

Family ECHO: Autism

What is Family ECHO: Autism?

From navigating a diagnosis to learning about new therapies, parents, and caregivers of children with autism need an immense amount of knowledge and support in order to provide the best care to their loved ones. But often, that information can be difficult to access.

[Family ECHO: Autism](#) is a virtual learning program for families and caregivers raising children with autism. The sessions are designed to shift medical and behavioral information from the clinic into the hands of parents and caregivers so they can learn to better support and care for their autistic children. Session topics have been chosen based on input from participants.

As an “all teach, all learn” environment, Family ECHO: Autism connects families with an interdisciplinary panel of experts from the [Autism Care Network](#). The series is designed to increase autism knowledge, build leadership skills for managing interdisciplinary care teams, and provide strategies that can be applied by families and their teams.

What can you expect?

Eligible participants will register to participate in a 75-minute Zoom session. Each session will include:

- Presentation from subject experts on critical topics and best practices related to autism
- An interactive discussion about a clinical case study
- A Q&A with the presenter and an opportunity to provide feedback
- Resources relevant to the session

Who is eligible for Family ECHO?

To be eligible to participate in a Family ECHO session, you must fall into one of these groups:

- A family member of a child or young adult with autism
- Professional working in the field of autism
- Both a family member and a professional working in the field of autism

Register for Family ECHO: Autism today and arm yourself with the knowledge you need to be your child’s best advocate.



[Family ECHO: Autism Registration](#)



REGISTER NOW

All sessions are 75 minutes and begin at 4:00pm Eastern Time (see note below). Please use the time **zone converter** to identify session time based on where you live and use Columbus, Ohio as the location.

<https://www.timeanddate.com/worldclock/converter.html>

NOTE: Eastern Daylight Time (EDT) is a [North American](#) time zone in use from the second Sunday in March to the first Sunday in November during [Daylight Saving Time](#) (DST). [Eastern Standard Time](#) (EST) is used during the remainder of the year.

Family ECHO: Autism

2023 – 2024	Session	Description
October 25, 2023 4:00 – 5:15 pm <i>Eastern Daylight Time</i>	Family, Siblings, Autistics: Making Things Happen! Amy Hess Family Partner Ellen Geib, PhD Nationwide Children’s Hospital Maddy Dever, Autistic Advocate Vice Co-Chair Autism Alliance Canada	This session is designed to inspire care team leadership, improve parent, child, and sibling relationships, and encourage the autistic advocate's voice.
November 8, 2023 4:00 – 5:15 pm <i>Eastern Daylight Time</i>	Anxiety and Autism Lisa Nowinski, PhD, Lurie Center Harvard Medical School Amanda Bennett, MD, MPH Children’s Hospital of Philadelphia	The session will review managing anxiety in ASD, effective evaluations used to assess anxiety, and behavioral and medication-based treatment options.
January 17, 2024 4:00 – 5:15 pm <i>Eastern Daylight Time</i>	Life and Advocacy with an Autistic Maddy Dever, Autistic Advocate Vice Co-Chair Autism Alliance Canada	Advocacy, Family, Individuality, and Building an Amazing Life
February 7, 2024 4:00 – 5:15 pm <i>Eastern Standard Time</i>	Sleep in Autism Beth Malow, MD Vanderbilt University Medical Center	Sleep disturbance in autism is very common. This session will discuss the causes of sleep issues, the impact of sleep issues, and strategies to improve sleep.
February 28, 2024 4:00 – 5:15 pm <i>Eastern Standard Time</i>	Challenging Behavior and Autism Nathan A. Call, PhD., BCBA Emory University Children’s Healthcare of Atlanta The Marcus Center	This session will identify types of challenging behavior with a discussion on strategies for addressing challenging behavior.
March 20, 2024 4:00 – 5:15 pm <i>Eastern Standard Time</i>	Transition to Adulthood Gary Stobbe, MD University of Washington Katrina Davis, Parent Partner University of Washington	This session will discuss factors influencing outcomes for individuals with ASD/IDD, the importance of a successful transition to adulthood, and factors related to success in adulthood including community participation/employment and co-occurring mental and physical health
April 10, 2024 4:00 – 5:15 pm <i>Eastern Standard Time</i>	Behavior Management Strategies and Discussion: RUBI for Families Barbara Mackinaw-Koons, PhD Nationwide Children's Hospital	RUBI is a therapy-based approach often used to manage challenging behaviors in children with autism, leading to happier and healthier lives. This session will discuss the RUBI approach to behavioral therapy and parenting to prevent and reduce disruptive behaviors in children.

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