



FY 24 ANNUAL SERVICE AND BUDGET PLAN

**Geographic Area: Clay, Kossuth, Osceola, Palo Alto,
Winnebago, and Worth Counties**



**Approved by Care Connections of Northern Iowa Governing Board: 3.28.23
Revision Made & Board Approved: 4.25.23**

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Care Connections of Northern Iowa exists to support improved access to behavioral healthcare and to promote full citizenship for people with mental illness and intellectual disabilities

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Introduction

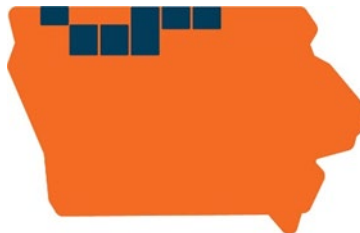
Northwest Iowa Care Connections was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. In 2021 the regional name was changed to *Care Connections of Northern Iowa*. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.



The FY 2024 Annual Service and Budget Plan covers the period of July 1, 2023, to June 30, 2024. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

Care Connections of Northern Iowa supports improved access to behavioral healthcare and promotes full citizenship for people with mental illness and intellectual disabilities.

A. Care Connections of Northern Iowa Regional Local Access points



An access point is a part of the Care Connections of Northern Iowa service system or community partner that is trained to complete the MH/DD funding applications for persons with a disability and forward them to the local Care Connections of Northern Iowa Office.

Care Connections of Northern Iowa designates the following access points for mental health and disability services.

Access Point	Location	County	Contact Information
Care Connections of Northern Iowa Clay County Office	215 W. 4 th St. Suite 6. Spencer, IA 51301	Clay	712-264-3945
Care Connections of Northern Iowa Palo Alto County office	2105 Main Street Emmetsburg, IA 50536	Palo Alto	712-264-3945
Care Connections of Northern Iowa Kossuth	109 W. State St. Algona , IA 50511	Kossuth	712-264-3945

Care Connections of Northern Iowa – Winnebago County	26 S. Clark Street Forest City IA 50436	Winnebago	712-264-3945
Care Connections of Northern Iowa Worth County	736 Central Ave Northwood, IA 50459	Worth	712-264-3945
Berryhill Center	720 Kenyon Road Ft Dodge, IA	Webster/ Kossuth	515-955-7171
Mercy One North IA	1000 4 th St . SW Mason City, IA	Cerro Gordo Winnebago	641-428-7000
Plains Area Mental Health	3746 450 th Ave. Emmetsburg	Palo Alto	712-250-6658
Prairie Ridge Integrated Behavioral Health Care	320 N Eisenhower Ave Mason City	Cerro Gordo	641-424-2391
Seasons Center for Behavioral Health with offices in Clay, Osceola, and Palo Alto Counties	(Main) 201 E. 11 th St. Spencer, IA 51301	Clay Osceola Palo Alto	712-262-2922 or 800-242-5101
Seasons- Osceola County Seasons- Palo Alto County	110 Cedar Lane Sibley, IA 51249	Osceola	712-262-2922 or 800-242-5101
	3201 1 st St. Emmetsburg, IA 50536	Palo Alto	
Spencer Hospital	1200 1 st Ave. E. Spencer IA 51301	Clay	712-264-6228
Osceola Regional Health Center	600 9 th Ave N, Sibley, IA 51249	Osceola	712-754-2574
Siouxland Mental Health Crisis Center	4038 Division St. Sioux City, IA 51104	Woodbury	712-560-7996

Care Connections of Northern Iowa has designated the following access points for children’s behavioral health services.

Access Point	Location	County	Contact Information
Care Connections of Northern Iowa Clay County Office	215 W. 4 th St. Suite 6. Spencer, IA 51301	Clay	712-264-3945
Care Connections of Northern Iowa Palo Alto County office	2105 Main Street Emmetsburg, IA 50536	Palo Alto	712-264-3945
Care Connections of Northern Iowa -Kossuth	109 W. State St. Algona , IA 50511	Kossuth	712-264-3945
Care Connections of Northern Iowa – Winnebago County	26 S. Clark Street Forest City IA 50436	Winnebago	712-264-3945

Care Connections of Northern Iowa Worth County	736 Central Ave Northwood, IA 50459	Worth	712-264-3945
Plains Area Mental Health	3746 450 th Ave. Emmetsburg	Palo Alto	712-250-6658
Berryhill Center	720 Kenyon Road Ft Dodge, IA	Kossuth, Webster	515-955-7171
Prairie Ridge Integrated Behavioral Health Care	320 N Eisenhower Ave Mason City	Cerro Gordo	641-424-2391
YSS Francis Lauer	50 N. Eisenhower Ave. Mason City	Cerro Gordo	641-423-7362
Youth Shelter Care of North Central Iowa	301 Ave M W Fort Dodge, IA 50501	Webster	515-955-4222



CASE MANAGEMENT

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for Care Connections of Northern Iowa.

Targeted Case Management Provider	Adult/Child/Both	Location	Contact Information
HHS TCM (Clay County)	Both Adult and Child	CMHI 1200 W. Cedar Loop Cherokee	712-830-1509
HHS TCM Osceola County	Both Adult and Child	2300 Park St Sheldon, IA	712-830-1509
HHS TCM Palo Alto County	Both Adult and Child	Box 71 Rockwell City	712-830-1509
HHS TCM Kossuth County	Both Adult and Child	330 1 st Ave. N Fort Dodge	712-830-1509
HHS TCM Winnebago County	Both Adult and Child	525 9th St. SE Mason City	712-830-1509
HHS TCM Worth County	Both Adult and Child	525 9 th St. SE Mason City	712-830-1509
Seasons Center-CCBHC	Both Adult and Child	Clay, Osceola, and Palo Alto Counties	712-262-2922 or 1-800-242-5101
Plains Area Mental Health	Both Adult and Child	Clay, Osceola, and Palo Alto Counties	800-325-1192
CCNIA Regional Service Coordination	Both Adult and Child	Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	712-264-3945
MCO-Amerigroup	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual

MCO-Iowa Total Care	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual
Private Insurance	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual
Blue Cross/Blue Shield	Both Adult and Child	Covered Members in Clay, Osceola, Palo Alto, Kossuth, Winnebago, and Worth Counties	Contact information available on the insurance card of the covered individual

Managed Care Organizations (MCOs) as contracted through the Department of Health and Human Services/Iowa Medicaid Enterprise provide care coordination to regionally eligible Medicaid members within the scope of their contracted duties for persons with mental health and disability service needs.

C. Crisis Planning

Crisis prevention, response, and resolution are as much a mindset as it is a continuum of strategies and services. Crisis services are available on a 24-hour basis for prevention, supportive counseling, and debriefing. Crisis prevention, response, and resolution are also embedded in the treatment and support plans that are prepared by Network Providers, Targeted Case Management, Integrated Health Homes, Managed Care Organizations (MCOs) Care Coordination, regional Service Coordination, and regionally contracted Care Coordinators.



As these plans are developed, the goal is to explore options for an environment and support structure that works for a person to mitigate the triggers that lead to crisis and address areas of need within the domains of access to service, life in the community, person-centeredness, health and wellness, quality of life and safety, and the utilization of family and natural supports.

Some agencies specifically use a Wellness Recovery Action Plan (WRAP) that complements the coordination plan. Much of the prevention, response and resolution of crisis are handled through the normal services and supports people receive and is also reflected in access standards. Below is a table of current providers, contact information, and crisis services they provide in the region.

24-Hour Crisis Response

Provider	Location	Contact Information
Seasons Center	201 E. 11 th St. Spencer	844-345-4569
Eyerly Ball	945 19 th Street Des Moines	855-581-8111

24-Hour Crisis Hotline

Provider	Location	Contact Information
Seasons Center	201 E. 11 th St. Spencer	844-345-4569
Your Life Iowa	Online: http://yourlife.org/	855-581-8111

Crisis Evaluation



ASSESSMENT,
EVALUATION

Provider	Adult/Child/Both	Location	Contact Information
Seasons Center	Both Adults and Children	201 E. 11 th St. Spencer	844-345-4569
Plains Area Mental Health	Both Adults and Children	3746 450 th Ave. Emmetsburg	712-250-6658
Prairie Ridge Integrated Behavioral Health Care	Both Adults and Children	320 N Eisenhower Ave Mason City	641-424-2391
Siouxland Mental Health Crisis Center	Adult	4038 Division St. Sioux City, IA 51104	712-560-7669
Integrated Telehealth Partners	Both Adults and children	1501 42 nd St. West Des Moines 50266	855-270-3625

Mobile Response



MOBILE CRISIS

Provider	Location	Contact Information
Seasons Center	201 E.11 th St. Spencer Coverage: Osceola, Clay, and Palo Alto	(Crisis/ mobile response) 1-844-345-4569 or 712-262-2922 (clinic)
Eyerly Ball	945 19 th Street Des Moines Coverage: Kossuth, Winnebago, and Worth Counties	Your Life Iowa: (mobile crisis line) 855-581-8111 Clinic: 515-241-0982

Crisis Stabilization Community-based Services



CRISIS STABILIZATION
COMMUNITY

Provider	Adult/Child	Location	Contact Information
Eyerly Ball	Adult/Child	Kossuth, Winnebago, & Worth	855-581-8111 Mobile Crisis Line Clinic: 515-241-0982
Seasons Center	Adult/ Child	Clay, Osceola, Palo Alto	1-844-345-4569 or 712-262-2922

Crisis Stabilization Residential Services



CRISIS STABILIZATION
RESIDENTIAL

Provider	Adult/Child	Location	Contact Information
Plains Area Mental Health Turning Point	Adult Only	Sac City, Iowa	1.800.325.1192. contact@pamhc.org.
Siouxland Mental Health Crisis Stabilization	Adult Only	4038 Division St, Sioux City	712-560-7996
North Iowa Regional Services	Adult Only	1440 West Dunkerton Rd. Waterloo	319-291-2455
Zion Integrated Behavioral Health/ Safe Harbor	Adult Only	706 Cedar Ave Woodward	515-642-4125
Seasons Center <i>(In Development)</i>	Adult	Spencer	712-262-2922
YSS	Child	Mason City/ Ames	641-423-7362
Youth Shelter Care of North Central Iowa	Child	301 Avenue M W Fort Dodge, IA 50501	515-955-4222

23-Hour Observation



Provider	Location	Contact Information
Siouxland Mental Health Center Crisis Stabilization Center	4038 Division St, Sioux City	712-560-7996
Zion Integrated Behavioral Health/ Safe Harbor	706 Cedar Ave Woodward	515-642-4125
Seasons Center <i>(In Development)</i>	201 E. 11 th St. Spencer IA	712-262-2922

When clients, who are residents of Care Connections of Northern Iowa’s member counties, access crisis residential services in another Region, an application for enrollment is provided by the facility to the CCNIA and costs associated with the service are subject to the daily fee for service rate currently set by the Region. Billing is provided within the guidelines provided in the CCNIA Regional Management Plan to process the claim promptly.

D. Intensive Mental Health Services



The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
Siouxland Mental Health Center Crisis Stabilization Center	4038 Division St, Sioux City	712-560-7996

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2). CCNIA has also offered support to Prairie Ridge ACT program as they work to expand services through the communities. Additional growth is expected with Prairie Ridge.



Provider	Location	Contact Information
Seasons Center	201 E. 11 th St. Spencer	712-262-2922
Prairie Ridge	320 N Eisenhower Ave Mason City- (Serving Worth County)	641-424-2391

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.



Provider	Location	Contact Information
North Iowa Regional Services	1440 West Dunkerton Rd. Waterloo	319-291-2455
Siouxland Mental Health Crisis Stabilization	4038 Division St, Sioux City	712-560-7996

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):



Provider	Location	Contact Information
Lakes Life Skills	1601 Keokuk Ave Spirit Lake, IA	712-339-9311

E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by Care Connections of Northern Iowa. All core services are available. If there is no funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in Section E. of the Care Connections of Northern Iowa’ policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (**) after the service name. Eligibility guidelines for children’s behavioral health services are located in Section E of the Care Connections of Northern Iowa’s policy and procedure manual. The Policy and procedure manual can be found online at www.ccnia.org. The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

Table A. Expenditures

FY 2024 Budget	CCNIA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
Core Domains							
COA	Treatment						
42305	Mental health outpatient therapy **	\$ 20,000	\$ 1,000	\$ 5,000	\$ 1,000		\$ 27,000
42306	Medication prescribing & management **	\$ 5,000					\$ 5,000
43301	Assessment, evaluation, and early identification **	\$ 10,000	\$ 2,500	\$ 5,000	\$ 2,500		\$ 20,000
71319	Mental health inpatient therapy-MHI						\$ -
73319	Mental health inpatient therapy **	\$ 5,000					\$ 5,000
	Crisis Services						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$ 55,000		\$ 500	\$ 500		\$ 56,000
44302	23 hour crisis observation & holding	\$ 200,000					\$ 200,000
44305	24 hour access to crisis response	\$ 500					\$ 500
44307	Mobile response **	\$ 210,000					\$ 210,000
44312	Crisis Stabilization community-based services **	\$ 90,000					\$ 90,000
44313	Crisis Stabilization residential services **	\$ 325,000					\$ 325,000
44379	System building & sustainability - Crisis	\$ 20,000					\$ 20,000
44396	Access Centers: start-up / sustainability	\$ 25,000					\$ 25,000
	Support for Community Living						
32320	Home health aide						\$ -
32325	Respite	\$ 10,000	\$ 10,000	\$ 5,000	\$ 5,000		\$ 30,000
32328	Home & vehicle modifications		\$ 1,000				\$ 1,000
32329	Supported community living	\$ 75,000	\$ 25,000	\$ 5,000	\$ 5,000		\$ 110,000
42329	Intensive residential services	\$ 50,000	\$ 5,000				\$ 55,000
	Support for Employment						
50362	Prevocational services						\$ -
50364	Job development						\$ -
50367	Day habilitation	\$ 15,000	\$ 10,000	\$ 5,000	\$ 5,000		\$ 35,000

FY 2024 Budget	CCNIA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
50368	Supported employment	\$ 30,000	\$ 35,000	\$ 5,000	\$ 5,000		\$ 75,000
50369	Group Supported employment-enclave						\$ -
50379	System building & sustainability - IPS & Vocational	\$ 20,000					\$ 20,000
	Recovery Services						
45323	Family support	\$ 2,500					\$ 2,500
45366	Peer support	\$ 2,500					\$ 2,500
	Service Coordination						
21375	Case management						\$ -
24376	Health homes						\$ -
	Sub-Acute Services						
63309	Subacute services-1-5 beds	\$ 5,000					\$ 5,000
64309	Subacute services-6 and over beds	\$ 50,000	\$ 5,000				\$ 55,000
	Core Evidenced Based Treatment						
04422	Education & Training Services - provider competency	\$ 50,000					\$ 50,000
32379	System building & sustainability - Supported housing						\$ -
32396	Supported housing	\$ 5,000					\$ 5,000
42398	Assertive community treatment (ACT)	\$ 110,000					\$ 110,000
45373	Family psychoeducation	\$ 2,500					\$ 2,500
45379	System building & sustainability - FPE & Recovery Svcs						\$ -
	Core Domains Total	\$ 1,393,000	\$ 94,500	\$ 30,500	\$ 24,000		\$ 1,542,000
	Mandated Services						
46319	Oakdale						\$ -
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 60,000					\$ 60,000
75XXX	Mental health advocate	\$ 120,000					\$ 120,000
	Mandated Services Total	\$ 180,000	\$ -	\$ -	\$ -		\$ 180,000
	Additional Core Domains						
	Justice system-involved services						
25xxx	Coordination services						\$ -
25378	Contracted coordination services						\$ -
44346	24 hour crisis line*						\$ -
44366	Warm line*						\$ -

FY 2024 Budget	CCNIA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
46305	Mental health services in jails	\$ 25,000					\$ 25,000
46399	Justice system-involved services-other						\$ -
46422	Crisis prevention training	\$ 10,000					\$ 10,000
46425	Mental health court related costs						\$ -
74301	Civil commitment prescreening evaluation						\$ -
	Additional Core Evidenced based treatment						
42366	Peer Wellness / Wellness and Recovery Centers	\$ 1,500					\$ 1,500
42379	System building & sustainability - Non crisis	\$ 5,000					\$ 5,000
42397	Psychiatric rehabilitation (IPR)						\$ -
	Additional Core Domains Total	\$ 41,500	\$ -	\$ -	\$ -		\$ 41,500
	Other Informational Services						
03371	Information & referral	\$ 10,000		\$ 2,500	\$ 2,500		\$ 15,000
04372	Planning, consultation &/or early intervention (client related) **	\$ 2,000					\$ 2,000
04377	Provider Incentive Payment	\$ 5,000					\$ 5,000
04399	Consultation Other	\$ 2,500					\$ 2,500
04429	Planning and Management Consultants (non-client related)	\$ 2,500					\$ 2,500
05373	Public education, prevention and education **	\$ 55,000					\$ 55,000
	Other Informational Services Total	\$ 77,000	\$ -	\$ 2,500	\$ 2,500		\$ 82,000
	Community Living Supports						
06399	Academic services						\$ -
22XXX	Services management	\$ 255,000	\$ 50,000	\$ 7,500	\$ 5,500		\$ 318,000
22378	Contracted services management						\$ -
23376	Crisis care coordination						\$ -
23378	Contracted crisis care coordination						\$ -
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -
31XXX	Transportation	\$ 5,000	\$ 3,000	\$ 1,500	\$ 1,500		\$ 11,000
32321	Chore services						\$ -
32326	Guardian/conservator						\$ -
32327	Representative payee						\$ -

FY 2024 Budget	CCNIA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)	\$ 7,000	\$ 2,000				\$ 9,000
33345	Ongoing rent subsidy						\$ -
33399	Other basic needs	\$ 2,500	\$ 2,500	\$ 1,000	\$ 1,000		\$ 7,000
41305	Physiological outpatient treatment						\$ -
41306	Prescription meds	\$ 3,000					\$ 3,000
41307	In-home nursing	\$ 15,000					\$ 15,000
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program	\$ 5,000					\$ 5,000
42363	Day treatment						\$ -
42396	Community support programs	\$ 27,000					\$ 27,000
42399	Other psychotherapeutic treatment						\$ -
43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -
44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail	\$ 15,000					\$ 15,000
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						\$ -
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds						\$ -
63399	Other 1-5 beds						\$ -
	Community Living Supports	\$ 334,500	\$ 57,500	\$ 10,000	\$ 8,000		\$ 410,000
Other Congregate Services							

FY 2024 Budget	CCNIA MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
50360	Work services (work activity/sheltered work)						\$ -
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 275,000					\$ 275,000
64XXX	ICF 6 and over beds (64317 & 64318)						\$ -
64329	SCL 6 and over beds						\$ -
64399	Other 6 and over beds						\$ -
	Other Congregate Services Total	\$ 275,000	\$ -	\$ -	\$ -		\$ 275,000
Administration							
11XXX	Direct Administration					422,000	\$ 422,000
12XXX	Purchased Administration					86,000	\$ 86,000
	Administration Total					\$ 508,000	\$ 508,000
	Regional Totals	\$ 2,301,000	\$ 152,000	\$ 43,000	\$ 34,500	\$ 508,000	\$ 3,038,500
(45XX-XXX)County Provided Case Management							\$ -
(46XX-XXX)County Provided Services							\$ -
	Regional Grand Total						\$ 3,038,500

Transfer Numbers (Expenditures should only be counted when final expenditure is made for services/administration. Transfers are eliminated from budget to show true regional finances)

13951	Distribution to MHDS regional fiscal agent from member county						\$ -
14951	MHDS fiscal agent reimbursement to MHDS regional member county						\$ -

*24 hour crisis line and warm line are transitioning from additional core to state wide services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

FY 2024 Budget	CCNIA MHDS Region		
Revenues			
	Projected Fund Balance as of 6/30/23		\$ 638,213
	Local/Regional Funds		
1010	Delinquent Property Tax		
25XX	Other Governmental Revenues		
4XXX-5XXX	Charges for Services		
5310	Client Fees		
60XX	Interest		
6XXX	Use of Money & Property		
8XXX	Miscellaneous		
9040	Other Budgetary Funds (Polk Transfer Only)		
	State Funds		\$ 2,563,000.00
24XX	State/Federal pass thru Revenue		
2644	State Regional Service Payments		
2643	State Incentive Funds		
	Other		
	Federal Funds		\$ -
2345	Medicaid		
	Other		
	Total Revenues		\$ 2,563,000

Total Funds Available for FY2024	\$ 3,201,213
FY24 Actual Regional Expenditures	\$ 3,038,500
Accrual Fund Balance as of 6/30/2024	\$ 162,713

F. Financial Forecasting Measures



Throughout the year, Care Connections of Northern Iowa staff and stakeholders will identify unmet needs and areas for service development, which are incorporated into subsequent strategic plans and budgets to address the domains of access to service, life in the community, person-centeredness, health and wellness, quality of life and safety, and the utilization of family and natural supports.

Care Connections of Northern Iowa has complied with legislation and has continued to work towards achieving legislated fund balances. *Moving forward* Care Connections is working through forecasting the financial changes, quarterly payments as well as a continued reduction of fund balance. We work to maintain a constant balance between the extensive programming demands of legislated MHDS Redesign (HF 2456 and HF 690) and the need for sustainable funding of our various investments in services.

Our Region realizes the responsibility to develop and maintain access to the regional service array across all member counties within our significantly rural Region. Combine our rural member county configuration with workforce shortages in mental health and disability services and unprecedented COVID-19-related challenges, we will rely once again on our partnerships with stakeholders to establish priorities and inform our regional development decision-making based on data, including utilization and efficiencies to deliver positive client outcomes.

We have and will continue to identify mutually beneficial opportunities for adults, children, and their communities to coordinate crisis services, treatment, employment, supportive housing, and enhanced service coordination to build on a sound, effective, and sustainable investment plan.

We strive to have our infrastructure provide better response and to comply with access and fidelity standards. With the passage of SF 619 and the changes that followed such as the development of a performance-based contract between CCNIA and Health and Human Services which identifies the following areas:

- Provision of Access of all core services.
- Partner with HHS to provide accountable mental health and disability services system, which includes standardizing definitions, data elements, and data collection, developing tools for service-wide system outcome goals, and utilizing common data systems and metrics to allow data validation and quality assurance processes.
- Improve Service Provision by use of Evidence-Based Practices (EBP's).
- Report administrative costs annually.

With these specific activities included in the contract, this will also shape the work of the financial practices of the Region as the aim is to standardize practices between regions, resulting in possible financial changes and policy changes. The Leadership of CCNIA as well as the Governing Board will continue to monitor and work towards meeting and exceeding standards.

Specifically in FY 24 Care Connections has plans to expand our team to better meet the needs of the citizens through Program planning, development, ongoing management as well as quality assurance of programming. While this position will add to the Administrative cost and structure of the Region it is

apparent that the development of services and workflows will better aid the citizens. The goal is to work towards more preventive measures, build up services, and provide technical assistance and quality assurance to ensure the resources are utilized well and cost-effective.

Interdisciplinary teams have been or will continue to be assembled to address the projects listed below as part of the region’s strategic plan priorities. These teams continue to examine and evaluate the regional system’s infrastructure that focuses on crisis and non-emergent interventions, and treatment while developing meaningful avenues to address social determinants of health, including but not limited to supported housing, employment, and community integration.

The following table reflects regional strategic plan priority areas and the strategy to develop and implement them.

Strategic Plan Priority Area	FY24 Strategy
Data Analytics	Collaboration with Regional CEO Collaborative, MHDS Regions, HHS MHDS, MCO’s, and stakeholders to implement contract expectations such as standardizing definitions, data elements, metrics, outputs, and outcomes. CCNIA will work towards ongoing streamlining processes and collaboration for a no-wrong-door approach into the MHDS System in Iowa
Evidence-Based Practices	Collaboration with Region CEO Collaborative, MHDS Regions, HHS MHDS, MCO’s and stakeholders to research and provide standardized information statewide for the improvement of service provision by the use of Evidence-Based Practices.
Community Crisis Services / Mobile Crisis	Partner with Stakeholders to coordinate Crisis Diversion with a mobile response team for the region’s hospital Emergency Departments, Schools, and Clinics, and with Law Enforcement for Adults and Children
Justice-Involved Services/ Community-Based Competency Restoration	Partner with Stakeholders for screening and Treatment options for Adult Individuals with Multi-Occurring Disorders.
Community Crisis Stabilization Services	Provided in a community-based setting to de-escalate and stabilize an individual following a mental health crisis for Adults and Families
Community Crisis Services Residential	Partner with Plains Area Mental Health Center and Sioux Rivers region to contract for Residential Crisis Beds for regional access. Continue to build and collaborate with neighboring regions for access to services.
Community Living	Partner with Stakeholders to develop community living alternatives for individuals for transition

	services, short-term and longer-term 24-hour Residential Care within the Care Connections of Northern Iowa region as we build capacity for additional community-based residential options, including intensive residential and supported housing initiatives.
Transportation	Partner with Transportation Providers for employment and essential Services
Family Support	Education of Family members of persons with disabilities through the ISU Caregivers Connections and NAMI to provide support and assistance as needed for Adults and Families with Children for early intervention
Service Management	Regional Service Coordination to support linkages between clients (adults and children), their families, service providers, and community resources to improve access, and identify and mitigate gaps in service when applicable.
Transition to Adult Services	Regional Service Coordination with Schools to ID, screen, and assist with transition plan with students who have disabilities
Workforce Shortages	Regional Opportunities for provider workforce shortage support, incentive programs, and educational support. Partner with other MHDS Regions and Stakeholders toward apprenticeship programs.
Stigma	Partner with stakeholders, MHDS Regions, HHS, Your Life Iowa, and Mobile Crisis Providers to increase Brain Health Awareness and reduce stigma.
Transitional Living	Collaborate with stakeholders, community providers, and the community to support individuals achieving maximum potential in the least restrictive care in the community when appropriate.
Prevention/ Education & Children's Services	Education of Family Members' children with SED children.

G. Provider Reimbursement Provisions


The following is a description of the types of funding used by Care Connections of Northern Iowa

- Fee for service:
The Region will contract with MHDS providers whose base of operation is within the region. Care Connections of Northern Iowa may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as-needed services. A fee-for-service approach will be utilized in most provider contracts outlining the services to be provided and the rate of

reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court-ordered payments, such as civil commitment costs and crisis services.

- Block grant payments
Block Grant payments are made to regional service providers when the service they are delivering is on a per capita basis and does not have the adequate funding for other sources to cover the operational costs i.e. Mobile Crisis Response.
- Compensation for a “system of care” approach: Care Connections of Northern Iowa does not have a per member/per month reimbursement model in place but it is the goal to practice this value-based contracting in the future to manage population health.
- Use of nontraditional providers:
When a non-traditional provider arrangement is more appropriate than a fee-for-service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or another community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and maybe rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer’s stated goals or outcomes. A request for funding can be made by any consumer, or the consumer’s authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.
- Incorporation of all funding sources for individuals including Medicaid:
The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. Care Connections of Northern Iowa will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms. The use of exceptions to policy (IAC 331.393 2 (h) are provided in cases where hardships and factors i.e. income and resource access and/or availability impedes the ability of the individual and/or their families to optimally live, work, and recreate in integrated communities of their choice.

H. CCNIA Regional Provider Network-

<p style="text-align: center;">CCNIA Regional Network of Providers</p> 	<p style="text-align: center;">Funded Programs in the CCNIA Region</p>
<p>Avera McKennon Hospital 4400 West 69th Street Sioux Falls, SD 57108 605-322-4000</p>	<p>Adult and Children's Inpatient Psychiatric Services</p>
<p>Berryhill Center 720 Kenyon Road Fort Dodge, IA 50501 (515) 955-7171 or (800) 482-8305</p>	<p>Adult and Children's Counseling Services</p>
<p>Broadlawns Regional Medical Center 1801 Hickman Road Des Moines, IA 50309 515-282-2200</p>	<p>Adult Inpatient Psychiatric Services</p>
<p>Cedar Valley Ranch 2591 61st St Ln, Vinton, IA 52349 Phone: (319) 472-2671</p>	<p>Adult Residential Services</p>
<p>Cherokee Mental Health Institute 1200 W. Cedar Cherokee, Iowa 51012 712-225-2594</p>	<p>Adult and Children's Inpatient Psychiatric Services Admission and Discharge Coordination Services</p>
<p>Community and Client Services of Iowa 518 9th Ave. N. Sibley, Iowa 51249 712-754-3608</p>	<p>Adult-Supported Community Living</p>
<p>Duncan Heights 236 State Street Box 444 Garner, IA 50438 614-923-3337</p>	<p>Adult-Supported Community Living</p>
<p>Exceptional Opportunities Inc. 119 S Jones St, Algona, IA 50511 515-295-7807</p>	<p>Supported Community Living Supported Employment</p>

<p>Hope Haven 1800 19th St. Rock Valley IA 51247 712-476-2737 Spencer Community Site 712-262-7805 Spirit Lake Site Sibley Site</p>	<p>Adults and Children Supported Community Living Employment and Day Services Habilitation Crisis Services Peer Support</p> <p>Respite Day</p>
<p>Horizons Unlimited 3826 460th Ave. Box 567 Emmetsburg, IA 712-852-2211</p>	<p>Supported Community Living Employment and Day Services</p>
<p>Integrated Iowa Tele Health Partners West Des Moines IA 855-270-3625</p>	<p>Integrated TeleHealth in member county Jails & Hospital</p>
<p>Mercy Medical Center North IA 1000 4th St. SW Mason City, Iowa 50401 641-428-7000</p>	<p>Inpatient Psychiatric Services</p>
<p>Mercy Medical Center 1111 6th Ave. Des Moines, IA 50314 515-247-3121</p>	<p>Inpatient Psychiatric Services</p>
<p>Plains Area Mental Health Center 180 10th St. SE, Suite 201 P.O. Box 70 Le Mars, Iowa 51031 712-546-4624 Or 800-325-1192</p>	<p>Adult and Children's Integrated Health Services Outpatient Mental Health Services Multi Occurring Disorders Care Jail Services- Outpatient Assessment, Therapy, Psych Services</p>
<p>Prairie Ridge Integrated Behavioral Health 320 N Eisenhower Ave Mason City, IA 641-424-2391</p>	<p>Adults and Children Integrated Behavioral Health</p>
<p>Prairie View 18569 Lane Road Fayette, IA 52142 563-425-3291</p>	<p>Adult Residential Services</p>
<p>Pride Group 6059 390th St. Primghar, IA 51245 712-757-6375 214 Plymouth St SE Le Mars, IA 51031 712-546-6500</p>	<p>Residential Services Supported Community Living Habilitation Services</p>
<p>Seasons Center for Behavioral Health 201 E. 11th St. Spencer, IA 51301 712-264-3945 1-800-242-5101</p>	<p>Adult and Children Outpatient MH Services – Psychiatric Evaluation & Medication Management Outpatient Therapy Services Adult Assertive Community Treatment Mobile Crisis Services Crisis Screening and Assessment Multi-Occurring Disorders Care</p>

Spencer Hospital 1200 1 st Ave. E. Spencer IA 51301 712-264-6228	Inpatient Psychiatric Hospitalization
Unity Point (Iowa Lutheran & Iowa Methodist) 700 E University Ave Des Moines, IA 50316 515-2635-5612	Inpatient Psychiatric Hospitalization
Village Northwest 330 Village Circle Sheldon, IA 51201 712-324-4873	Supported Community Living Employment and Day Services
Willow Heights 60191 Willow St. Atlantic, IA 712-243-3411	Residential Services Supported Community Living
Winnebago County Public Health 216 S. 4 th St. Forest City, Iowa 641-585-4763	In-Home Nursing
One Vision 1200 N. 9 th St. Clear Lake 50428 641-357-5277	Supported Community Living Employment and Day Services

I. 2023 Annual Federal Poverty Guidelines

Household Size	150%	200%
1	21,870	29,160
2	29,580	39,440
3	37,290	49,720
4	45,000	60,000
5	52,710	70,280
6	60,420	80,560
7	68,130	90,840
8	75,840	101,120

150 % Add 9,645 for each person in the household over 8 persons

200% Add 12,860 for each person in a household over 8 persons

J. CCNIA Governing Board and Advisory Board Members



Craig Merrill		Board Chair		Secretary	Vice Chair
Palo Alto County	Jayson Vande Hoef Osceola County	Barry Anderson- Clay County	Carter Nath Kossuth County	Bill Jensvold Winnebago County	A.J. Stone Worth County



Michelle Huntress Education Representative	Amanda Schmidt Educational Representative	Holly Boettcher Parent Representative
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CCNIA FY 23 Adult Advisory Board	
Members	Representative For:
Barry Anderson	Governing Board
Jayson Vande Hoef	Governing Board
Nancy Ketcham	Clay Consumer/Parent
Hope Haven Seasons Center Plains Area Mental Health Horizon's Duncan Heights Berryhill Prairie Ridge Exceptional Opportunities	Service Providers Children's Behavioral Health Services
Sandra Moniot	Consumer/ Peer Support Specialist
Jeannette Renshaw	Retired Department of Corrections

CCNIA FY 23 Children's Mental Health Advisory Board	
Member	Representative for:
Holly Boettcher	*Parent of a Child with SED who utilizes BH Services
Amanda Schmidt and/or Michelle Huntress	*Educational Representative
Michelle Huntress	Early Childhood Advocate
Tom Jorgensen	Child Welfare Advocate
Lorrie Young	Children's Behavioral Health Provider
Crystal Engstrom	Juvenile Court Representative
Markie Sargent	Pediatrician/Nurse Practitioner Serving Children
Bo Miller	Local Law Enforcement
Barry Anderson Jayson Vande Hoef	Governing Board Representatives