

# **Safe Medication Disposal**

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



Americans misuse prescription stimulants every month



of teens report taking prescription medications from family without permission



4.9 million
people who misused opioids
obtained them from a friend,
relative or home medicine cabinet

### Proper disposal of unused medications saves lives.

## **CLAY COUNTY**

#### Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos!

#### DisposeRx ®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.



 $\underline{\text{https://disposerx.com/page/5/product-and-program#video}} \text{ (Link)}$ 

#### **Deterra** ® **Drug Deactivation System**

- 1) Pour medication in Deterra ® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



https://deterrasystem.com/resources/videos/ (Link)

#### **Drop-Off Locations**

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

+ Clay County Sheriff Office 3115 W 4th St Spencer, IA 51301 712-262-3221

+ Hy-Vee Pharmacy #1636

819 Grand Ave Spencer, IA 51301 712-262-2443 Thrifty White Pharmacy #042

715 S Grand Ave Spencer, IA 51301 712-262-1523

+ Spencer Police Department

405 1st Ave W Spencer, IA 51301 712-262-2151