

Mental Health and Disabilities Services Region Serving residents of Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties

The Care Connections of Northern Iowa (CCNIA) Governance Board (each county has one Supervisor representative) has reviewed and approved the region's Management, Annual Service and Budget Plan. The CCNIA, as of July 1, 2014, provides the funding of mental health and/or disability services for individuals currently administered by each county's Community Services office.

If there are other options for healthcare coverage to assist with payment of your services, you will be asked to pursue those funding sources as the Region is considered the funder of last resort.

General Eligibility Guidelines:

- ✓ The individual is a resident of this state and currently residing in one of the counties comprising the CCNIA Region. If under the age of 18, the custodial parent is a resident of the state of Iowa and the child is physically present in the state and residing in one of the counties comprising the CCNIA region.
- ✓ The individual is a United States citizen or in the United States legally.
- ✓ Gross income 150% or below federal poverty guidelines. Applicants with income above 150% and not more than 500% are eligible for regional funding with an individual copayment.
- ✓ Resources that are equal to or less than \$2,000 in countable value for a single-person household or \$3,000 for a multi-person household.
- ✓ Diagnosis of mental illness or intellectual disability, or a child diagnosed with a serious emotional disturbance.

As a regional system, we ask you to complete the enrollment/renewal process. As you complete the enrollment, we ask you to provide the following:

- ✓ A completed, signed, and dated Care Connections of Northern Iowa Regional Application
- ✓ Authorizations to Release Information to agencies/individuals involved with your care
- ✓ Verification of All Household Income (pay stubs, explanation of benefit forms, etc.)
- ✓ Verification of Resources (bank statements for checking and savings, Trust fund, Stocks, and/or Bonds, Certificates of Deposit, cash)
- ✓ If you have a legal guardian, a copy of the Guardianship papers
- ✓ Copies of all health Insurance Cards

To document the determination of your disability, a copy of your most recent psychiatric and /or psychological evaluation is needed. If you do not have a copy, please sign an authorization to release information to the clinician who can provide this for our records.

Along with authorizations to release information to your service providers, Care Connections requests an authorization to release information to the Department of Human Services be signed. The Region has consistent contact with this state agency, who provider oversight through its Mental Health and Disability Services Bureau for regional administration and funding for mental health and disability services.

Care Connections is compliant with the Health Insurance Portability and Accountability (HIPAA) Act which outlines the handling of your private health care information.

We look forward to continuing our work with you and your service providers within the regional administrative structure.

If you have specific questions about the region, please contact Care Connections of Northern Iowa at 712-264-3945 or at intake@ccnia.org

Clay · Kossuth · Osceola · Palo Alto · Winnebago · Worth



Care Connections of Northern Iowa Application Form For individuals living in: Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties

Application Date:	te:Date Received by Office:						
First Name:	Last Name: MI:				MI:		
Nickname:	Maiden Name:						
Birth Date:	Ethnic Background	d: White Af	rican American 🔲 🏻	Native Ame	rican 🗌 Asian	Hispanic	Other
Sex: Male Fe	emale US Citizen: Ye	es No If you	are not a citizen,	are you in	the country	egally? Ye	s No
SSN#		_ State ID:					
Marital Status:	Never married	Married	Divorced	Separ	rated	Widowed	
Veteran Status:	Yes No Branch 8	Type of Discha	rge:		_Dates of Se	ervice:	
Legal Status:	Voluntary Invol	untary-Civil	Involuntary-Cr	iminal	Probation	Parole	Jail/Prisor
Are you considered	d legally blind? Yes	No If yes,	when was this de	etermined ¹	?		
Primary Phone #:		May	we leave a mess	age? □ve	s 🗆 No		
	:Street			City	State		County
Date you moved here	e: Reside:	Alone With	Relatives <u></u> ⊎nrel	lated Perso	ons County o	f Residence:	
Current Mailing Add	ress: Yes No If r	not,	Street Address			State	Country
Current Residentia	l Arrangement: (Check	applicable arran			City	State	County
	dence /Family Life Home	RCF	omm. Living		MHI Ho ctional Facilit	meless/Shelt y	er/Street
Current Service Pro							
Name:			Location:				
1							
2							
3							
3							
Current Employmer	nt: (Check applicable empl	oyment)					
Unemployed, av Employed, Part Work Activity Vocational Reha	time	Retired	d, unavailable for ork Employment mployed		Student	d, Full time ed Employme orces	nt

Employment History: Employer	Current Employer: Position:				
Employer City, State Job Title Duties To/From 1.	Dates of Employment:	Hourly Wage:	Hourly Wage: Hours worked weekly:		
1. 2. 3. 3. 5. 5. 5. 5. 5. 5	Employment History:				
1.	Employer	City, State	Job Title	Duties	To/From
Education: What is the highest level of education you achieved? # of years	· · ·	••			
Education: What is the highest level of education you achieved? # # of years Degree Emergency Contact: Relationship: Phone: Guardian/Conservator appointed by the Court? Yes No Protective Payee Appointed by Social Security? Yes No Legal Guardian Conservator Protective Payee Conservator (Please check those that apply & write in name, address etc.) Name: Address: Address: Address: Phone: Address: Phone: Address: Phone: Address: Address: Address: Address: Address: Address: Address: Phone: Interest Address: Address: Phone: Interest Interest Address: Phone: Interest Interes	2.				
Emergency Contact:	3.				
Address:	Education: What is the highest leve	el of education you achie	ved?#	of years	Degree
Address:	Emergency Contact:		Relationship:		
Guardian/Conservator appointed by the Court?	Address:				
Legal Guardian Conservator Protective Payee Clease check those that apply & write in name, address etc. Name:			Protective Paye	e Appointed by Social Se	ecurity? Yes No
Name Date of Birth Relationship	(Please check those that apply & Name:	write in name, address et	Name	lease check that apply 8	write in name, address etc.)
1. 2. 3. 4. 5. INCOME: Proof of income is required with this application such as: pay-stubs, tax-returns, recent bank statements, etc. If you have reported no income below, how do you pay your bills? (Do not leave blank if no income is reported) Gross Monthly Income (before taxes): Applicant Amount: Others in Household Amount: (Check Type & fill in amount) Social Security SSDI SSI Veteran's Benefits Employment Wages FIP Child Support Rental Income Dividends, Interest, Etc Pension Other	List all People in Household:				
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(Check Type & fill in amount) Social Security SSDI SSI Veteran's Benefits Employment Wages FIP Child Support Rental Income Dividends, Interest, Etc Pension Other					
Total Monthly Income:	(Check Type & fill in amount) Social Security SSDI SSI Veteran's Benefits Employment Wages FIP Child Support Rental Income Dividends, Interest, Etc Pension): Applicant Am	ount:	Others in Household	d Amount:

Household Resources: (Check and fill in amount and location):

	Amount:	BANK, TRUSTEE, OR COMPANY
Cash		
Checking Account		
Savings Account		
Certificates of Deposit		
Trust Funds		
Stocks and Bonds (cash value?)		
Burial Fund/Life Ins (cash value?).		
Retirement Funds (cash value?)		
Other		
Other		
Total Resources:		
Motor Vehicles: Yes No M	1ake & Year:	Estimated value:
(include car, truck, motorcycle, boat, M		
Recreational vehicle, etc.)	lake & Year:	
Do you, your spouse or dependent child	dren own or have interest in t	the following:
Yes No House including the one y	ou live in? Yes No Any	other real-estate or land? Other
If yes to any of the above, please explain	n:	
		Yes No If yes, what did you sell or give away?
Health Insurance Information: (Check a Primary Carrier (pays 1st)	Ill that apply)	condary Carrier (pays 2 nd)
Applicant Pays	☐ MEPD ☐ Me	olicant Pays
Company Name		Company Name
Address		Address
Policy Number: (or Medicaid/Title 19 or Medicare Claim Number) Start Date: Spend Down: Deductible:	Yes □No St	Policy Number
Referral Source:		
Self Community Correction	s Family/Friend	Social Service Agency
Targeted Case Management	Other	Other Case Management
Have you applied for any of the pub		· -
	• •	rral) Please advise if your application has been
	ie denial, please advise of the	e date of appeal Please advise if
you have applied for reconsideration. P		e date of appeal Please advise if a hearing with an Administrative Law Judge and
you have applied for reconsideration. P the date of the scheduled hearing:	lease advise if you have had	

Medicaid_____ DHS Food

Assistance:_____

Veterans	Unemployment	
FIP	Other	Other
Disability Group/Primary Diagno Mental Illness Intellectual Disabi Specific Diagnosis determined by	ity Developmental Disability Sub	stance Abuse Brain Injury Date:
Axis I:		Date: Dx Code:
Axis II:		Dx Code:
authorize the Care Connections verification with lowa county g I understand that the informat	of Northern Iowa staff to check for overnment and the state Iowa Dep ion gathered in this document is for equested, and in assuring the appro	ion is true and complete to the best of my knowledge, and I or verification of the information provided including pt. of Human Services (DHS) staff. or the use of Care Connections of Northern Iowa in establishing opriateness of services requested. I understand that
Applicant's Signature (or Legal G	iuardian)	Date
Signature of other completing fo	rm if not Applicant or legal Guardi	ian Date
FOR REGIONAL OFFICE USE OF Serification of All Househor Copies of Guardianship Page Releases of Information	ld Income	
☐ HIPAA Signature Form ☐ Psychological Evaluations/I ☐ Copies of All Health Insurar ☐ Diagnosis Sheet		

Care Connections of Northern Iowa 215 W. 4th St. Suite 6 Spencer IA 51301

> PHONE: 712-264-3945 FAX: 712-262-9016

EMAIL: intake@ccnia.org

WEB: ccnia.org

Authorization for the Use or Disclosure of Confidential Information

Counties and Mental Health and Disability Services Regions in the State of Iowa (referred to hereafter as "Entity")

NOTE: A PHOTOCOPY OF THIS SIGNED AUTHORIZATION IS HEREBY AS EFFECTIVE AS THE ORIGINAL.

As required by the Health Insurance Portability and Accountability Act of 1996, the Entity may not use or disclose your protected health information except as provided in our Notice of Privacy Practices without your authorization. Additionally, Iowa Code §§ 228, 35B, 141A and 252.25 require authorization for the release of certain confidential information. Your signature on this form indicates that you are giving permission for the uses and disclosures of protected health information and other confidential information described herein. You may revoke this authorization at any time by signing and dating the revocation section on your copy of this form and returning the signed revocation section to this office.

AUTHORIZATION SECTION		
Client Name:	Date of Birth:	Client #:
Address:		
or Iowa Mental Health and Disability Services Regions arranged with the counties or Regions to perform relate profit agencies providing financial assistance (a list of th	("Regions") listed on Exhibit A, att d duties on behalf of the counties of current affiliated case manageme	w, regarding the above named client, with any lowa counties ached hereto, and/or with providers or agencies who have r Regions, law enforcement agencies, and community nonnt entities, law enforcement agencies, community non-profit the exception of the following lowa counties, Regions or
The undersigned authorizes the lowa counties and Region the lowa counties or Regions listed on Exhibit A, to share		ase management and other providers who are affiliated with other for the purposes identified below.
Information to be disclosed includes:		For the following purposes:
To law enforcement agencies, providers or agencies who or Regions to perform related duties on behalf of the coucommunity non-profit agencies providing financial assists Address type, Insurance information, Events, All applicat Resources and Income, and Name of person and entity to does not include any information related to HIV/AIDS or substance use disorder treatment information. To lowa counties and Regions listed on Exhibit A and/or Billing information, including claims payment and claims Other services received including hospitalizations; Medical information; Employment information, Education information Medical History; Medications; Allergies; Case Management Plans, social history, discharge summaries and client corapplications, investigation reports, and case records related to the couchy of the	nties or Regions, and/or ance: Care Team information, ions, Employment information. This a related testing, mental health, case management agencies: history; Funding authorizations; al record including diagnosis tion; Resources and income; ent Information including: service atact information; and All ted to county general assistance	In keeping with national, state and local efforts to enhance care coordination, parties will access/disclose records for the purposes of: coordinating treatment/care, determining benefit eligibility, obtaining authorizations, jail based service coordination, coordinating the funding for services and other benefits available to you, and assisting with state and federal reporting requirements. Parties will access/disclose records for the purposes of: coordinating treatment, paying claims, determining benefit eligibility, obtaining authorizations, jail based service coordination, funding for services and abiding by state and federal reporting requirements.
and county commissions of veteran affairs described in least to the second of the seco		00.5505044.44W
SPECIFIC AUTHORIZATION FOR RELEASE OF INFO I hereby specifically authorize the release and sharing of agencies, relating to: (check any that apply) NOTE: This authorization for release of information of disorder treatment.	information with Iowa Counties and	Regions listed on Exhibit A and/or case management
□ HIV/AIDS Related Testing Information □M disc Info	losure of psychotherapy notes. The	s Authorization may not be used to authorize the use or client has the right to inspect any disclosed Mental Health h Information is disclosed, a copy of this Authorization shall tal Health Information).
Expiration Date. This Authorization is in effect from t	he date of your signature until it is	s revoked, unless a different date is listed below:
listed at the top of this form, except to the extent that Authorization as a condition of obtaining treatment, p.	t action has been taken in reliance ayment, enrollment or eligibility for Authorization potentially could be su	opy of this form and returning it to the Entity at the address on this Authorization. You are not required to sign this benefits. You may inspect and/or copy the information bject to redisclosure by the recipient, and if redisclosed, the
By signing below, I acknowledge that I have read a Authorization form.	and I understand this Authorizati	on form. I also acknowledge receipt of a copy of this
Signed:	Date:	
Print Name:	Telephone:	
If not signed by the client, please indicate relationship:		
□ parent or guardian of minor client □ guardian or conservator of a client (if and to the exten		☐ personal representative of deceased client☐ other (specify)
Copy sent to Client/Guardian on:	(date) at following address:	

A COPY OF THIS SIGNED AUTHORIZATION MUST BE GIVEN TO THE CLIENT OR CLIENT'S PERSONAL REPRESENTATIVE

Notice to Recipients of Mental Health Information: In accordance with lowa Code Chapter 228, a recipient of mental health information may further disclose this information *only* with the written authorization of the subject or the subject's legal representative or as otherwise provided in Chapters 228. The unauthorized disclosure of mental health information is unlawful. Civil damages and criminal penalties may be applicable to the unauthorized disclosure of mental health information.

Notice to Recipients of HIV-Related Testing Information: This information may have been disclosed to you from records whose confidentiality is protected by state law, and penalties under lowa Code Chapter 141A apply to the unauthorized disclosure of these records.

EXHIBIT A

	EXTIIDI	<u> </u>		
Iowa Counties:	Floyd	Monroe	Laura Marutal I I addis an al	
Adair	Franklin	Montgomery	Iowa Mental Health and Disability Services	
Adams	Fremont	Muscatine	Regions:	
Allamakee	Greene	O'Brien	Care Connections of Northern Iowa	
Appanoose	Grundy	Osceola		
Audubon	Guthrie	Page	Central Iowa Community	
Benton	Hamilton	Palo Alto	Services	
Black Hawk	Hancock	Plymouth	County Rural Offices of	
Boone	Hardin	Pocahontas	Social Services	
Bremer	Harrison	Polk	County Social Services	
Buchanan	Henry	Pottawattamie	Eastern Iowa MHDS	
Buena Vista	Howard	Poweshiek	Heart of Iowa	
Butler	Humboldt	Ringgold	Ticalt of lowa	
Calhoun	Ida	Sac	Mental Health Agency of	
Carroll	Iowa	Scott	Southeast Iowa	
Cass	Jackson	Shelby	MHDS of the East	
Cedar	Jasper	Sioux	Central Region	
Cerro Gordo	Jefferson	Story	Polk County Health	
Cherokee	Johnson	Tama	Services	
Chickasaw	Jones	Taylor	Rolling Hills Community	
Clarke	Keokuk	Union	Services	
Clay	Kossuth	Van Buren	Sioux Rivers MHDS	
Clayton	Lee	Wapello	Southern Hills Regional	
Clinton	Linn	Warren	Mental Health	
Crawford	Louisa	Washington	Southwest Iowa MHDS	
Dallas	Lucas	Wayne		
Davis	Lyon	Webster		
Decatur	Madison	Winnebago		
Delaware	Mahaska	Winneshiek		
Des Moines	Marion	Woodbury		
Dickinson	Marshall	Worth		
Dubuque	Mills	Wright		
Emmet	Mitchell			
Fayette	Monona			

REVOCATION SECTION

hereby revoke this Authorization.		
Signed:	Date:	
Copy sent to Client/Guardian on:	(date) at following address:	v14, Approved 6.26.19



Release of Information

CLIENT					
ADDRESS:	DATE OF BIRTH:				
I, the undersigned, hereby authorize the staff of Care Co obtain the information indicated below, regarding the abo					
obtain the information indicated below, regarding the ab-	ove named consumer, with.				
Name of Person or Agency					
Complete Mailing Address The information being released will be used for the fellow	uing purposes				
The information being released will be used for the following Planning and implementation of Services	Referral for new or other services				
Coordination of services	Other (Specify)				
Monitoring of services					
Your eligibility for services or funding is is not d	ependent upon signing this release. {See CFR				
164.508(b)(4)}					
INFORMATION TO BE RELEASED FROM	INFORMATION TO BE OBTAINED FROM				
COMMUNITY SERVICES:	THE AGENCY INDICATED ABOVE:				
Yes No \\	∕es No □ □ SOCIAL HISTORY				
☐ ☐ SOCIAL HISTORY ☐ ☐ PROGRESS SUMMARY REPORT	EDUCATIONAL/VOCATIONAL PLANS				
☐ ☐ INDIVIDUAL COMPREHENSIVE PLAN	☐ ☐ PROGRESS SUMMARY				
ANNUAL REVIEW	PSYCHOLOGICAL EVALUATION/ REPORTS				
☐ ☐ DISCHARGE SUMMARY	PSYCHIATRIC ASSESSMENT / REPORTS				
☐ RE-RELEASE OF 3 RD PARTY INFO (Specify)	☐ MEDICAL HISTORY				
(Your information will not be re-released without a signe					
TREATMENT PLAN	DISCHARGE SUMMARY				
OTHER (Specify)	RE-RELEASE OF 3 RD PARTY INFO				
(Specify)	☐ ☐ FINANCIAL DOCUMENTATION ☐ ☐ OTHER (Specify)				
This authorization shall expire on:	(Not to exceed 12 months)				
At that time, no express revocation shall be needed to to consent is voluntary and I may revoke this consent at an Connections of Northern Iowa. I understand that any infibe used for the purposes listed above and does not constitute that the consent is the consent in the consent in the consent is the consent in the cons	y time by sending a written notice to Care ormation released prior to the revocation may				
understand that any disclosure of information carries with it the potential for un-authorized re-disclosure					
and once the information is disclosed, it may no longer be protected by federal privacy regulations. I					
understand that I may review the disclosed information be Connections of Northern Iowa.	by contacting the recipient named of Care				
SPECIFIC AUTHORIZATION FOR RELEASE OF INFO	RMATION PROTECTED BY STATE OR				
FEDERAL LAW: I specifically authorize the release of data ar					
Signature of Client or Legal Guardian:	Date:				
SPECIFIC AUTHORIZATION FOR RELEASE OF INFO	f NOT The Client PRMATION PROTECTED BY STATE OR				
FEDERAL LAWS: I specifically authorize the release of data and inform	nation relating to:				
☐ Substance Abuse (must be signed by the consumer	HIV-Related Information				
Client Signature Date	Guardian Signature Date				
In order for this information to be released, you must sig					
	_				
Copy given to Client on: OR	Client refused copy on:				



Release of Information

CLIENT	
ADDRESS:	DATE OF BIRTH:
I, the undersigned, hereby authorize the staff of Care C	
obtain the information indicated below, regarding the al	bove named consumer, with:
Name of Person or Agency	
Name of Ferson of Agency	
Complete Mailing Address	
The information being released will be used for the following	
Planning and implementation of Services	Referral for new or other services
Coordination of services	Other (Specify)
Monitoring of services	
Your eligibility for services or funding is is not	dependent upon signing this release. {See CFR
164.508(b)(4)}	INFORMATION TO BE OBTAINED FROM
INFORMATION TO BE RELEASED FROM	INFORMATION TO BE OBTAINED FROM
COMMUNITY SERVICES:	THE AGENCY INDICATED ABOVE:
Yes No	Yes No
SOCIAL HISTORY	SOCIAL HISTORY
PROGRESS SUMMARY REPORT	☐ ☐ EDUCATIONAL/VOCATIONAL PLANS
☐ ☐ INDIVIDUAL COMPREHENSIVE PLAN	PROGRESS SUMMARY
ANNUAL REVIEW	PSYCHOLOGICAL EVALUATION/ REPORTS
DISCHARGE SUMMARY	PSYCHIATRIC ASSESSMENT / REPORTS
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(Your information will not be re-released without a sign TREATMENT PLAN	ed authorization) DISCHARGE SUMMARY
	RE-RELEASE OF 3 RD PARTY INFO
OTHER (Specify)	FINANCIAL DOCUMENTATION
(Specify) Diagnostic	= =
This authorization shall expire on:	OTHER (Specify)(Not to exceed 12 months)
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Relationship	if NOT The Client
SPECIFIC AUTHORIZATION FOR RELEASE OF INFFEDERAL LAWS:	ORMATION PROTECTED BY STATE OR
I specifically authorize the release of data and infor	mation relating to.
☐ Substance Abuse (must be signed by the consume	er)
Client Signature Date In order for this information to be released, you must si	Guardian Signature Date ign here and on the signature line above.
Copy given to Client on:	R Client refused copy on:



Release of Information

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COMMUNITY SERVICES:	THE AGENCY INDICATED ABOVE:				
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☐ ☐ SOCIAL HISTORY ☐ ☐ PROGRESS SUMMARY REPORT	EDUCATIONAL/VOCATIONAL PLANS				
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ANNUAL REVIEW	PSYCHOLOGICAL EVALUATION/ REPORTS				
☐ ☐ DISCHARGE SUMMARY	PSYCHIATRIC ASSESSMENT / REPORTS				
☐ RE-RELEASE OF 3 RD PARTY INFO (Specify)	☐ MEDICAL HISTORY				
(Your information will not be re-released without a signe					
TREATMENT PLAN	DISCHARGE SUMMARY				
OTHER (Specify)	RE-RELEASE OF 3 RD PARTY INFO				
(Specify)	☐ ☐ FINANCIAL DOCUMENTATION ☐ ☐ OTHER (Specify)				
This authorization shall expire on:	(Not to exceed 12 months)				
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Signature of Client or Legal Guardian:	Date:				
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Client Signature Date	Guardian Signature Date				
In order for this information to be released, you must sig					
	_				
Copy given to Client on: OR	Client refused copy on:				

CARE CONNECTIONS OF NORTHERN IOWA NOTICE OF PRIVACY PRACTICES

March 21, 2014 Amended May 26, 2020

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this notice, please contact Melissa Loehr, CCNIA Regional Chief Executive Officer at 215 W. 4th St. Suite 6. Spencer, IA 51031 or 712-264-3945.

Care Connections of Northern Iowa is required by law to maintain the privacy of your Health Information and to provide you with this notice of their legal duties and privacy practices with respect to your Health Information and to notify you following a breach of unsecured Health Information. This notice is being issued to comply with the requirements of the Privacy Rules under the Health Insurance Portability and Accountability Act ("HIPAA Privacy Rules").

WHO SHOULD READ THIS NOTICE?

This notice is for participants enrolled in services covered by the regional Management Plan of the Care Connections of Northern Iowa, a legal entity formed by a 28 E Agreement between Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties.

WHAT IS HEALTH INFORMATION?

For purposes of this notice, your "Health (or medical) Information" is information that identifies you and relates to your past, present or future physical or mental health or condition; the provision of health care to you; or the past, present, or future payment for health care furnished to you. It includes genetic information as defined under Title I of the Genetic Information Nondiscrimination Act of 2008.

WHAT GROUP HEALTH PLANS ARE COVERED BY THIS NOTICE?

The following plan is covered by this notice (collectively the "Plans"):

• Care Connections of Northern Iowa (CCNIA) Regional Management Plan

The term "we," "our" or "us" in this notice refers to the Plans listed above and may include selected employees of the participating counties, who conduct plan administration functions. The term "you" or "your" refers to employees and dependents who participate in a health plan covered by this notice.

Insurers of health plans are obligated to send a notice of privacy practices under the HIPAA Privacy Rules, you may also receive a privacy notice from an insurer our region's liability insurance provider. The insurer's notice will apply only to the plan it insures. This notice will apply for the self-funded health plans sponsored listed above.

The regional management plan sponsored by Care Connections of Northern Iowa is part of an organized health care arrangement. This means that these health plans may share your Health Information with each other as needed for the purposes of payment and health care operations, as described in this notice.

HOW ARE THE PLANS ADMINISTERED?

The CCNIA Management Plan does not have employees. Instead, employees of the participating counties of the 28 E Agreement or, retained by Care Connections of Northern Iowa, administer the Plan. Certain employees of Participating Counties of the 28E Agreement perform administrative services for the Plans. When these employees perform plan administration functions on behalf of the Plans, they keep your Health Information separate and do not share it with other employees within the Care Connections of Northern Iowa unless permitted by the HIPAA Privacy Rules.

HOW MAY YOUR HEALTH INFORMATION BE USED OR DISCLOSED?

The following categories describe the different ways your Health Information may be used or disclosed. Each permitted use or disclosure falls within one of these categories. However, not every specific use or disclosure permitted in each category is described.

Payment. Your Health Information will be used for payment purposes. Payment includes, among other things:

- paying claims from providers for any covered treatment and services provided to you;
- determining disputed claims, eligibility for benefits, coordination of benefits, and cost sharing arrangements;
- asserting our right to subrogation and reimbursement;
- examining medical necessity;
- obtaining payment under stop loss insurance; and
- conducting utilization review.

We may not however use or disclose any Health Information that is genetic information for underwriting purposes.

Example

When you obtain a covered health service, your provider may submit Health Information to us, and we may create or access Health Information to arrange payment of the claim.

Health Care Operations. Your Health Information may be used to operate and administer the Plans. These operations include, among other things, engaging in care coordination, case management, disease management, risk assessment, premium determination, audit functions, detection of fraud and abuse and quality assessments and improvement activities. We may not however use or disclose any Health Information that is genetic information for underwriting purposes.

Example

If you are diagnosed with a chronic disease, your Health Information may be used for purposes of disease management. This means you may be contacted by our disease management specialists about possible treatment alternatives.

Treatment. Your Health Information may be disclosed to health care providers (doctors, nurses, technicians, dentists, pharmacists, hospitals, and other Individuals who are involved in your care) in connection with your treatment.

Example

Your Health Information may be disclosed to your pharmacist who may request it to coordinate a pending prescription with prior prescriptions.

Plan Sponsor. Your Health Information may be disclosed to or used by the Care Connections of Northern Iowa, as Plan Sponsor, for the purpose of conducting plan administration functions, as permitted by the HIPAA Privacy Rules. Care Connections of Northern Iowa will not, however, use or disclose your Health Information created by or received from the Plan for any employment related functions, without your authorization.

Business Associates. Auditors, attorneys, consultants, and the like ("business associates") will be hired to assist in operating and administering the Plan. Our business associates may use or disclose your Health Information to perform the services for which they have been hired. To protect your Health Information, each business associate must sign a contract limiting its ability to use and disclose Health Information and requiring it to implement appropriate safeguards.

Communication with You and Your Family. Generally, Care Connections of Northern Iowa will not discuss your Health Information with you or your family members without a specific signed authorization, unless it relates to basic eligibility or enrollment questions. Unless you object, Northwest Iowa Care Connections may disclose your Health Information to a family member, other relative, person authorized by law, or any other person you identify as involved in your care or the payment related to your care. Only Health Information relevant to that person's involvement in your care or the payment related to your care will be disclosed. You can restrict this disclosure at any time, subject to certain limitations. If you are incapacitated or in the event of an emergency, Care Connections of Northern Iowa will exercise professional judgment to determine whether a disclosure of this type is in your best interest.

Health Education. Your Health Information may be used to inform you about treatment alternatives or other health related benefits and services that may be of interest to you.

Judicial or Administrative Proceedings. Your Health Information may be disclosed in response to a court or administrative order, subpoena, discovery request or other lawful process if certain conditions are met and the required assurances are received.

As Required by Law. Your Health Information may be disclosed if such disclosure is required by law (e.g., to federal governmental agencies, such as the Department of Health and Human Services for the purpose of determining compliance with HIPAA Privacy Rules).

Public Health Activities. Your Health Information may be disclosed to public health or other appropriate authorities to lessen a serious and imminent threat to the health or safety of you or the public, including abuse of a vulnerable adult or child, subject to certain limitations and conditions.

Parents of Minors. Health Information of a minor child, in most cases, will be disclosed to a parent or guardian of that minor, subject to certain limitations imposed by State law.

Workers' Compensation. Your Health Information may be used to the extent authorized by and to the extent necessary to comply with laws relating to workers' compensation or other similar programs.

Other Permitted Uses and Disclosures. Your Health Information also may be disclosed to prevent abuse, neglect, or domestic violence; for health oversight activities; for the purpose of conducting research; for law enforcement purposes; to coroners, medical examiners or funeral directors; for purposes of organ donations; to avert a serious threat to health or safety and/or for specialized governmental functions.

Your Authorization. To use or disclose your Health Information for reasons other than the categories listed above, we must obtain a signed written authorization from you. You may authorize, in writing, the use or disclosure of your Health Information to any person and for any purpose specified in the authorization. You may revoke such authorization in writing at any time, but your revocation will not impact any uses or disclosures that occurred while your authorization was in effect. In certain instances, your employment with Care Connections of Northern lowa may be conditioned on you signing and not revoking an authorization.

WHAT ARE YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION?

This section describes your rights regarding your Health Information. All requests relating to any of the rights described in this section must be made in writing and must be submitted as follows:

For Care Connections of Northern Iowa, submit requests to:

Care Connections of Northern Iowa Privacy Officer Anna Miller 215 W. 4th St., Suite 6 Spencer, IA 51301 Phone: 712-264-3945

Email: amiller@CCNIA.org

Right to Access. You may request to inspect and copy your Health Information. If you request a copy, we may charge a fee for the costs of copying, mailing or other associated supplies. You will receive written notification if your request is denied. If your Health Information is maintained electronically, you have a right to obtain a copy of it in an electronic format. We will provide a copy in the electronic form and format you request if the information can be readily produced in that form and format. If the information cannot be readily produced in that form and format, we will work with you to determine a mutually agreeable form and format. If we cannot agree on an electronic form and format, you will receive a paper copy. You may also choose to have your Health Information transmitted directly to an entity or person you clearly designate.

Right to Amend. If your Health Information is incorrect or incomplete, you may request that it be amended. Your request must include a reason supporting the amendment. You will receive written notification if your request is denied. If your request is denied, you have the right to submit a written statement disagreeing with the denial, which will be appended to the Health Information in question.

Right to an Accounting of Disclosures. You may request a list of the disclosures of your Health Information, if any, that have been made other than disclosures made to you or authorized by you or for payment or health care operations. Your request must state a time period for which the accounting of disclosures will be provided, not to exceed the preceding six years from the date of the request. If you request a list more than once in a 12-month period, you may be charged a reasonable cost-based fee. You will be notified of the cost involved and you may choose to withdraw or modify your request before any costs are incurred.

Right to Request Restrictions. You may request a restriction of the Health Information that is disclosed about you to your family members, or for purposes of payment or health care operations. Generally, the Plan is not required to agree to such a restriction. If we do agree to the request, but we were not required to do so, we will abide by your restriction unless we need to use your Health Information to provide emergency treatment. In addition, we may generally elect to terminate the restriction at any time.

A covered entity (such as a health care provider) must comply with a requested restriction if the disclosure is to a health plan for purposes of payment or health care operations and the Health Information relates to a health care item or service for which an Individual paid in full out of pocket. For example, if you receive medical care and choose to pay the provider for the entire amount of care in full out of pocket, you can request that the provider not disclose such information to the Plans and the provider must agree to such request.

Right to Request Confidential Communications. If disclosure of your Health Information could endanger you, you may request that communication with you about health matters occur by alternative means or at an alternative location. For example, you may request that you only be contacted at work or by mail. Your request must include a statement that use, or disclosure may endanger you and specify how or where you wish to be contacted.

Right to Notification of Breach. You have a right to receive notice following an unauthorized access, use or disclosure of your PHI if that unauthorized access, use or disclosure is considered a "breach" as defined by the HIPAA Privacy Rules.

Right to a Paper Copy of This Notice. You may request a paper copy of this notice at any time by contacting the Care Connections of Northern Iowa Regional Chief Executive Officer at 215 W. 4th St. Suite 6. Spencer, Iowa 51301 (712)264-3945.

Complaints. If your privacy rights have been violated, you may file a complaint with the Care Connections of Northern Iowa Privacy Official or with the Secretary of the Department of Health and Human Services. You will not be penalized for filing a complaint. Complaints must be made in writing and submitted either to:

Care Connections of Northern Iowa Privacy Officer Anna Miller 215 W. 4th St., Suite 6 Spencer, IA 51301 Phone: 712-264-3945

Email: amiller@CCNIA.org

or

Department of Health and Human Services Office of Civil Rights Hubert H. Humphrey Building 200 Independence Ave. S.W. Room 509F HHH Building Washington, D.C. 20201

WHEN IS THIS NOTICE EFFECTIVE?

This notice becomes effective July 1, 2020 and will remain in effect until we replace it. The Plans are required by law to abide by the terms of this Notice, as may be amended from time to time. We reserve the right to change this notice at any time and for any reason. We reserve the right to make the revised or changed notice effective for Health Information we currently maintain as well as any information received in the future

ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICE FOR HEALTH CARE PROVIDERS

I	, do hereby acknowledge
receipt of a copy of the Notice of Privacy	
 Signature of Individual	
Date	
IN THE EVENT THIS NOTICE IS RECEIVED	VED BY THE INDIVIDUAL'S PERSONAL
REPRESENTATIVE	
Signature of personal representative	 Date
Legal authority of personal representativ	