related needs to services and supports in your community.

1-800-779-2001

[www.iowacompass.org](http://www.iowacompass.org)

## **Iowa Dental Association**

515-331-2298 or 1-800-828-2181

[www.iowadental.org](http://www.iowadental.org)

## **Iowa Department of Human Services, Clay County**

1900 North Grand Ave. Ste. E-8, Spencer, IA 51301

712-262-3586 or 1-855-889-7985

[www.dhs.iowa.gov](http://www.dhs.iowa.gov)

## **Iowa Total Care**

**1-833-404-1061**

[www.iowatotalcare.com](http://www.iowatotalcare.com)

## **Iowa Women's Health Information Center**

1-800-369-2229

[www.womenshealthiowa.info](http://www.womenshealthiowa.info)

## **Lions Clubs of Iowa**

Hearing & Vision Support Services

515-232-2215 or e-mail [info@iowalions.org](mailto:info@iowalions.org)

[www.iowalions.org](http://www.iowalions.org)

## **Medicare**

General Info: 1-800-633-4227

SHIP-(Senior Health Insurance Information Program)

Spencer Hospital-712-264-6198

[www.medicare.gov](http://www.medicare.gov)

## **Planned Parenthood**

1-800-230-7526

[www.plannedparenthood.org](http://www.plannedparenthood.org)



**Spencer Hospital**

1200 1<sup>st</sup> Ave. E. Spencer, IA 51301

712-264-8300

[www.spencerhospital.org](http://www.spencerhospital.org)

**Spencer Hospital - Abben Cancer Center**

1200 1<sup>st</sup> Ave. Spencer, IA 51301

712-264-6550

[www.spencerhospital.org](http://www.spencerhospital.org)

**Spencer Hospital – Home Health & Hospice**

1200 1<sup>st</sup> Ave. Spencer, IA 51301

712-264-6380

[www.spencerhospital.org](http://www.spencerhospital.org)

**Sunshine Services Inc.**

1106 E. 9<sup>th</sup> St., Spencer, IA 51301

712-262-7805

**HOUSING****Cherish Center**

Parenting Programs Mentoring and Counseling

1004 22<sup>nd</sup> Street, Milford IA 51355

712-338-3333 or e-mail: [info@cherishcenter.org](mailto:info@cherishcenter.org)

[www.cherishcenter.org](http://www.cherishcenter.org)

**Clay County Environmental Health**

Administration Building, 300 W. 4<sup>th</sup> St. Spencer, IA 51301

712-262-8165

<https://claycounty.iowa.gov/environmental-health/>

**Community Housing Initiatives**

712-262-5640

[www.chihousing.com](http://www.chihousing.com)

**Discovery House**

1411 Hill Ave. Spirit Lake, IA 51360

712-336-5340

[www.mydiscoveryhouse.com](http://www.mydiscoveryhouse.com)

**Northwest Iowa Regional Housing Authority**  
2016 Highway Blvd. Ste. N, Spencer, IA 51301  
712-262-7460 or e-mail: [verify@nwirha.org](mailto:verify@nwirha.org)  
[www.nwirha.org](http://www.nwirha.org)

**Upper Des Moines Opportunity – Clay County Outreach**  
714 10<sup>th</sup> Ave. E, Ste. 2., Spencer, IA 51301  
712-262-7409  
[www.udmo.com/counties/clay/](http://www.udmo.com/counties/clay/)

## LEGAL SERVICES

**Consumer Protection Division**  
Attorney General 515-281-5926 or 1-888-777-4590  
Email: [consumer@ag.iowa.gov](mailto:consumer@ag.iowa.gov)  
[www.iowaattorneygeneral.gov](http://www.iowaattorneygeneral.gov)

**Iowa Civil Rights Commission**  
515-281-4121 or 1-800-457-4416  
<https://icrc.iowa.gov>

**Iowa Concern Hotline**  
Financial concerns, legal education, stress, crisis, & disaster.  
1-800-447-1985  
[www.extension.iastate.edu/iowaconcern/](http://www.extension.iastate.edu/iowaconcern/)

**Iowa Legal Aid**  
1-800-532-1503  
[www.iowalegalaid.org](http://www.iowalegalaid.org)

**Iowa Mediation Service**  
515-331-8081  
[www.iowamediationservice.com](http://www.iowamediationservice.com)

**Iowa State Bar Association**  
Lawyer Referral Service  
515-243-3179 or e-mail [isba@iowabar.org](mailto:isba@iowabar.org)  
[www.iowabar.org](http://www.iowabar.org)

## MEDICAL EQUIPMENT

### **Avera Home Medical Equipment**

116 E 11<sup>th</sup> St., Spencer, IA 51301

712-580-3923

[www.avera.org/services/home-medical-equipment/](http://www.avera.org/services/home-medical-equipment/)

### **Good Samaritan Society- Home Care**

1710 Lincoln Ave., Ste. A, Spirit Lake, IA 51360

712-336-3412 or National 888-307-0039

[www.good-sam.com](http://www.good-sam.com)

### **Lincare**

2800 Highway Blvd., Spencer, IA 51301

712-262-6749

[www.lincare.com](http://www.lincare.com)

## MENTAL HEALTH/COUNSELING SERVICES

### **All Those Yesterdays**

605 Grand Ave., Spencer IA 51301

712-363-8066, e-mail: [info@allthoseyesterdays.org](mailto:info@allthoseyesterdays.org)

[www.allthoseyesterdays.org](http://www.allthoseyesterdays.org)

### **ATLAS of Spencer**

816 S Grand Ave., Spencer, IA 51301

712-580-3277 or e-mail: [atlasofspencer@gmail.com](mailto:atlasofspencer@gmail.com)

[www.atlasofspencer.com](http://www.atlasofspencer.com)

### **Avera Medical Group-Behavioral Health Clinic**

116 E 11<sup>th</sup> Street, Suite 101, Spencer, Iowa 51301

712-264-3515

[www.spencerhospital.org/our-services/specialty-services/](http://www.spencerhospital.org/our-services/specialty-services/)

### **Bets Off**

1-800-BETSOFF

<https://888betsoff.org/>

**Care Connections of Northern Iowa**

215 West 4<sup>th</sup> St., Suite 6, Spencer, Iowa 51301

712-264-3945

[www.ccnia.org](http://www.ccnia.org)

**Catholic Charities**

607 1<sup>st</sup> Ave. W, Spencer, IA 51301

712-580-4320

[www.cathchar.com](http://www.cathchar.com)

**Inpatient Behavioral Health Services @ Spencer Hospital**

1200 1<sup>st</sup> Ave. East, Spencer, IA 51301

712-264-6228 or email: [mental\\_health@spencerhospital.org](mailto:mental_health@spencerhospital.org)

[www.spencerhospital.org](http://www.spencerhospital.org)

**Lutheran Services**

605 Grand Ave., Spencer, IA 51301

712-262-4083

<https://lsiowa.org/>

**National Alliance on Mental Illness (NAMI) of Northwest Iowa**

300 Sioux Valley Drive, Cherokee, IA 51012

712-357-5428 or e-mail: [namiofnwia@gmail.com](mailto:namiofnwia@gmail.com)

[www.naminwia.org](http://www.naminwia.org)

**Northwest Iowa Counseling Associates**

20 W. 4<sup>th</sup> Street, Spencer, IA

712-262-6111

[www.nwiac.com](http://www.nwiac.com)

**Personal Assistance Services (PAS)**

Free counseling & resources for Farm Families

1-833-999-FARM (3276)

[www.farmfamilywellness.com](http://www.farmfamilywellness.com)

## **Seasons Center for Behavioral Health**

201 E. 11<sup>th</sup> St. Spencer, IA 51301

712-262-2922 or 800-242-5101

24/7 Crisis Line: 844-345-4569

Email: [info@seasonscenter.org](mailto:info@seasonscenter.org)

[www.seasonscenter.org](http://www.seasonscenter.org)

## **Suicide & Crisis Lifeline (988)**

1-800-273-8255

## **Teen Line (open 6-9pm)**

1-800-852-8336

Text: TEEN to 839863

[www.teenlineonline.org](http://www.teenlineonline.org)

# **SENIOR CITIZENS**

## **AARP**

[www.aarp.org](http://www.aarp.org)

## **Elderbridge Agency on Aging**

714 10<sup>th</sup> Avenue East, Suite 1, Spencer, IA 51301

712-262-1775 or 1-800-243-0678

[www.elderbridge.org](http://www.elderbridge.org)

## **My Caring Plan**

980-890-6880

[www.mycaringplan.com](http://www.mycaringplan.com)

## **Occasions**

Spencer Area Activity Center / Senior Center

104 East 4<sup>th</sup> St. Spencer, IA 51301

712-262-1782

## **RSVP Volunteer Program**

Iowa Lakes Community College-Spencer

1900 Grand Ave.

712-262-8858

<https://iowalakes.edu/continuing-education/rsvp/>

## **Social Security Administration**

1610 12<sup>th</sup> Ave. SW Spencer, IA 51301

1-866-273-6050 or TTY 1-800-325-0778

[www.ssa.gov](http://www.ssa.gov)

## **SUBSTANCE ABUSE**

### **Alcoholics Anonymous**

712-252-1333-Sioux City Office

[www.aa.org](http://www.aa.org)

### **Positively Spencer Youth**

Substance Use and Abuse Prevention Coalition

P.O. Box 1118 Spencer, IA 51301

712-580-3833 or e-mail: [info@positivelyyouth.org](mailto:info@positivelyyouth.org)

<https://positivelyyouth.com/>

### **Rosecrance Jackson Centers**

1713 McNaughton Way, Spencer IA 51301

712-584-2030 or 1-800-472-9018

[www.rosecrancejackson.org](http://www.rosecrancejackson.org)

### **Seasons Center for Behavioral Health**

201 E. 11<sup>th</sup> St. Spencer, IA 51301

712-262-2922 or 800-242-5101

24/7 Crisis Line: 844-345-4569

Email: [info@seasonscenter.org](mailto:info@seasonscenter.org)

[www.seasonscenter.org](http://www.seasonscenter.org)

### **Substance Abuse and Mental Health Services Helpline (SAMHSA)**

1-800-662-4357 (24/7 Helpline)

[www.samhsa.gov](http://www.samhsa.gov)

## TRANSPORTATION

### **Rides: Regional Transit Authority**

522 10<sup>th</sup> Ave. E. Spencer, IA 51301

712-262-7920

[www.nwiarides.org](http://www.nwiarides.org)

## HOTLINES & RESOURCES

### **AnswerLine**

Food, Home and Family information & resources.

1-800-262-3804

[www.extension.iastate.edu/humansciences/answerline](http://www.extension.iastate.edu/humansciences/answerline)

### **Beginning Farmer Center**

1-877-232-1999

### **Iowa 2-1-1**

Resource referral for housing, health, food, family, transportation, employment, education, and legal assistance.

211

[www.211iowa.org](http://www.211iowa.org)

### **Iowa Concern Hotline**

Financial concerns, legal education, stress, crisis, & disaster.

1-800-447-1985

[www.extension.iastate.edu/iowaconcern/](http://www.extension.iastate.edu/iowaconcern/)

### **Season's Center 24/7 Crisis/talk Line**

844-345-4569

### **Suicide & Crisis Lifeline (988)**

1-800-273-8255

### **Teen Line (open 6-9pm)**

1-800-852-8336

Text: TEEN to 839863

[www.teenlineonline.org](http://www.teenlineonline.org)

# IOWA STATE UNIVERSITY™

## Extension and Outreach

This resource guide is updated once per year. If you have any additions or changes, please contact the Clay County Extension Office.

For additional copies or to report any changes to this book, please go to:

### **Iowa State University Extension and Outreach Clay County**

110 West 4<sup>th</sup> Street, Spencer, IA 51301

(712)262-2264

[xclay@iastate.edu](mailto:xclay@iastate.edu)

[www.extension.iastate.edu/clay](http://www.extension.iastate.edu/clay)

(1/2023)

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online at <https://www.ocio.usda.gov/document/ad-3027>, from any USDA office, by calling 866-632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: (1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or (2) Fax: 833-256-1665 or 202-690-7442; or (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.