

Policies and Procedures

Geographic Area:

Clay County, Kossuth County, Osceola County, Palo Alto County, Winnebago County, Worth County



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Introduction and Vision

Northwest Iowa Care Connections (NWIACC) was formed under Iowa Code Chapter 28E to create a mental health and disability service region in compliance with Iowa Code. Within this region, NWIACC created a regional management plan designed to improve health, hope, and successful outcomes for the adults in our region who have mental health disabilities and intellectual/developmental disabilities, including those with multi-occurring substance use issues, and for children in our region with serious emotional disturbance. In Early 2021 due to geographical changes in the region the name has been changed to Care Connections of Northern Iowa (CCNIA)

CCNIA will work in a quality improvement partnership with stakeholders in the region (providers, families, individuals, and partner health and human service systems) to develop a system of care approach.

CCNIA utilizes and participates in a process to utilize a framework for system design and a process for getting there, in which all programs and all persons providing care become welcoming and individual-oriented; accessible, person/family-centered, hopeful, strength-based (recovery-oriented) trauma-informed, culturally competent, and multi-occurring capable.

CCNIA will maintain local county offices wherever possible as the foundation to the service delivery system.

Basic Framework of the Regional MHDS Services Management Plan

This regional Mental Health & Disability Services Management Plan describes both the framework for system design that CCNIA organized and the process for making progress in the direction of that vision and the specific activities within the system that will be funded and monitored directly by CCNIA.

Basic Framework of the Regional MH/DS Services Management Plan

This Mental Health & Disability Services Management Plan (hereafter referred to as Plan) defines standards for member counties of CCNIA. The plan meets the requirements of Iowa Code (IC) 225C.60 and provides for costeffective, individualized services and supports that assist persons with disabilities to be as independent, productive, and integrated into the community as possible, within the constraints of available resources.

In compliance with Iowa Administrative Code (IAC) 441-25 the Plan includes three parts:

Annual Service & Budget Plan

- Access points
- Service coordination and targeted case management
- Crisis planning
- Children's behavioral health services
- Scope of services
- Budget and financing provisions
- Financial forecasting measures
- Provider reimbursement provisions

Annual Report

Services actually provided.

- Status of service development
- Actual numbers of children and adults served. •
- Documentation of each regionally designated access center has met the service standards.
- Documentation that each regionally designated ACT team has been evaluated for program fidelity.
- Documentation that each regionally designated subacute services.
- Documentation that each regionally designated intensive residential service. Financial statement of actual revenues and actual expenditures by chart of account codes, including levies by county.
- Outcomes achieved

Policies & Procedures Manual

 This document contains policies and procedures concerning management of the MHDS service and MHDS plan administration

These three documents, which comprise the Service Management Plan, are available in each local CCNIA local county community services office, on the counties' websites where available, on the Health and Human Services website https://hhs.iowa.gov/mhds-providers/providers-regions/regions, and the Region's website www.ccnia.org

A. ORGANIZATIONAL STRUCTURE

Governing Board (IC225C.57)

Care Connections of Northern Iowa' organizational structure assigns the responsibility for the non-Medicaid funded MHDS services to eligible individuals and components of system redesign. The Region, under the authority of the Governing Board, develops a comprehensive MHDS system available to all regardless of payment source.

The Governing Board of Directors contains the following Directors:

Each member county appoints one of its Board of Supervisors' members to serve as a Director on the Governing Board. The Board of Supervisors of each member county selects its Director and an alternate.

One individual who utilizes mental health and disability services or is an actively involved relative of such an individual. This Director is designated by the Adult advisory committee described below for two-year terms.

One individual representing Adult service providers in the Region. This Director is designated by the Adult advisory committee described below for two-year terms.

One individual, representing children's behavioral health service providers. This Director is designated by the Adult advisory committee described below for two-year terms.

One individual representing the education system is designated as a Director by the Children's advisory committee for two-year terms.

One individual, who is a parent of a child who utilizes children's behavioral health services or an actively involved relative of such children, will be designated as a Director by the Children's Advisory Committee for two-year terms.

One individual representing law enforcement in the region. This Director shall be appointed for a two-year term and can be re-appointed for one or more additional terms.

One individual representing the judicial system in the region. This Director shall be appointed for a two-year term and can be re-appointed for one or more additional terms.

Voting Procedures for Governing Board Members Each Director has one vote votes. A quorum must be present in order for the Governing Board to take action. A quorum is a majority of Governing Board Directors or their appointed alternates. The Governing Board takes action by approval from the majority of the Directors present and if a quorum is met. Voting may be done by roll call vote.

Proxy voting will not be allowed. A Governing Board member may attend meetings via electronic means and be considered present for purposes of quorum and voting. In Person attendance is preferred.

Except as otherwise provided in this Agreement, the Region is under the direction and control of the Governing Board and to the extent authority is delegated, the Chief Executive Officer. The Governing Board serves as the Regional Administrator, as defined in Iowa Code Section 225C.55

MH/DS Advisory Board (IC225C.57; 225C.59; IAC 441-25.14.(1)i)

CCNIA encourages stakeholder involvement by having a regional advisory board assist in developing and monitoring the plan, goals, and objectives identified for the service system, and to serve as a public forum for other related MH/DS issues. CCNIA's MH/DS Advisory Board represents stakeholders which include, but are not limited to, individuals, family members, county officials, and providers.

Adult and Children's advisory committee representation to the Governing Board as either voting Directors or as ad-hoc members in accordance with requirements of Iowa Code Chapter 225C and Iowa Administrative Code Chapter 441.

Potential advisory committee members who express an interest in serving on the Adult and Children's advisory committees are requested to complete an application for review by a regional Advisory Board Selection Committee, which includes two Governing Board members assigned to the Advisory Committees, two Adult Advisory and two Children's Advisory Committee members and the region's CEO. This selection committee will recommend options for equitable representation, based on geographic location within the Region and the potential member's experience in the code-cited areas of service delivery and utilization of services. The CCNIA 9.2023

selection committee will confirm with the potential member, their commitment to serve the entire term to which they are assigned.

The advisory committee members will serve two-year terms, which will be initiated within a three-year cycle of three (3) members assigned an initial one-year term, three (3) members assigned a two-year term and the remaining members assigned a three-year term. Committee members can be re-elected to additional terms by the majority of the advisory committee members at the conclusion of their term. All terms are reviewed in May to determine membership for the next fiscal year.

Advisory committee meetings are held quarterly and are considered a public meeting. Meeting notices will be provided to county auditors of member counties to members, who wish to leave their assigned advisory committee, are requested to provide written notification of their resignation to the Advisory committee chair as soon as possible or prior to the fourth quarterly meeting (April) for the following fiscal year. Current advisory committee members, in addition to the Advisory Selection Team will solicit applications to fill the vacated position to which the member served.

Advisory committee members serve at the pleasure of constituents they represent in the areas of advocacy, building awareness, and educating various levels of the MHDS system to concerns and issues of persons with mental illness and intellectual disabilities, their families, and the communities in which they live.

Chief Executive Officer

CCNIA's Governing Board appoints the Chief Executive Officer as referenced in Iowa Code Section 225C The CEO functions are supervised by the Governing Board. The Governing Board conducts annual evaluations of the CEO. The Governing Board may conduct additional evaluations of the CEO at any time, as it deems necessary in given situations. All evaluations are summarized in writing and submitted to the Board of Supervisors of the member county that employs the CEO.

Administrative Team

CCNIA region's Administrative Team consists of Disability Service Coordinators (DSC). The Governing Board assigns a Service Coordination team to serve as the Executive staff of the region, which among other duties, assists the CEO in identifying staffing needs and candidates for staff positions. All contracts are the responsibility of the Governing Board with the CEO serving as the single point of responsibility for the Region.

The CEO may employ or contract with persons or entities (including contracting with member counties for member county employees to provide services to the Region) to staff the needs of the Region; however, the terms of all employment or contracts for staff shall be approved by the Governing Board. The Regional Administrator Team is assigned the Region's administrative responsibilities so that each of the required functions is performed.

Staff includes one or more coordinators of services, hired either directly by the Region or provided to the Region by the member counties. The regional CEO assigns qualified staff to adult service coordination and children's behavioral health service coordination. Coordinators must have a bachelor's or higher degree in human services CCNIA 9.2023

or related field or administrative-related field. In lieu of a degree in administration, a coordinator provides documentation of relevant management experience.

The Region contracts for staff for the following functions and responsibilities:

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Communications	Strategic	Budget Planning and	Operations:
	Plan	Financial Reports	personnel, benefits,
	Development		space, training
Risk management	Compliance and	Service processing,	Provider Network-
	Reporting	Authorization, and	Development,
		Access	Contracting, Quality
			and Performance
Payment of Claims	Quality	Appeals and	Information
	Assurance	Grievances	Technology
Service Authorization	Eligibility	Provider Payment	Contracting
	Determination		
HIPAA Oversight			

The Governing Board reserves the right to amend this list on its own motion without member approval as a nonsubstantive amendment as provided in the 28E.

B. SERVICE SYSTEM MANAGEMENT

CCNIA directly administers the Region MH/DS Plan through the local County Community Services offices and contracts with service providers to meet the service needs of the individuals. Member counties provide adequately credentialed staff to carry out the administration of this Plan. The staff delegated to the perform functions of Disability Service Coordinators have the qualifications required by Iowa Code.

Risk Management and Fiscal Viability

CCNIA does not intend to contract management responsibility for any aspect of the regional system of care to any agency or entity. The CCNIA Regional Board retains full authority for the regional system of care and the associated fixed budget.

Conflict of Interest

Funding authorization decisions are made by the Care Connections of Northern Iowa staff, who have no financial interest in the services or supports to be provided. In the event that such a situation occurs, that interest must be fully disclosed immediately to the individuals, counties, and other stakeholders. Such actions will be disclosed prior to any action taken. All regional staff make decisions based on the philosophy as stated in the vision statement of this plan, and in keeping with the goals of the plan. The Regional Staff are responsible to see that service funding is provided within the budget limitations.

Case managers and service coordinators, as well as providers involved in planning and/or advocacy for the applicant, do so without fear of reprisal, loss of employment, or the applicant's funding.

The Regional Governing Board is not involved in the day-to-day decision-making. Rather, the Regional Administrative Chief Executive Officer or their designee report data to the Board periodically. The Regional Chief Executive Officer or their designee will not seek funding approval on each applicant unless it is for an exception to policy.

If an application is received requesting funding for an individual who is a family member or close personal friend of regional enrollment staff, the application is not processed by said staff responsible for that task. The application, with the authorization to release information, is referred to another regional staff to ensure objectivity in determining eligibility. CCNIA's Governance Board has ultimate authority over the regional Management plan and funding for the regional Mental Health and Disabilities Services budget, but the Regional Staff is given authority to approve or deny funding for services according to assessment and funding availability. Regional staff are the entity making financial decisions regarding funding. Therefore, that person is not making service need decisions without consultation with and recommendations from mental health professionals. In the event a conflict of interest arises, the consumer (if applicable) and stakeholders will be notified in writing.

CCNIA MHDS employees, Regional Board Members and Advisory Board Members must never allow themselves to be placed in a position where their personal interests are in conflict (or could be in conflict) with the interests or business of CCNIA. Employees/Board Members must avoid any situation or activity that compromises, or may compromise, their judgment or ability to act in the best interest of the Region. Employees/Board Members of CCNIA are obligated to disclose any known or potential conflicts of interest as soon as they arise. Board Members and employees are prohibited from participating in or influencing any vote in which there is a potential financial or other beneficial impact on the member or any organization they represent. Failure to do so could result in termination of employment. Aconflict of interest statement will be signed by each Governing Board Director.

System of Care Approach Plan (IAC 441-25.21(1) (h)

CCNIA provides leadership and management at the local level for designing a regional system of care for Mental Health and Disability Services. The design of the system is based on the expectation that individuals and families may have multi-occurring issues. The system of care approach incorporates an organized quality improvement partnership process to achieve the vision defined at the beginning of this Plan.

As its mission, CCNIA exists to enhance the lives of the people it serves through an array of services to meet the needs of the citizens of Northern Iowa using evidence-based practices wherever possible to provide unparalleled services that achieves life altering outcomes for the people we serve.

Within this vision, CCNIA will work in partnership with providers and other stakeholders to develop services that are:

- Able to emphasize integrated screening, early identification and early intervention
- High quality and, wherever possible, evidence-based which CCNIA has verified to meet fidelity standards including, but not limited to:
 - Assertive Community Treatment or Strengths-Based Case Management

- o Integrated Treatment of co-occurring Substance Abuse and Mental Health Disorder
- Supported Employment
- Family Psychoeducation
- Illness Management and Recovery
- Permanent Supportive Housing
- Organized into a seamless continuum of community-based support
- Individualized to each individual with planning that expands the involvement of the
- Individual
- Provided in the least restrictive, appropriate setting
- Designed to empower individuals and families as partners in their own care
- Designed to leverage multiple financing strategies within the region including increased
- Use of Medicaid funded services and Iowa Health and Wellness Plan
- Supported by provision of training and technical assistance to individuals and families, a well as to providers and other partners.

Developing an Integrated Multi-Occurring Capable Trauma-Informed System of Care: Implementation of Inter-Agency and Multi-system Collaboration and Care Coordination (IAC 441-25.21(1)n; 441-25.21(1)m)

CCNIA maintains a service delivery approach that builds partnerships within a quality improvement framework to create a broad, integrated process for meeting multiple needs. This approach is based on the principles of interagency collaboration, individualized, strength-based practices, cultural competency, community-based, accountability, and full participation of individuals served at all levels of the system.

CCNIA funds individuals with multi-occurring conditions that meet the eligibility criteria in Section E of this manual. CCNIA service and supports will be offered through the enrollment process including the standardized functional assessment.

CCNIA works to build the infrastructure needed to result in positive outcomes for individuals served. Individuals with multi- occurring conditions commonly also have medical, legal, housing, financial and parenting issues, and other complex needs. In order to accomplish this goal, CCNIA recommends that all providers participate in this initiative and encourages providers to develop a multi-occurring capability for each program provided in the region, and for all staff.

Common values within the Care Connections of Northern Iowa are borne out of consensus to support collaboration, compassion, and accountability. The region's system of care encourages growth, resiliency, and stability.

We seek workforce competency that integrates strength-based, trauma-informed care for partnerships within the region for services to individuals and their families in need of assistance. To that end, our region's formation of partnerships will seek out mutual and cross-training opportunities, access to multi-disciplinary technical assistance, and policy development and amendments that respond to individual and system needs.

CCNIA will partner with stakeholders, ensure the authorized services and supports are responsive to individuals' needs consistent with system principles and are cost effective as follows:

Iowa Health Link and Iowa Health and Wellness Plans

CCNIA will monitor the utilization of programs that constitute supported community living (i.e. Habilitation services, integrated health homes) and those that are part of special initiatives to ensure proper coordination with region-financed services. Since CCNIA does not supplement rates nor does it pay for services provided to individuals who have been decertified based on the contractor's medical necessity criteria, CCNIA will work with Iowa's Medicaid funded contractor (s) to seek alternatives to assist clients in the region to access services and funding as their needs require. CCNIA does not approve admissions to Mental Health Institutes (MHIs) for persons who are enrolled in the Iowa Health Link/Iowa Health and Wellness Plan so will work with local providers and consumers to access alternative options that can be funded through the lowa Health Link/lowa Health and Wellness Plan when available. Prior to authorizing regionally -financed services, CCNIA Disability Services Coordinators will determine if treatment providers and coordinators of services requested the Medicaid managed care companies pay for Iowa Plan-covered services for eligible consumers and that all available levels of appeal were accessed and followed through on in the event of denials by the Medicaid managed care company.

Third-party Payers

CCNIA Disability Service Coordinators will work with treatment providers to seek approval from Medicaid, Medicare, or any other third-party payer for any service that is similar to the region-financed services being considered. If a provider licensed or certified by the state loses that license or certification and, as a result, may no longer participate in the Medicaid or Medicare program or be eligible for reimbursement from third-party payers, CCNIA will work with the client to find alternative service providers who are properly licenses and certified by third-party payers. CCNIA Disability Service Coordinators will work with affected clients and their service provider (s) to address the provider's responsibility for filing reports necessary to maintain Medicaid eligibility for an individual consumer since CCNIA Region will not assume financial responsibility for the share of service costs which could have been billed to Medicaid.

Chemical Dependency Services

CCNIA will coordinate training and technical assistance to encourage all network providers to be capable of serving individuals with multi-occurring disorders, including chemical dependency. CCNIA provides payment for mental health and intellectual/developmental disability services that fully integrate chemical dependency treatment and recovery supports as defined by mental illness diagnostic criteria (see page 20).

Judicial and Criminal Justice System

CCNIA partners with the courts to ensure alternatives to commitment and to coordinate funding for services for individuals under commitment. This is completed through access at the time of commitment, invitation to participate in the hearing, as well as a subsequent review of the individual's court-ordered status of the individual to assure continuity of care. CCNIA DSCs are in contact with the Third Judicial District staff to assist in placement when requested.

Spencer Hospital and the Cherokee Mental Health Institute are the CCNIA's designated hospitals for involuntary psychiatric hospitalizations under Sections 229.11 and 229.13, Code of Iowa. Other hospitals may seek contracts with the Region when no third-party coverage is available to eligible individuals.

CCNIA provides financial responsibility for voluntary or involuntary hospitalization in private hospitals within contracted and/or pre-authorized rates when third party payment is not available as a last resort, CCNIA staff will work closely with clients, their families, court personnel, law enforcement, and with service providers to locate appropriate levels of care. We have a regional crisis services team that includes representatives from hospitals, law enforcement, jails, residential care providers, inpatient and outpatient mental health providers, who are developing a continuum of crisis services to address ongoing needs.

CCNIA Disability Service Coordinators (DSC) work with the judicial system, including the Mental Health Advocate, prior to the court ordering long-term placement for MH/ID/DD community living services and continues to encourage the courts to provide more information when referring for outpatient evaluation or treatment to determine successful plans and outcomes.

Housing

CCNIA Disability Services Coordinators (DSCs) work with the local Regional Housing Authority and local HUD Services to ensure appropriate access to public housing programs. CCNIA DSCs meet as needed with Housing Services staff to resolve client-related issues and maintain ongoing contact to support relationships with landlords providing housing options. DSCs also assist consumers when accessing rent subsidies through HUD housing, Iowa Finance Authority, local housing trusts, Rural Development, County General Assistance offices within member counties, Interim Assistance Reimbursement (IAR) through the Social Security Administration for regionally eligible applicants, and regional shelters whenever available to prevent or reduce the risk of homelessness.

Employment

CCNIA DSCs work with local and regional Workforce Development initiatives that support integrating employment, training, education, and support services for all job seekers, workers, and employers, in accordance with the Workforce Investment Act. Care Connections of Northern Iowa DSC, along with Governance and Advisory Board members, recognize the employment needs of all individuals served and work together on an Economic Development/Employment initiatives team to provide employment options which are person-centered based on the needs and capabilities of the individual.

CCNIA DSCs and service providers will use other federal, state, and private funding sources and programs that encourage competitive and supported employment. This may include Ticket to Work, Social Security Work Incentives, and Medicaid.

Children's Behavioral Health Core Services

CCNIA is committed to providing services required by lowa Code within the required access standards. Current services are updated annually in the Annual Service and Budget Plan.

CCNIA staff work with children, their families, children's service providers, and community-based supports for the following Children's Behavioral Services, which are initiated on the dates indicated in accordance with Iowa Code Chapter 225C and IAC 441.25

Education

CCNIA provides staff representation with the Transition Advisory Committee and will continue working with schools and Vocational Rehabilitation on transition plans for individuals in special education who will be leaving the school system.

Transitioning Youth to the Adult System

CCNIA DSCs work with HHS case managers and Managed Care Organization (MCO) Care Coordinators in transitioning youth to the adult system, and will continue being a resource to explore options for children with complex needs. CCNIA has developed written protocols and procedures for the child welfare system to make referrals to the adult system in a timely manner. DSCs attend IEP meetings with children over the age of 14 to address needs and plans to enter the adult disability services system when applicable.

CCNIA's Governing Board members and regional staff engage advisory committee members as well as other interested community members as stakeholders to address topical areas of need as the region develops and sustains its system of care. Seeking out expertise from a variety of disciplines both within the region, at the state and national levels will also provide the needed input to determine the highest quality of input, planning, implementation, and evaluation.

CCNIA regional partners serve on teams both locally and within their own discipline to focus on training, communications, finance, policy development, information systems, resource development, service delivery system design, and quality improvement, and other committees as indicated, and collectively work together to organize the tasks, activities, and functions associated with building, implementing, and sustaining our local systems of care with the CCNIA.

Decentralized Service Provisions (IAC 441-25.21(1)i)

CCNIA strives to provide services in a dispersed manner to meet the minimum access standards of core services by utilizing the strengths and assets of the regional service providers. Based on input from consumer/family surveys, local Advisory Councils, and the Regional Advisory Board, the following measures will be used to ensure services are available in all parts of the region:

- -The regional Governing Board determines the access of individuals and their families to the core services available within the region, services beyond core, strengths and gaps in service to the service recognized to respond to their needs.
- -The regional Governing Board determines through person-centered planning, the efficacy of the services or other supports yielding the desired outcome if decentralized.

Utilization and Access to Services (IAC 441-25.21(1)d)

Within the broad system approach outlined above, CCNIA oversees access and utilization to services, and population-based outcomes, for the MHDS involved population in the region, to continuously improve system design and better meet the needs of people with complex challenges.

To accomplish this, CCNIA will integrate planning, administration, financing, and service delivery using utilization reports from both the region and the state including the inventory of available services and providers and the utilization of data on the services.

Results will be analyzed to determine if there are gaps in services or if barriers exist due to services offered, adequate provider network, restrictions on eligibility and restrictions on availability and location.

This information will be used for future planning in the Annual Service and Budget Plan, improving the system of care approach plan, collaboration with agencies, decentralizing service provisions and, provider network formation. In addition, the data elements, indicators, metrics, and performance improvement for population management will be continuously improved over time as the region develops increasing capability for managing the needs of its population. Data will be shared with CCNIA stakeholders.

C. FINANCING AND DELIVERY OF SERVICES AND SUPPORTS (IAC 441-25.21(1)i)

NOTE: This section, and the following sections, except for Section 1, focus specifically on services funded by CCNIA, with the larger system design partnership described in the previous section.

Non-Medicaid mental health and disability services funding is under the control of the CCNIA Governing Board in accordance with Iowa Administrative Code 441-25.13 (225C.58). The CCNIA Governing Board retains full authority and financial risk for the Plan. The finances of the Region are maintained to limit the administrative burden and provide public transparency.

The CCNIA Chief Executive Officer and Administrative Team prepare the proposed Annual Service and Budget Plan each March. The priority in the budget process is to project the costs of funding core services for target populations by gathering information as a region. CCNIA will measure compliance with data regarding access standards as defined in Iowa Code 441-25.3.

The next step in the budgeting process is to include costs to increase or enhance service to meet the access standards. Additional funds will be budgeted to allow for expansion of services in addition to core for target populations and if funds are available core services for non-target populations will be included in the budget.

The proposed budget is reviewed by the CCNIA Governing Board for final approval. The Regional CEO and Administrative Team is responsible for managing and monitoring the adopted budget.

Services funded by CCNIA are subject to change or termination with the development of the regional MH/DS budget each fiscal year for the period of July 1 to June 30.

The CCNIA Governing Board has designated Palo Alto County to act as the Regional Fiscal Agent. The CCNIA Governing Board determines the amount of funding provided by the counties projected MHDS fund balance to be paid to the Regional Fiscal Agent. All funds received by the member counties for purposes related to the Region from any source are deposited into the Region's account less the administrative costs which will be retained in the counties' MHDS Fund. The Fiscal Agent is responsible for payment of expenditures through the regional account that receives county tax dollars. The Fiscal Agent reconciles county transactions with county auditors, in coordination with the Community Services Network (CSN) data system.

CCNIA's regional fund are used to pay all costs of the Region, managed and administered by the fiscal agent of the Region, the CEO, or staff designated by the Region, and in compliance with the law, direction from the Governing Board and other written policies of the Region.

Administrative costs are a component of the Region's budget. Member counties that have employees serving the Region will be reimbursed from the Region per contract between the county and the Region.

Funding of CCNIA requires each member county to provide funds allowed by the State Legislature per capita per county with any potential shortfalls in funding allocated on a per capita basis to the counties with ending fund balance surpluses. A member county's MHDS fund balance includes the fund balance, annual tax levy, and any funding from the state related to services provided for purposes of the Region. Any funding needs above the allowed per capita funding are paid on a per capita basis by those counties that have ending mental health fund balances until such funds are depleted.

Accounting System and Financial Reporting

The accounting system and financial reporting to the department conforms to Iowa Code 441-25.13 (2) (225C.58) and includes all non-Medicaid mental health and disability expenditures funded by CCNIA. CCNIA uses a web-based management information system -- Community Services Network (CSN)--that supports demographic, financial, and clinical information for a managed care service delivery structure. The system supports a centralized access that allows regional designated administrative staff to be on-line to determine service eligibility, to enroll individuals, to authorize services, and to process claims.

Claims data is electronically transmitted by designated Regional claims processing staff to the Region's Fiscal Agent to issue payment. Should the need arise, the system manages waiting lists according to specific priorities, and allows for future service delivery method changes and accounting changes. It provides flexible reporting and query capabilities to accommodate the ever-changing reporting needs of the County and the State of Iowa. The system has varying levels of security to permit users to access only at the level that they have authorization. Information is separated and identified in the most recent Uniform Chart of Accounts approved by the State County Finance Committee including but not limited to the following: expenses for administration; purchase of services; and enterprise costs for which the region is a service provider or is directly billing and collecting payments.

Contracting

CCNIA contracts with MH/DS providers whose base of operation is in the region. The region may also honor contracts that other regions have with their local providers. CCNIA may also choose to contract with providers outside of the Region. A contract may not be required with providers that provide one-time or as needed services.

Regions will designate and/or contract with licensed and accredited providers with the expectation that the standardized performance and outcome measures related to the specified service(s) provided by that individual or agency.

All approved provider contracts are between the provider and CCNIA region (rather than individual counties.) All contracts are annual contracts utilizing the standard regional contracting agreement. Contracts are reviewed by the Quality Improvement/Contracting team who make recommendations to the Administrative Team. The administrative team makes recommendations to the Governance Board. All contracts must be approved and signed by the Governing Board Chair or designee.

CCNIA examines ways to develop financial incentives for obtaining high-performance individual outcomes and cost-effectiveness. The region may utilize vouchers and other non-traditional means to fund services.

Rates utilized for CCNIA contracts are determined through designated service provider cost reports negotiated with regional or based on rates established by the State of Iowa through Home and Community Based Services (HCBS) Waiver or Habilitation Services. Any exceptions must be approved by the Governing Board. CCNIA contracted providers will not accept rates or terms lower than another contracting with CCNIA from any other region or county.

Funding

Funding is provided for appropriate, flexible, cost-effective community services and supports to meet individual needs in the least restrictive environment possible. CCNIA recognizes the importance of individualized planning for services and supports to empower all individuals to reach their fullest potential.

An individual who is eligible for other privately or publicly funded services and support must apply for and accept such funding and support and comply with requirements to remain eligible for such funding and support. Failure to do so will render the individual ineligible for regional funds for services that would have been covered under funding, unless the region is mandated by state or federal law to pay for said services.

Eligible individuals, who are in immediate need and who are awaiting approval and receipt of assistance under other programs, i.e. Medicaid, Managed Care Organizations, or IVRS, may be considered for regional funding if all other criteria are met.

CCNIA is responsible for funding only those services and supports that are authorized in accordance with the process described in the MH/DS Plan, within the constraints of budgeted dollars. CCNIA is the funder of last resort and regional funds cannot replace other funding that is available.

D. ENROLLMENT (IAC 441-25.21(1)e

Application and Enrollment

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Individuals residing in CCNIA member counties, or their legal representative, may apply for regional funding for services by contacting any CCNIA Community Services office or may contact one of the designated access points to complete an application. All applications shall be forwarded to the designated CCNIA primary enrollment site. The CCNIA Enrollment site will determine eligibility for funding with assistance provided as needed by local community services office staff.

The CCNIA application is used for all applications. If language or other barriers exist, the access points should contact an appropriate person to assist the applicant in the intake process or contact the local Community Services office to make such arrangements. The completed application is then forwarded by access points to the local CCNIA's Community Services office or to the designated CCNIA enrollment site by the end of the business day.

CCNIA staff review the application in a timely manner (within three (3) days) to determine if all necessary information is present and complete on the application. If the application is incomplete, the application is returned to the applicant requesting additional information. Failure to respond with the necessary information and/or to provide a fully completed application may result in a delay or denial of funding.

When applications are complete and reviewed, referrals are then made as needed to Case Management, HCBS Waiver, habilitation etc. to address the needs of the client.

Residency

If an applicant has complied with all information requests, their access to services cannot be delayed while awaiting a determination of legal residence. In these instances, CCNIA funds services and later seeks reimbursement from the Region of the county of legal residence.

County of residence" means the county in this state in which, at the time a person applies for or receives services, the person is living and has established an ongoing presence with the declared, good faith intention of living in the county for a permanent or indefinite period of time. The county of residence of a person who is a homeless person is the county where the homeless person usually sleeps. A person maintains residency in the county in which the person last resided while the person is present in another county receiving services in a hospital, a correctional facility, a halfway house for community-based corrections or substance-related treatment, a nursing facility, an intermediate care facility for persons with an intellectual disability, or a residential care facility, or for the purpose of attending a college or university. (IC 225C.61)

Exception to Policy

An exception to policy may be considered in cases when an individual is significantly and/or adversely affected by the regional eligibility policy. To request an Exception to Policy, the individual or the individual's service provider shall submit the following information to the Region's Chief Executive Officer:

- Individual's name
- Current services the individual is receiving

- The policy for which the exception is being requested
- Reason why the exception should be granted

The CCNIA staff will review the exception and a response will be given to the individual within 10 working days. In cases where emergent or urgent needs require immediate attention, a regional service coordinator will advise the CCNIA CEO of a client's housing and basic needs that could be remedied with supports and/or services with less than \$500 in value that are necessary to prevent or reduce homelessness, reduce need for higher levels of care, or provide stabilization in the client's living situation within a 30 day period. The CEO has authority to preauthorize the necessary expense within the above parameters and must, within 2 business days, inform the Governing Executive Board of the situation. This sharing of information can support the client's immediate needs especially if additional regional funds may be needed.

Upon approval of the CCNIA Governing Board, the Regional Administrator Chief Executive officer may authorize an Administrative Exception to Policy to fund services outside the parameters of the Services Management Plan.

Extenuating circumstances will be documented and Administrative Exceptions with timeframes for the exception will be identified in each exception decision. The Region in which the individual has legal residence must approve all Exceptions to Policy. Decisions on requests for exceptions to policy shall be used in the annual report to identify future changes in policy.

Confidentiality

CCNIA is committed to respecting individual privacy. To that end, all persons, including CCNIA staff, Governing Board, and others with legal access to individual information, have an obligation to keep individual information confidential. Information is only released in accordance with HIPAA and other federal and state laws and in accordance with professional ethics and standards. HIPAA allows for the release of information for treatment, operations and payment without written consent.

Confidential information is released only when it is in the best interest of the individual to whom the information pertains or when required by law.

Confidential information may be released without written permission of the individual or their guardian for medical or psychological emergencies and inspection by certifying or licensing agencies of the state or federal government.

Individual files are maintained for seven years following termination of service to the individual.

Procedures to assure confidentiality include:

- Individual's (or their legal guardian's) written consent is obtained prior to release of any confidential information unless an emergency as stated above.
- Information or records released is limited to only those documents needed for a specific purpose.
- Individual, or an authorized representative, is allowed to review and copy the individual record.
- Individual and related interviews is conducted in private settings.

- All discussion and review of individual's status and/or records by Care Connections of Northern Iowa staff, case managers, and others is conducted in private settings.
- All paper and computer files are maintained in a manner that prevents public access to them.
- All confidential information disposed of is shredded.
- Steps are taken to assure that all fax, email, and cellular phone transmissions are secure and private.
- Staff receives initial and ongoing training concerning confidentiality and staff signs a statement agreeing to confidentiality terms.

In order to determine eligibility for regional funding, perform ongoing eligibility review, and to provide service coordination and monitoring, individuals or their authorized representatives are requested to sign release forms. Failure of individuals to sign or authorize a release of information is an automatic reason for denial; however, CCNIA staff inability to obtain sufficient information to make an eligibility determination may result in denial of regional funding.

E. ELIGIBILITY (IAC 441-25.21(1)c)

Section 1. General Eligibility for Adult Mental Health and Disability Services:

CCNIA reviews the application to determine if the applicant meets the general eligibility criteria of the Regional CCNIA Management Plan.



- a. The individual is at least eighteen years of age.
- b. The individual is a resident of this state and currently residing in one of the counties comprising the CCNIA Region.
- c. The individual Is a United States citizen or in the United States legally

Section 2. Financial Eligibility for Adult Mental Health and Disability Services

The individual complies with financial eligibility requirements in IAC 441-25.16

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A. Income Guidelines: (IC 225C.62)

- 1) Gross incomes 150% or below are based on the current Federal Poverty Guidelines. Applicants with income above 150% are eligible for regional funding with an individual copayment as specified in this manual on page 26 of this manual.
- 2) The income eligibility standards specified herein shall not supersede the eligibility guidelines of any other federal, state, county, or municipal program. The income guidelines established for programs funded through Medicaid (Waiver programs, Habilitation Services, etc.) shall be followed if different than those established in this manual.
- 3) In determining income eligibility, the average monthly income for the past 3 months will be considered, however, recent employment and/or income changes may be considered by the Care Connections of Northern lowa in determining income eligibility. Applicants are expected to provide proof of income (including pay stubs, income tax return, etc.) as requested by Care Connections of Northern Iowa.

B. Resources Guidelines for Adult Mental Health and Disability Services Iowa Code 225C.62

- 1)An individual must have resources that are equal to or less than \$2,000 in countable value for a single-person household or \$3,000 in countable value for a multi-person household or follow the most recent federal supplemental security income guidelines.
- 2) The countable value of all countable resources, both liquid and non-liquid, are included in the eligibility determination except as exempted in this sub-rule.
- 3) A transfer of property or other assets within five years of the time of application with the result of, or intent to, qualify for assistance may result in denial or discontinuation of funding.
- 4)The following resources are exempt:
 - (1) The homestead, including equity in a family home or farm that is used as the individual household's principal place of residence. The homestead includes all land that is contiguous to the home and the buildings located on the land.
 - (2) One automobile used for transportation.
 - (3) Tools of an actively pursued trade.
 - (4) General household furnishings and personal items.
 - (5) Burial account or trust limited in value as to that allowed in the Medical Assistance Program.
 - (6) Cash surrender value of life insurance with a face value of less than \$1,500 on any one person.
 - (7) Any resource determined excludable by the Social Security Administration as a result of an approved Social Security Administration work incentive.

- 5) If an individual does not qualify for federally funded or state-funded services or other support, but meets all income, resource, and functional eligibility requirements of this chapter, the following types of resources shall additionally be considered exempt from consideration in eligibility determination:
 - (a) A retirement account that is in the accumulation stage.
 - (b) A medical savings account.
 - (c) An assistive technology account.
 - (d) A burial account or trust limited in value as to that allowed in the Medical Assistance Program.
- 6) An individual who is eligible for federally funded services and other supports must apply for and accept such funding and support.

Section 3. Diagnostic Eligibility for Adults with Mental illness and Intellectual Disability

The Adult individual must have a diagnosis of Mental Illness or Intellectual Disability, Individuals with eligible MI or ID diagnoses, who also have a multi-occurring Substance Use Disorder, are welcomed for care, and eligible for services.

a) Mental Illness

Individuals, who at any time during the preceding twelve-month period, have a mental health, behavioral, or emotional disorder or, in the opinion of a mental health professional, may now have such a diagnosable disorder. The diagnosis is made in accordance with the criteria provided in the most recent diagnostic and statistical manual of mental disorders published by the American Psychiatric Association, and does not include the manual's "V" codes identifying conditions other than a disease or injury. The diagnosis does not include substance-related disorders, dementia, antisocial personality, or developmental disabilities, unless co-occurring with another diagnosable mental illness.

b)Intellectual Disability

Individuals who meet the following three conditions:

- 1. Significantly subaverage intellectual functioning: an intelligence quotient (IQ) of approximately 70 or below on an individually administered IQ test (for infants, a clinical judgment of significantly subaverage intellectual functioning) as defined by the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, American Psychiatric Association.
- 2. Concurrent deficits or impairments in present adaptive functioning (i.e., the person's effectiveness in meeting the standards expected for the person's age by the person's cultural group) in at least two of the following areas: communication, self-care, home living, social and interpersonal skills, use of community resources, self-direction, functional academic skills, work, leisure, health, and safety.
- 3. The onset is before the age of 18.

(Criteria from "Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition Revision (DSM IV)," 1994 revision, American Psychiatric Association)

a. The results of a standardized assessment support the need for intellectual disability services of the type and frequency identified in the individual's case plan.

c.) Assistance to Other than Core Populations (IAC441-25.21(1)2)

If funds are available, CCNIA shall fund services to populations of individuals who have a diagnosis of a developmental disability other than an intellectual disability as defined in Iowa Administrative Code 441-24.1 (225C) and brain injury as defined in Iowa Administrative Code 83.81 and also to children to the extent allowable by law.

"Persons with developmental disabilities" means a person with a severe, chronic disability which:

- 1. Is attributable to mental or physical impairment or a combination of mental and physical impairments.
- 2. Is manifested before the person attains the age of 22.
- 3. Is likely to continue indefinitely.
- 4. Results in substantial functional limitations in three or more of the following areas of life activity: self-care, receptive and expressive language, learning, mobility, self-direction, capacity for independent living, and economic self-sufficiency.
- 5. Reflects the person's need for a combination and sequence of services which are of lifelong or extended duration.

"Brain injury" means clinically evident damage to the brain resulting directly or indirectly from trauma, infection, anoxia, vascular lesions, or tumor of the brain, not primarily related to degenerative or aging processes, which temporarily or permanently impairs a person's physical, cognitive, or behavioral functions. The person must have a diagnosis from the following list:

Malignant neoplasms of brain, cerebrum.

Malignant neoplasms of brain, frontal lobe.

Malignant neoplasms of brain, temporal lobe.

Malignant neoplasms of brain, parietal lobe.

Malignant neoplasms of brain, occipital lobe.

Malignant neoplasms of brain, ventricles.

Malignant neoplasms of brain, cerebellum.

Malignant neoplasms of brain, brain stem.

Malignant neoplasms of brain, other part of brain, includes midbrain, peduncle, and medulla oblongata.

Malignant neoplasms of brain, cerebral meninges.

Malignant neoplasms of brain, cranial nerves.

Secondary malignant neoplasm of brain.

Secondary malignant neoplasm of other parts of the nervous system, includes cerebral meninges.

Benign neoplasm of brain and other parts of the nervous system, brain.

Benign neoplasm of brain and other parts of the nervous system, cranial nerves.

Benign neoplasm of brain and other parts of the nervous system, cerebral meninges.

Encephalitis, myelitis, and encephalomyelitis.

Intracranial and intraspinal abscess.

Anoxic brain damage.

Subarachnoid hemorrhage.

Intracerebral hemorrhage.

Other and unspecified intracranial hemorrhage.

Occlusion and stenosis of precerebral arteries.

Occlusion of cerebral arteries.

Transient cerebral ischemia.

Acute, but ill-defined, cerebrovascular disease.

Other and ill-defined cerebrovascular diseases.

Fracture of vault of skull.

Fracture of base of skull.

Other and unqualified skull fractures.

Multiple fractures involving skull or face with other bones.

Concussion.

Cerebral laceration and contusion.

Cerebral edema.

Cerebral palsy.

Subarachnoid, subdural, and extradural hemorrhage following injury.

Other and unspecified intracranial hemorrhage following injury.

Intracranial injury of other and unspecified nature.

Poisoning by drugs, medicinal and biological substances.

Toxic effects of substances.

Effects of external causes.

Drowning and nonfatal submersion.

Asphyxiation and strangulation.

Child maltreatment syndrome.

Adult maltreatment syndrome.

Status epilepticus.

Section 4. General Eligibility for Children's Behavioral Health services

- a)The individual is a child under eighteen years of age.
- b) The child's custodial parent is a resident of the state of Iowa, the child is physically present in the state and currently residing in one of the counties comprising the CCNIA Region.

Section 5. Financial Eligibility For Children's Behavioral Health Services

A.Income requirements for Children's Behavioral Health Services:

- 1)The child's family meets financial eligibility requirements in rule 25.16.
- 2)An eligible child whose countable household income is at least 150% and not more than 500% of the federal poverty level shall be subject to a cost-share as described in subrule 441-25.16(3).
- 3)The child's family has countable household income equal to or less than 500% of the federal poverty level. Countable household income and family size shall be determined using the modified adjusted gross income methodology.

The family of a child receiving regional funding for behavioral health services shall be responsible for a cost-share amount based on their household income as follows:

Family Income as a % of FPL	Cost Share % Paid by Family	
<u>0 to 150%</u>	<u>0%</u>	
<u>150 to 200%</u>	<u>10%</u>	
<u>201 to 250%</u>	<u>15%</u>	
<u>251% to 300%</u>	<u>20%</u>	
<u>301 to 350%</u>	<u>35%</u>	
<u>351 to 400%</u>	<u>50%</u>	
<u>401% to 450%</u>	<u>65%</u>	
451% to 500%	<u>80%</u>	
<u>Over 500%</u>	<u>100%</u>	

- b) Cost-share amounts for children's behavioral health services are applicable to core services as defined in Iowa Code section 225C.66.
- c) Verification of income. Income shall be verified using the best information available.
 - Pay stubs, tip records, and employers' statements are acceptable forms of verification of earned income.
 - Self-employment income can be verified through business records from the previous year if they are representative of anticipated earnings. If business records from the previous year are not representative of anticipated earnings, an average of the business records or from the previous two or three years may be used if that average is representative of anticipated earnings.
- d) Changes in income. Financial eligibility shall be reviewed on an annual basis and may be reviewed more often in response to increases or decrease in income.
- e) A child who is eligible for federally funded services and other support must apply for such services and support.

B.Resource Guidelines for Children's Behavioral Health Services Iowa Code section 225C.66

There are no resource limits for the family of a child seeking children's behavioral health services.

Section 6. Diagnostic Eligibility Guidelines for Children's Behavioral Health Services

a)The individual Child must have a diagnosis of a serious emotional disturbance as defined in Iowa Code Section 225C. 2

1)A serious emotional disturbance means a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current diagnostic and statistical manual of mental disorders published by the American Psychiatric Association that results in a functional impairment.

b) The child has been diagnosed with a serious emotional disturbance, except for comprehensive facility and community-based crisis services according to 225C.66

Acceptable verification for Diagnostic requirements

If a copy of a psychological or psychiatric evaluation or other acceptable verification of diagnosis does not accompany the application, CCNIA may refer the applicant to an appropriate mental health professional for evaluation to verify and document a diagnosis.

F. NOTICE OF ELIGIBILITY

Notice of Eligibility for Assessment

Once a fully completed application is received in a CCNIA's local community services office, CCNIA staff or designee determines if the applicant meets the general eligibility criteria within 10 days. A Notice of Enrollment informs the individual of the decision and information to schedule the standardized assessment as defined in section F of this manual within 90 days. The applicant is sent a copy of the region's appeal process and informed that they have the right to appeal the decision.

Service and Functional Assessment (IAC 441-25.21(1)o)

Once a Standardized functional assessment methodology is designated by the director of human services, the following shall apply. A notice of Enrollment shall inform the individual of the decision and information to schedule the standardized assessment as defined below and is completed within 90 days of application. Once the assessment has been completed, the individual and their team will convene and develop a care plan within 30 days. The results will support the need for services including the type and frequency of service in the individual's case plan.

The Service Coordinator, or when applicable the Targeted Case Manager or MCO Care Coordinator, will invite providers to participate in the development of the consumer's Individual Comprehensive Plan (ICP) to ensure effective coordination. Together with the individuals, guardians, family members, and providers, service coordinators develop and implement individualized plans for services and supports.

The individual will actively participate in the development of the service plan. If the consumer is an adult and has no guardian or conservator, s/he may elect to involve family members in the service planning process and to approve the final service plan. If the individual has a guardian or conservator, or is otherwise unable to give informed consent, the designated guardian, parent, or other representative will approve the service plan.

Consumers may be represented by advocates, other consumer representatives, friends or family during the service planning process.

Service Funding Authorization

Following the assessment, the Service Coordinator will submit a Service Authorization request to the Region for funding, which will be processed within 5 working days of receipt. Consideration will also be made to assure that the service being requested is:

- Appropriate and necessary to the symptoms, diagnoses, or treatment
- Within standards of good practice for the type of service requested
- Not primarily for the convenience of the individual or the service provider
- The most appropriate level of service which can safely be provided
- Beneficial to the individual and not available from alternative sources

The Notice of Decision informs the individual the action taken on the application, reason for the action, service provider, services and units of services approved based on results from the standardized assessment. The applicant is sent a copy of the region's appeal process and informed that they have the right to appeal the decision. As with the application and enrollment process, consumers are informed of their right to appeal any service planning/service authorization decision.

Re enrollment

Individuals must reapply for services on at least an annual basis.

Co-payment for services (IAC 441.25.20(4)

Any co-payments or other client participation required by any federal, state, region, or municipal programs in which the individual participates are required to be paid by the individual. Such co-payments include, but are not limited to:

- Client participation for maintenance in a residential care facility through the state supplementary assistance program.
- The financial liability for institutional services paid by counties as provided in Iowa Code sections 230.15.
- The financial liability for attorney fees related to commitment as provided by Iowa Code section 229.19.

Co-payments in this section are related to core services to target populations as defined in Iowa Code 225C.65 No co-payment is assessed to individuals with income equal to or less than 150 percent of the federal poverty level, as defined by the most recently revised poverty income guidelines published by the U.S. Department of Health and Human Services.

Individuals with income over the established guidelines may be eligible for services on a sliding fee scale. A copayment is required for those individuals with incomes between 150%-300% of poverty. This amount is collected by the service agency.

Basic Co-payment standards- Any copayments or other client participation required by any federal, state, county, or municipal program in which the consumer participates shall be required by code and subject to CCNIA Policies and Procedures. Such co-payments include but are not limited to:

- a. Client participation for maintenance in a residential care facility through the state supplementary assistance program.
- b. A co-payment may be a deductible, or spend-down, required by the Medicare or Medicaid programs or any other third-party insurance coverage.
- c. The financial liability of institutional services paid by regions as provided in Iowa Code sections 222.31 and 230.15
- d. The financial liability for attorney fees related to commitment as provided by Iowa Code Section 229.19

IAC 441.25.20(5) Co-payment for services provided by a facility participating in a state supplementary assistance program. A region may require a copayment of a disability service provided to a consumer by a licensed residential care facility that participates in a state supplementary assistance program as follows:

- a. A consumer who is approved for state supplementary assistance and pays client participation as determined through the state supplementary assistance program shall be considered eligible for disability services with no additional copayment.
- b. A consumer who is ineligible for state supplementary assistance due to income or resources may be eligible for financial assistance under the regional management plan through determination and payment of client participation as follows:
- (1) Client participation in the service payment shall be determined by allowing the following deductions from available income and resources:
 - a. Any income earned by the consumer in a supported employment, day habilitation, or adult daycare program.
 - b. A personal allowance equivalent to the personal allowance provided under the state supplementary assistance program
 - c. Room and board payment made by the consumer to the facility at the state supplementary assistance rate.

All persons entering the institution for treatment and/or evaluation shall be notified of possible liability as per Iowa Code 230. Monthly payments will be accepted and compromises will be considered by the Regional Staff and are subject to approval by the Care Connections of Northern Iowa Governance Board.

All involuntary inpatient admissions will be pre-screened by a Hospital's Emergency Room staff per Iowa Code. Failure to complete pre-screening may result in loss of regional funding of the admission. At the time of admission of the patient, a responsible person or legal representative will be asked to complete the standard application for services form to determine eligibility for regional funding.

If the resident is NOT eligible for State Supplemental Assistance and is over 150 Percent Federal Poverty Level, their liability shall be computed according to total income.

Persons living independently who have income over 150% Federal Poverty level shall have their co-payment computed according to regional guidelines approved by the Care Connections of Northern Iowa Governance Board.

Persons receiving services and supports through a community mental health center will have the contribution toward the cost determined by the sliding fee scale used by the mental health center and approved under this plan.

Services to persons with Medicare, Medicaid, Iowa Health and Wellness Plan, the Iowa Insurance Marketplace or private health insurance will not be billed to the Care Connections of Northern Iowa. Eligible individuals, whose income is above 150% of Federal Poverty Level (FPL) and below 300% of the FPL who are receiving residential and vocational services and other supports through providers who request an annual rate increase which collectively exceeds the fiscal soundness of the Care Connections of Northern Iowa MH/DS budget, will be advised of this rate increase request. The consumer, the guardian, the family or other interested parties will work with the Region to retain the placement of their choice within the individual's financial ability to do so.

Persons who are above 150% of FPL and below 300% of the FPL and are receiving residential, vocational and other supportive services who are unable to assist with the necessary copayments to retain their current placements, will work their guardian, family, or other interested parties along with the Care Connections of Northern Iowa regional service coordinator staff and assigned care coordinators as applicable to explore and arrange for alternate placements to assure basic needs are met with available regional funding opportunities.

G. APPEALS PROCESSES (IAC 441-25.21(1))

Non-Expedited Appeal Process (IAC 441-25.21(1) I. (1)

Individuals, families, individual representatives (with the consent of the individual), and providers may appeal the decisions of the region or any of its designees or contractors at any time. Such individuals or organizations may also file a grievance about the actions or behavior of a party associated with the regionally managed system of care at any time.

How to Appeal:

Written appeal forms, with a clear description of the appeals, investigation, and disposition process, and the telephone number for submitting a verbal appeal or grievance are attached to the Notice of Decision form. Assistance in completing the appeal form are provided upon request.

To appeal, a completed appeal form (see page 74) must be sent to the CCNIA Office listed on the Notice of Decision (please see page 74) location information) within ten (10) working days of receipt of the Notice.

Reconsideration -The CCNIA's staff who sent the Notice of Decision shall review appeals and grievances. After reviewing an appeal, the CCNIA Regional staff contacts the appellant not more than five (5) working days after the written appeal is received.

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The CCNIA Regional staff, collects additional information from the appellant and other sources, if necessary and consent is given. Following a review of additional information and all relevant facts, a written decision is issued no later than five (5) working days following the contact with the appellant. A copy of the decision is sent to the appellant and/or representative by regular mail.

Administrative Review - If a resolution is not agreed upon through Reconsideration step, then the appellant can follow this step and a meeting shall be arranged with the CCNIA Chief Executive Officer (CEO) or designee within ten (10) working days of the final decision of the Reconsideration step. The appellant is notified of the meeting time, day, and location of this meeting by regular mail.

During the meeting with the appellant, the CCNIA or designee discusses the facts of the decision and will consider additional information the appellant submits relevant to the appeal. A written decision is issued no later than five (5) working days following the date of the meeting. A copy of the decision is sent to the appellant and/or representative by regular mail.

Final Review- If a resolution is not agreed upon through Administrative Review, then the appellant can pursue a hearing through a state Administrative Law Judge (ALJ). The decision of the state ALJ shall be the final decision.

CCNIA does not pay legal fees for an appellant. If you cannot afford legal representation, you may contact Legal Services of Iowa at 1-800-532-1275

Expedited Appeals Process (IAC 441-25.21(1)I.2)

This appeals process is performed by a mental health professional who is either the Administrator of the Division of Mental Health and Disability Services of the Iowa Health and Human Services or the Administrator's designee. The process is to be used when the decision of CCNIA concerning an individual varies from the type and amount of service identified to be necessary for the individual in a clinical determination made by a mental health professional and the mental health professional believes that the failure to provide the type and amount of service identified could cause an immediate danger to the individual's health and safety.

How to Appeal:

Using the written appeal forms that will be attached to the Notice of Decision form, the mental health professional shall send information to:

Iowa Health and Human Services-MHDS Division Hoover State Office Building 5th Floor 1305 Walnut, Des Moines IA 50319

- 1. The appeal shall be filed within 5 days of receiving the notice of decision by CCNIA. The expedited review by the Division Administrator or designee shall take place within 2 days of receiving the request, unless more information is needed. There is an extension of 2 days from the time the new information is received.
- 2. The Administrator issues an order, including a brief statement of findings of fact, conclusions of law, and policy reasons for the order, to justify the decision made concerning the expedited review. If the decision

concurs with the contention that there is an immediate danger to the individual's health or safety, the order identifies the type and amount of service, which is provided for the individual. The Administrator or designee gives such notice as is practicable to individuals who are required to comply with the order. The order is effective when issued.

The decision of the Administrator or designee shall be considered a final agency action and is subject to judicial review in accordance with section 17A.19

H. ASSISTANCE TO OTHER THAN CORE POPULATIONS (IAC441-25.21(1)2)

If funds are available and the population category and specific services were covered in at least one of the counties' previous MHDS plans prior to the formation of the region, CCNIA will continue to fund the services to the individual who has a diagnosis of a developmental disability other than an intellectual disability, or a brain injury as defined in Iowa Code chapter 4.1(9A). Such funding shall continue until it is denied by the Federal/ State governments, or the application of such funds would keep the CCNIA Mental Health and Disability Services Region from providing mandated core services.

I. PROVIDER NETWORK FORMATION AND MANAGEMENT (IAC 441-25.21 (1)j)

CCNIA has a network of service providers to meet the continuum of service needs of individuals The Region retains the right to select services providers to be a part of the CCNIA provider network. Providers must be approved as CCNIA MH/DS Network providers in order to be eligible for regional funding. (Payment for commitment related sheriff transportation and court-appointed attorneys, and other incidental or temporary services, may be exempt from this policy.)

To be included in the Regional MH/DS provider network, a provider must meet at least one of the following criteria:

- Currently licensed, accredited or certified by the State of Iowa, or
- Currently enrolled as a Medicaid provider, or
- Have a current accreditation by a recognized state or national accrediting body (Joint Commission on Accreditation of Health Care Organization-JCAHO; Council on Rehabilitation Facilities-CARF; etc.
- Currently has a contract with Care Connections of Northern Iowa or another Iowa region

All providers included in the CCNIA MH/DS provider network are subject to licensure or accreditation and must meet all applicable standards and criteria. Current network providers that lose their licensure and/or accreditation or are in jeopardy of losing their licensure and/or accreditation may be removed from the provider network and all individuals receiving services from the provider may be transferred to another network provider. If the situation warrants an immediate change in providers, the region shall transfer individuals to another network provider.

The current CCNIA MH/DS Provider network is included in the Annual Service and Budget Plan, which is located on the Iowa HHS website (HHS.iowa.gov) or the region's website at www.ccnia.org New providers may be added to the provider network if it is determined either a particular individual will benefit from the service (as determined by the individual's inter-disciplinary team), or that the provider will provide service(s) that will enhance the service system. New network providers shall be approved through the following process:

- 1. A referral or request for a new network provider may be made by an individual (or authorized representative), consumer's case manager or social worker, or directly by a provider. All requests to become a member must be directed to the Region.
- 2. Provider applications are screened by the Region. Provider may be asked to meet for an interview or provide additional information. Criteria for consideration includes:
 - Priority for core and core plus services;
 - Unmet need for the proposed services;
 - Unmet access standard for proposed services;
 - Provider experience in providing the services
 - Documented consumer outcomes, and family/consumer satisfaction
 - Retention of consumers in other programs
 - Coordination with other provider agencies
 - Evidence of individualized services
 - Relationship with other regions the agency serves
 - Funding source for the service
 - Financial viability of the agency
- The Region informs the provider of acceptance or denial. 3.
- 4. New network providers receive appropriate orientation and training concerning the CCNIA MH/DS Management Plan.

Non-traditional providers

Non-traditional providers will be considered on an as needed basis subject to a favorable background check.

- 1. A referral or request for a new network provider may be made by an individual (or authorized representative), individual's case manager or social worker, or directly by a provider. All requests to become a member shall be directed to the Region.
- 2. Provider shall complete a Provider Network Application. Provider applicant shall be screened by the Region. Provider may be asked to meet for an interview or provide additional information. Criteria for consideration includes:
- Priority for core and core plus services
- Unmet need for the proposed services
- Unmet access standard for proposed services
- Provider experience in providing the services
- Documented individual outcomes, and family/individual satisfaction
- Retention of individuals in other programs
- Coordination with other provider agencies
- Evidence of individualized services
- Relationship with other regions the agency serves

- Funding source for the service
- Financial viability of the agency

CCNIA manages the provider network to ensure individual needs are met. CCNIA ensures an adequate number of providers are available to avoid waiting lists by contracting with outpatient mental health providers, Community Mental Health Centers, at least one inpatient psychiatric hospital and other providers of core services.

Provider Competencies (IC225C.65 (5); IAC 441-25.4)

The CCNIA MHDS Region is encouraging all providers in the region to participate in the quality improvement partnership for system development, to become welcoming, person/family-centered, trauma-informed, and multi-occurring capable. CCNIA will ensure providers are trained to provide multi-occurring, trauma-informed, evidenced-based practices as outlined in (IAC-441-25.4) i.e. permanent supported housing, supported employment, assertive community treatment, integrated co-occurring disorders, illness management and recovery, family psychoeducation; through sharing training opportunity information and bringing training to the region as needed.

Designation of Targeted Case Management Providers (IAC 441-25.21(1)g)

The region must identify the process used to designate targeted case management providers for the region. CCNIA offers a choice and access to cost-effective, evidenced-based, conflict-free Targeted Case Management as described in IAC 441-25.21(1)g. Care Connections of Northern Iowa designates Targeted Case Management agencies to offer services to individuals enrolled in the Medicaid Program. Designated Case Management agencies serving the Care Connections of Northern Iowa must be accredited by Health and Human Services. Targeted Case Managers must meet the qualifications as defined in IAC 441.

Targeted Case Management and Service Coordination Services meet the following expectations:

- Performance and outcome measures relating to the safety, work performance and community residency of the individuals receiving the service
- Standards including but not limited to social history, assessment, service planning, incident reporting, crisis planning, coordination, and monitoring for individuals receiving the services.
- Methodologies for complying with the requirements of sub rule 441-25.21(g) which may include the use of electronic recording keeping and remote or internet-based training

J. QUALITY MANAGEMENT AND IMPROVEMENT (IAC 441-25.21(1)e) Iowa Code 225C.6A(3)

CCNIA has a quality improvement process that provides for ongoing and periodic evaluation of the service system, and of the providers of services and supports in the system. Stakeholders, with emphasis on individual input, are involved in the development and implementation of the quality improvement program. The basic

framework of the quality improvement process will incorporate measurements of progress by each provider partner in organizing its own QI activity to make progress toward trauma informed, multi-occurring capability.

System Evaluation

CCNIA will facilitate the collection of the below Performance and Outcome Measures as identified in the Iowa Code and Administrative Code. The system evaluation shall include, but not be limited to:

- Access to service
- Life in the community
- Person-centeredness
- Health and Wellness
- Quality of life and safety
- Family natural supports

Methods Utilized for Quality Improvement

- Evaluation of individual satisfaction, including empowerment and quality of life;
- Direct interaction and feedback from individuals, families, providers, case managers, service coordinators, and other stakeholders.
- Provider satisfaction; patterns of service utilization; responsiveness to individual needs and desires;
- Needs assessment, satisfaction surveys, and other written questionnaires
- Improvement of welcoming, person/family-centered, hopeful, strength-based, trauma-informed, multioccurring capable care;
- Provider/team meetings and training opportunities
- Improvement of the ability of providers to work in partnership with each other and with the regional management team to share collective responsibility for the population in the region;
- Provider/team meetings
- The number and disposition of individual appeals and the implementation of corrective action plans based on these appeals;
- The CEO shall evaluate the reports and recommend areas of improvement
- Cost-effectiveness:
- Compare program costs and outcomes to determine resource reinvestment
- Additional outcomes and performance measures outlined by Health and Human Services.
- Establishment of and maintenance of a data collection and management system oriented to the needs of individuals, providers, and other programs or facilities, including the collection and management of data related to Region funded Children's Behavioral Health services. Tracking changes and trends in the disability services system and providing reports to the Iowa Health and Human Services as requested for each individual served:

Iowa State Association of Counties (ISAC) Community Services Network (CSN) provides oversight to this data management system to connect counties and agencies with a shared system which captures and reports standardized information for lowans accessing the community services system while abiding by HIPAA, State, and Federal law. CSN has the capacity to exchange information in compliance with the reporting requirements including HHS established client identifier, demographic information,

expenditure data concerning the services and other support provided to each individual, as specified by the department.

Performance and Outcome measures related to education will be synchronized with the standardized performance and outcome measures identified by region education partners in conjunction with region funded CBH services. Statewide aggregate school attendance information and region involved individual school attendance measures will be collected accordingly.

- CCNIA's initial focus aligns with Code of Iowa 225.C.4 (1)u to develop a process to analyze data on the following:
 - Access standards for required core services.
 - Penetration rates for serving the number of persons expected to be served, particularly the proportion of individuals who receive services compared to the estimated number of adults needing services in the region
 - Utilization rates for inpatient and residential treatment, including:
 - Percent of enrollees who have had fewer inpatient days following services.

The percentage of enrollees who were admitted to the following:

- State mental health institutes
- o Medicaid funded private hospital in-patient psychiatric services programs;
- State resource centers; and
- Private intermediate care facilities for persons with intellectual disabilities.

Annually, CCNIA Governing Board assesses the region's performance and develops a list of priority areas needing improvement. All staff participates in developing a program plan that includes measurable goals and action steps with a process of collecting data. Based on the data, areas needing improvement are addressed.

CCNIA will provide information, including the Evidenced-Based Practice Toolkits to the service providers in the region. The CEO and Disability Services Directors will be responsible for collaborating and planning with providers to ensure that Evidenced-Based Practices are planned for during service development and implementation. The following Evidenced-Based Practices will be supported and independently verified:

- Assertive community treatment or strengths-based case management
- Integrated treatment of co-occurring substance abuse and mental health disorders
- Supported employment
- Family Psychoeducation
- Illness Management and Recovery
- Permanent supportive housing

Providers of Evidenced Based Practices will be required to document and report outcomes to the region on an annual basis.

K. SERVICE PROVIDER PAYMENT PROVISIONS (IAC 441-25.21(1)k)

Each service provider shall provide monthly billing invoices and other information requested of the provider for utilization review. The monthly billings must include the following information:

- Name and unique identifier of each individual served during the reporting period.
- Number of units of service delivered to each individual served.
- When requested, attendance records.
- Unit rate and total cost of the units provided to each individual Copayments or other charges billed to other sources shown as deductions on the billing.
- Actual amount to be charged to the Region for each individual for the period.

CCNIA staff reviews the billings and additional utilization information in comparison with service funding authorizations in place. Non-emergency services delivered without service funding authorization are deducted from the billing.

All eligible bills are paid within 60 days of receipt of required documentation unless unforeseen circumstances exist.

No billings received more than 60 days after the close of the fiscal year in which the service was provided will be considered for payment by CCNIA unless there is a statutory obligation. Fiscal year for CCNIA is July 1 – June 30.

It is the intent of CCNIA that only CCNIA designated regional staff authorizes services for residents of the CCNIA region.

Due to that, it is the policy of CCNIA that if another county, region, or the State, determines residency in error or approves services for persons who do not have residency in their region, CCNIA may assume retroactive payment.

When written notification is received by CCNIA of the error, CCNIA staff shall authorize services according to the policies and procedures set forth in this manual.

Request for Proposal

CCNIA will consider the use of competitive Requests for Proposals (RFP) to expand core services. A review team of CCNIA staff will evaluate each proposal according to the established protocol specified in the RFP. CCNIA reserves the right to decline any and all proposals.

Grant Funds

Grant funds may be considered to cover costs of new services until a fee for service rate can be established. Other uses may be to provide access to crisis services or the continuation of a service. CCNIA reserves the right to decline any and all requests for grants.

L. WAITING LIST CRITERIA (IAC 441-25.21(1)r)

CCNIA may implement a waiting list if encumbered expenses for a given fiscal year exceed regional MHDS funds available. Core Services for target populations of eligible adults and children are considered priority services. Other than core populations funding and Priority 2 services may be placed on the waiting list or be subject to a reduction in services.

Waiting lists may also be utilized if other than core services or than mental health or intellectual disability services requested are unavailable at the time of application.

If placed on a waiting list, the applicant is informed on the Notice of Decision form. The notice will identify the approximate time the service may be available to applicant. If unable to estimate such time, the Care Connections of Northern Iowa will state such and will update the applicant at least every 60 days as to the status of their service request.

The waiting list is centrally maintained by the Regional office.

Any waiting list that may exist is reviewed annually when planning for the future budgeting needs and future development of services.

M. AMENDMENTS (IAC 441-25.21(3)

The manual has been approved by the CCNIA Governing Board and is subject to approval by the Director of Human Services.

Amendments to this Policy and Procedures Manual are reviewed by the Regional Advisory Board who makes recommendations to the Regional Governance Board. After approval by the Regional Governance Board, amendments are submitted to Health and Human Services for approval at least 45 days before the planned date of implementation.

N. SERVICE MATRIX

Core Domains (IC225C.65)	Description	Target Pop MI/ID/CBH/SED	Add'l Pop.	Access Standards
Treatment				
Mental health outpatient	Evaluation and treatment services	MI, SED**	BI, DD	Eligibility Based
therapy**	provided on an ambulatory basis for	ID,		**Eligibility Based
COA 42-305	the target population. Outpatient			
Other Payers:	Services include psychiatric evaluations, medication			Emergency: within 15 minutes of phone contact.

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T19/IHWP/Med.	management and individual, family,		
Exempt/Medicare/Private	and group therapy.		Urgent: within 1 hour of
3 rd Party			presentation or 24 hours of
	In addition, outpatient services shall		phone contact.
	include specialized outpatient		
	services directed to the following		Routine: within 4 weeks of
	segments of the target population:		request for appointment
	children, elderly, individuals who		
	have serious and persistent mental		Outpatient services shall be
	illness, and residents of the service		offered within 30 miles for
	area who have been discharged from		an individual residing in an
	inpatient treatment at a mental		urban community and 45
	health facility.		minutes for an individual
	Outpatient services shall provide		residing in rural community.
	elements of diagnosis, treatment,		
	and appropriate follow-up.		Eligibility guidelines reflect
			non eligibility for Medicaid
			or any other insurance
		141 CED**	coverage
Medication prescribing	Services with the individual present	MI, SED**	Eligibility Based
and management**	provided by an appropriately		**Eligibility Based
COA 42-306	licensed professional as authorized		Emergency: within 15
Other Payers:	by lowa law including, but not		minutes of phone contact.
T19/IHWP/Med.	limited to, determining how		Urgent: within 1 hour of
Exempt/Medicare/Private	medication is affecting the		presentation or 24 hours of
3 rd Party	individual; determining any drug		phone contact.
	interactions or adverse drug effects		Routine: within 4 weeks of
	on the individual; determining the		request for appointment
	proper dosage level; and prescribing medication for the individual for the		Outpatient services shall be offered within 30 miles for
	period of time before the individual		an individual residing in an
	I		urban community and 45
	is seen again. Medication management-services		minutes for an individual
	provided directly to or on behalf of		residing in rural community.
	the individual by a licensed		Outpatient treatment
	professional as authorized by lowa		evaluation supports the
	law including, but not limited to,		need for this service.
	monitoring effectiveness of and		. If the individual meets the
	compliance with a medication		eligibility guidelines in this
	regimen; coordination with care		plan and is not eligible for
	providers; investigating potentially		Medicaid or not eligible for
	negative or unintended		any other insurance
	psychopharmacologic or medical		coverage, the service
	interactions; reviewing laboratory		funding may be ongoing.
	reports; and activities pursuant to		
	licensed prescriber orders.		
	incended prescriber orders.		1

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Assessment evaluation,	Evaluation (Non Crisis) is for	MI, ID, CBH**	DD, BI	Eligibility Based
and early identification**	screening, diagnosis and assessment			**Non-eligibility Based
COA 43-301	of individual and family functioning,			Assessment completed
Other Payers:	needs, abilities, and disabilities, and			within 90 days of notice of
	determining current status and			enrollment.
T19/IHWP/Med.	functioning, recommendations for			Emergency: within 15
Exempt/Medicare/Private	services, and need for further			minutes of phone contact.
3 rd Party	evaluations. Evaluations consider			Urgent: within 1 hour of
	the emotional, behavioral, cognitive,			presentation or 24 hours of
	psychosocial, and physical			phone contact.
	information as appropriate and			Routine: within 4 weeks of
	necessary.			request for appointment
	The clinical review by a mental			Outpatient services shall be
	health professional of the current			offered within 30 miles for
	functioning of the individual using			an individual residing in an
	the service in regard to the			urban community and 45
	individual's situation, needs,			minutes for an individual
	strengths, abilities, desires and goals			residing in rural community.
	to determine the appropriate level			Individual who has received
	of care.			inpatient treatment shall be
	** Early Identification means the			assessed within 4 weeks.
	process of detecting developmental			
	delays or untreated conditions that			
	may indicate the need for further			
	evaluation.			
Mental health inpatient	Institutional/hospital and	MI		Eligibility Based
therapy-MHI	commitment services are services			Shall receive treatment
COA 71-319	provided at a state Mental Health			within 24 hours.
	Institutes or State Hospital Schools,			Inpatient services shall be
	in hospital settings, or to people			within a reasonably close
	undergoing court commitment			proximity to the region.
	process.			Acute inpatient mental
	·			health services are 24-hour
				settings that provide services
				to individuals with acute
				psychiatric conditions.
				Primary goal is to provide a
				comprehensive evaluation,
				rapidly stabilize acute
				symptoms, address health
				and safety needs and
				develop a comprehensive
				discharge plan to
				appropriate level of care.
				At State Mental Health
				Institutes CCNIA shall
				reimburse the fiscal year
				billing rates established
				annually by the Health and
				Human Services.
				Eligibility requirements will
				not be assessed in the case

				of involuntary inpatient hospitalizations.
	Inpatient/community hospital is for inpatient expenses incurred at community-based hospitals, either private or public. All inpatient (including less than 24 hours), emergency room charges at admission. ** Inpatient treatment means inpatient psychiatric services to treat an acute psychiatric condition provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital.	MI, SED**		Eligibility Based **Eligibility Based Shall receive treatment within 24 hours. Inpatient services shall be within a reasonably close proximity to the region (100 miles). Acute inpatient mental health services are 24-hour settings that provide services to individuals with acute psychiatric conditions. Primary goal is to provide a comprehensive evaluation, rapidly stabilize acute symptoms, address health and safety needs and develop a comprehensive discharge plan to appropriate level of care. CCNIA shall fund at host county/region contractual rate and in the absence of a contract, CCNIA shall reimburse at the current Medicaid rate.
Crisis Services				ivicalcula rate.
Personal emergency response system COA 32-322 Other Payers: HCBS	An electronic device connected to a 24-hour staffed system which allows the individual to access assistance in the event of an emergency.	MI, ID	DD, BI	Eligibility Based Twenty-four-hour access to crisis services, 24 hours a day, seven days a week, 365 days per year Standardized functional assessment and/or designated enrollment assessment must support the need for this service. Funding is limited to 90 days to allow for Medicaid eligibility to be established. If the individual meets the eligibility guidelines in this plan and is not eligible for Medicaid or not eligible for any other insurance coverage, the service funding may be ongoing.

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Crisis evaluation	The process used with an individual	MI, ID	DD, BI	Non-eligibility Based
COA 44-301	to collect information related to the			Twenty-four-hour access to
Other Payers:	individual's history and needs,			crisis services, 24 hours a
T19	strengths, and abilities in order to			day, seven days a week, 365
	determine appropriate services or			days per year.
	referral during an acute crisis			Crisis evaluation within 24
	episode. This includes crisis			hours.
	screening and evaluation as defined			Present to local community
	in 441.24.10(225C).			mental health center or local
				hospital emergency
				department for assessment
				within 24 hours.
				Eligibility requirements will
				not apply for this service.
23 Hour crisis observation	A level of care provided for up to 23	MI		Non-eligibility Based
and holding	hours in			
COA 44-302	a secure and protected, medically			
Other Payers:	staffed, psychiatrically supervised			
T19	treatment environment.	_		
24 Hour access to crisis	Short term individualized mental	MI		Non-eligibility Based
response services	health services following a crisis			Twenty-four-hour access to
COA 44-305	screening or assessment, which are			crisis services, 24 hours a
Other Payers:	designed to restore the individual to			day, seven days a week, 365
	prior functional level.			days per year.
T19				Crisis evaluation within 24
				hours.
				Eligibility requirements will
84-L!I 5 44		NAL CD1:44	1	not apply for this service.
Mobile Response**	a mental health service which	MI, CBH**		Non-eligibility Based
COA 44-307	provides on-site, face-to-face mental			**Non-eligibility Based
Other Payers:	health crisis services for an			
T40	individual experiencing a mental			
T19	health crisis. Crisis response staff			
	providing mobile response have the			
	capacity to intervene wherever the			
	crisis is occurring, including but			
	not limited to the individual's place of residence, an emergency room,			
	police station, outpatient mental			
	health setting, school, recovery			
	center or any other location where			
	the individual lives, works, attends			
	school, or socializes.			
Crisis stabilization	Services provided in community-	MI, CBH**		Non-eligibility Based
community-based	based settings to de-escalate and	1111, 5511		**Non-eligibility Based
services**	stabilize an individual following a			Requires a crisis evaluation
COA 44-312	mental health crisis.			to determine level of care
Other Payers:				Eligibility requirements will
T19				not apply for this service.
_				Time limit for funding is
				maximum of 6 weeks.
			I.	

Crisis stabilization residential services** COA 44-313 Other Payers: T19	Services provided in short-term non-community based residential settings to de-escalate and stabilize a mental health crisis.	MI, SED, CBH**		Non-eligibility Based **Non-eligibility Based Requires a crisis evaluation to determine level of care. This evaluation must be completed by a provider who is contracted by the region to complete crisis evaluations. Eligibility requirements other than being a resident from a county in the CCNIAregion will not apply for this service. Time limit for funding is maximum of 6 weeks.
Access Centers: Start-up/sustainability COA 44-396	The coordinated provision of intake assessment, screening for multi-occurring conditions, care coordination, crisis stabilization residential services, subacute mental health services, and substance abuse treatment for individuals experiencing a mental health or substance use crisis who do not need inpatient psychiatric hospital treatment, but who do need significant amounts of supports and services not available in other home- and community-based settings.	MI		Non-eligibility Based
Support for				
Community Living Home health aide services COA 32-320 Other Payers: HCBS	Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician.	MI, ID	DD, BI	Eligibility Based The first unit of service shall occur within four weeks of the individual's request of community living. Standardized functional assessment and/or designated enrollment assessment must support the need for this service. Funding is limited to 90 days to allow for Medicaid eligibility to be established. If the individual meets the eligibility guidelines in this

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				plan and is not eligible for
				Medicaid or not eligible for
				any other insurance
				coverage, the service
				funding may be ongoing.
Respite services	A temporary period of relief and	ID,SED, CBH**	DD, BI	Eligibility Based
COA 32-325	support for individuals and their			The first unit of service shall
Other Payers:	families provided in a variety of			occur within four weeks of
HCBS	settings. The intent is to provide a			the individual's request of
T19	safe environment with staff			community for community
	assistance for individuals who lack			living.
	an adequate support system to			Standardized functional
	address current issues related to a			assessment and/or
	disability. Respite may be provided			designated enrollment
	for a defined period of time; respite			assessment must support
	is either planned or provided in			the need for this service.
	response to a crisis.			Funding is limited to 90 days
				to allow for Medicaid
				eligibility to be established. If
				the individual meets the
				eligibility guidelines in this
				plan and is not eligible for
				Medicaid or not eligible for
				any other insurance
				coverage, the service
				funding may be ongoing.
Home and vehicle	Is for physical modifications to the	ID		Eligibility Based
modification	consumer's home environment			The first unit of service shall
COA 32-328	and/or vehicle which are necessary			occur within four weeks of
Other Payers:	to provide for the health, welfare,			the individual's request of
HCBS	and safety of the individual, and			community for community
	which enable the individual to			living.
	function with greater independence			Standardized functional
	in the home or vehicle.			assessment and/or
				designated enrollment
				assessment support the
				need for this service.
				Lifetime limit equal to that
				established for the HCBS
				waiver for individuals with
				intellectual disabilities.
				Provider payment will be no
				lower than that provided
Commented and 19	Camilaga musuddadd	MI 10 050	DD 2:	through the HCBS waiver.
Supported community	Services provided in a non-	MI, ID, SED	DD, BI	Eligibility Based
living COA 32-329	institutional setting to adult persons with mental illness or intellectual			The first unit of service shall occur within four weeks of
Other Payers: HCBS	disability or developmental disabilities to meet the persons'			the individual's request for supported community living.
псвэ	<u> </u>			Standardized functional
	daily living needs.			
	daily living needs.			assessment and/or designated enrollment

Intensive Residential	Intensive,	MI, ID		assessment support the need for this service. Funding is limited to 90 days to allow for Medicaid eligibility to be established. If the individual meets the eligibility guidelines in this plan and is not eligible for any other insurance coverage, the service funding may be ongoing. Eligibility Based
Services COA 42-329 Other Payers: HCBS	community-based services provided 24 hours a day, 7 days a week, 365 days a year to individuals with a severe and persistent mental illness who have functional impairments and may also have multi-occurring conditions. Providers of intensive residential service homes are enrolled with Medicaid as providers of HCBS habilitation or HCBS intellectual disability waiver supported community living and meet additional criteria specified in subrule 25.6(8).	IVII, ID		Eligibility baseu
Support for Employment				
Prevocational services COA 50-362 Other Payers: HCBS	Services that focus on developing generalized skills that prepare an individual for employment. Prevocational training topics include but are not limited to attendance, safety skills, following directions, benefit planning and staying on task.	MI, ID		Eligibility Based The first unit of service shall take place within 60 days of the individual's request of support for employment. Standardized functional assessment and/or designated enrollment assessment support the need for this service. Funding is limited to 90 days to allow for Medicaid eligibility to be established, if the individual is not eligible for Medicaid the service funding may ongoing.
Job development COA 50-364 Other Payers: HCBS	Services that assist individuals in preparing for, securing and maintaining gainful, competitive employment. Employment shall be integrated into normalized work settings, shall provide pay of at least minimum wage, and shall be based	MI, ID	BI, DD	Eligibility Based The first unit of service shall take place within 60 days of the individual's request of support for employment. Standardized functional assessment and/or

	on the individual's skills,			designated enrollment
	preferences, abilities, and talents.			assessment must support
	Services assist individuals seeking			the need for this service.
	employment to develop or re-			Funding should be sought
	establish skills, attitudes, personal			from Medicaid Waivers and
	characteristics, interpersonal skills,			Iowa Department of
	work behaviors, and functional			Vocational Rehabilitation
	capacities to achieve positive			before seeking region
	employment outcomes.			funding.
				Funding is limited to 90 days
				to allow for Medicaid
				eligibility to be established. If
				the individual meets the
				eligibility guidelines in this
				plan and is not eligible for
				Medicaid or not eligible for
				any other insurance
				coverage, the service
				funding may be ongoing.
Day habilitation	Services that assist or support the	MI, ID	DD, BI	Eligibility Based
COA 50-367	individual in developing or			The first unit of service shall
Other Payers:	maintaining life skills and community			take place within 60 days of
HCBS	integration. Services shall enable or			the individual's request of
	enhance the individual's functioning,			support for employment.
	physical and emotional health and			Standardized functional
	development, language and			assessment and/or
	communication development,			designated enrollment
	cognitive functioning, socialization			assessment must support
	and community integration,			the need for this service.
	functional skill development,			Funding is limited to 90 days
	behavior management,			to allow for Medicaid
	responsibility and self-direction,			eligibility to be established. If
	daily living activities, self-advocacy			the individual meets the
	skills, or mobility.			eligibility guidelines in this
				plan and is not eligible for
				Medicaid or not eligible for
				any other insurance
				coverage, the service
				funding may be ongoing.
Supported employment	Services include ongoing supports	MI, ID	DD, BI	Eligibility Based
COA 50-368	needed by an individual to acquire			The first unit of service shall
- I	and maintain a job in the integrated			take place within 60 days of
HCBS	workforce at or above the state's			the individual's request of
	minimum wage. The outcome of this			support for employment.
	service is sustained paid			Standardized functional
	employment that meets personal			assessment and/or
	and career goals.			designated enrollment
				assessment must support
				the need for this service.
				Funding should be sought
				C
				from Medicaid Waivers and lowa Department of

System building & sustainability- IPS & Vocational COA: 50-379	Start-up, sustainability, and coordination cost.	MI, ID	DD, BI	Vocational Rehabilitation before seeking region funding. Funding is limited to 90 days to allow for Medicaid eligibility to be established. If the individual meets the eligibility guidelines in this plan and is not eligible for Medicaid or not eligible for any other insurance coverage, the service funding may be ongoing.
Group supported employment COA 50-369 Other Payers: HCBS	Job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings include enclaves, mobile crews, and other business-based workgroups employing small groups of workers with disabilities in integrated, sustained, paid employment.	MI, ID	DD, BI	Eligibility Based The first unit of service shall take place within 60 days of the individual's request of support for employment. Standardized functional assessment and/or designated enrollment assessment must support the need for this service. Funding should be sought from Medicaid Waivers and lowa Department of Vocational Rehabilitation before seeking region funding. Funding is limited to 90 days to allow for Medicaid eligibility to be established.
Recovery Services				
Family support COA 45-323 Other Payers: HCBS	Services provided by a family support peer specialist that assists the family of an individual to live successfully in the family home or community including, but not limited to, education and information, individual advocacy, family support groups, and crisis response.	MI, SED		Eligibility Based
Peer support COA 45-366 Other Payers: HCBS	Program provided by a peer support specialist including but not limited to education and information, individual advocacy, family support	MI, SED		Eligibility Based An individual receiving recovery services shall not have to travel more than 30

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	groups, crisis response, and respite			miles if residing in urban
	to assist individuals in achieving			area or 45 miles if residing in
	stability in the community.			rural area to receive
				services.
				Offered as part of integrated
				health home services or
				through drop-in centers in
				the region.
Service Coordination				
Case management	Activities designed to help	ID		Eligibility Based
COA 21-375	individuals and families develop,			An individual shall receive
Other Payers:	locate, access and coordinate a			service coordination within
HCBS	network of supports and services			10 days of initial request for
	that will allow them to live a full life			such services or being
	in the community.			discharged from an inpatient
	Service provided by a case manager			facility.
	who assists individuals in gaining			An individual shall not have
	access to needed medical, social,			to travel more than 30 miles
	educational, and other services			if residing in an urban area
	through assessment, development			or 45 miles if residing in a
	of a care plan, referral, monitoring			rural area to receive
	and follow-up using a strengths-			services.
	based service approach that helps			Services.
	individuals achieve specific desired			
	outcomes leading to a healthy self-			
	reliance and interdependence with			
	their community.			
Health homes	A service model that facilitates	MI, SED		Eligibility Based
COA 24-376	access to an interdisciplinary array of	1411, 325		An Individual shall receive
Other Payers:	medical care, behavioral health care,			service coordination within
HCBS	and community-based social services			10 days of initial request for
11653	and supports for both children and			such services or being
	adults with chronic conditions.			discharged from an inpatient
	Services may include comprehensive			facility.
	care management; care coordination			An individual shall not have
	and health promotion;			to travel more than 30 miles
	comprehensive transitional care			if residing in an urban area
	from inpatient to other settings,			or 45 miles if residing in a
	including appropriate follow-up;			rural area to receive
	individual and family support, which			services.
	includes authorized representatives;			An integrated health home
	referral to community and social			care coordinator may submit
	support services, if relevant; and the			a funding request if an
	use of health information technology			individual does not have
	to link services, as feasible and			Medicaid or the Medicaid
	<u> </u>			
	appropriate.			application is in process. The IHH care coordinator will be
				required to submit the
				functional assessment to the
				Regional CEO upon
				completion. The coordinator
				of disability services may

			direct the individual to a provider that can complete a presumptive eligibility determination, i.e. the public health office, Federally Qualified Health Center (FQHC), local hospital in the county. Funding is limited to 90 days to allow for Medicaid eligibility to be established. If the individual meets the eligibility guidelines in this plan and is not eligible for
			Medicaid or not eligible for any other insurance
			coverage, the service
			funding may be ongoing.
Sub-Acute Services			
Subacute services	The same as defined in Iowa Code	MI, ID	Eligibility Based
1-5 beds	section 225C.6(4)"c"		
63-309	and includes both subacute facility-		
Other Payers:	based services and subacute		
T19/IHWP	community-based services.	MUID	Fligibility Docod
Subacute services 6 and over beds	(1) A comprehensive set of wraparound services for persons	MI, ID	Eligibility Based
64-309	who have had or are at imminent		
Other Payers:	risk of having acute or crisis mental		
T19/IHWP	health symptoms that do not permit		
	the persons to remain in or		
	threatens removal of the persons		
	from their home and community,		
	but who have been determined by a		
	mental health professional and a		
	licensed health care		
	professional, subject to the		
	professional's scope of practice, not to need inpatient acute hospital		
	services. For the purposes of this		
	subparagraph, "mental health		
	professional" means		
	the same as defined in section 228.1		
	and "licensed health care		
	professional" means a person		
	licensed under chapter 148 to		
	practice medicine and surgery or		
	osteopathic medicine and surgery,		
	an advanced registered nurse practitioner licensed under chapter		
	152 or 152E, or a		
	physician assistant licensed to		
	practice under the supervision of a		
	produce direct the supervision of d	l l	

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			Financial support through the region terminates the month following a Social Security determination
			approving benefits or the individual is employed
Assertive Community	Assertive community	MI	Eligibility Based
treatment (ACT)	treatment is to serve adults with the		,
COA 42-398	most severe and persistent mental		
Other Payers:	illness conditions and functional		
T19/HCBS/Med. Exempt	impairments. ACT services provide a		
	set of comprehensive, integrated,		
	intensive outpatient services		
	delivered by a multidisciplinary team		
	under the supervision of a		
	psychiatrist, an advanced registered		
	nurse practitioner, or a physician		
	assistant under the supervision of a		
	psychiatrist.		
Family psychoeducation	Services including the provision of	MI	Eligibility Based
COA	emotional support, education,		
45-373	resources during periods of crisis,		
Other Payers:	and problem-solving skills consistent		
T19	with evidence-based practice		
	standards published by the		
	Substance Abuse and Mental Health		
	Services Administration.		
System building &	Start-up, sustainability, and	MI	
sustainability- FPE &	coordination cost.		
Recovery Svs			

Mandated Services	Description	Target Pop MI/ID/CBH/SE D	Add'l Pop.	Access Standards
Oakdale COA 46-319	Hospital services provided at Iowa Medical & Classification Center.	MI		Court Order
State resource centers	Inpatient is for per diem charges at	ID		Eligibility Based
COA 72-319	Resource Centers Glenwood and			Standardized functional
	Woodward.			assessment and/or
				designated enrollment
				assessment must support the
				need for this service and
				must be provided prior to
				service authorization.
				If the individual meets the
				eligibility guidelines in this
				plan and is not eligible for

			Medicaid or not eligible for any other insurance
			coverage, the service funding
			may be ongoing.
Commitment Related	Court-ordered services related to	MI	Court order
(except 301)	mental health commitments.		Eligibility requirements will
			not apply to these domains.
Evaluations	Diagnostic evaluations related to		
COA 74-300	commitment used when an		
Other Payers:	evaluation is performed related to a		
T19/IHWP/Med.	commitment under Iowa Code		
Exempt/Medicare/Privat	Section 229.		
e 3 rd Party			
	Used when transportations is		
Sheriff transport	provided related to a commitment		
COA 74-353	under Iowa Code Section 229.		
	Used when legal services are provided		Attorney Fees will be paid at
Legal	related to a commitment under lowa		the amount established in
representation	Code Section 229.		IAC 815.7(4).
COA 74-393			
Mental health advocates	The Code of Iowa, section 229.19,	MI	Court Order
COA 75-395	governs the MH Advocate position.		
	The advocate is assigned to		
	individuals under an involuntary		
	outpatient civil commitment.		

Additional Core Domains	Description	Target Pop MI/ID/CBH/ SED	Add'l Pop	Access Standards
Justice system-involved services				
Coordination services COA 25-XXX	Coordination service provided to individuals in justice system as well as Outpatient Competency Restoration (25-376)	MI, ID		Non-eligibility Based Referral from jail administrator based on initial intake into jail setting.
Contracted coordination services COA 25-378	Contracted Coordination service provided to individuals in justice system as well as Outpatient Competency Restoration (25-376)			
24 Hour crisis line COA 44-346	24-hour crisis line telephone crisis service program that operates a crisis hotline either directly or through a contract. The service shall be available 24 hours a day and seven days a week including, but not limited to, relief of distress in pre-crisis and crisis situations, reduction of the risk of escalation,			

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	arrangements for emergency on-site		
	responses when necessary, and referral		
	of callers to appropriate services.		
Warm line	a telephone line staffed by individuals		
COA 44-366	with lived experience who provide		
	nonjudgmental, nondirective support to		
	an individual who is experiencing a		
	personal crisis.		
Mental health services	Program that offers outpatient mental	MI, ID	Over age 18. May have co-
in jail	health services provided to individuals		Occurring disorders with
COA 46-305	in criminal justice settings. Goal is to		substance use disorder.
	address signs and symptoms, provide		Referral from Jail
	evaluation that will address needs while		Administrator based on
	incarcerated.		need within jail setting.
Justice system-involved	Outpatient Competency Restoration	MI, ID	Referral from Judicial
services-other	Outpatient mental health services		Branch based on needs.
COA 46-399	provided to individuals in the		
	criminal justice setting who have		CCNIA shall pay for
	been deem incompetent to stand		outpatient competency
	trial. Services will be consistent of		restoration (OCR) services;
	outpatient medication management		until a new chart of account
	and outpatient psychotherapy		code is identified CCNIA will
			pay for OCR services here.
	services until such a time the		
	individual is deemed competent, or		
	charges are dismissed.		
Crisis prevention training	Justice system involved services.	MI, ID	Non-eligibility Based
COA 46-422	Educational and training services for law	IVII, ID	Non-engionity based
COA 40-422	enforcement, first responders, etc.		
	regarding mental health awareness such		
	as Crisis Intervention Training (CIT)		
Mental health court	as crisis intervention framing (city)		
related costs			
COA 46-425			
Civil commitment	Evaluations completed prior to	MI	Non-eligibility Based
prescreening evaluation	commitment with goal to divert		Tron engionity based
COA 74-301	individual from commitment process.		
Additional Core Evidence			
based treatment			
Peer self-help drop-in	Consumer operated peer support	MI, ID	
centers	services provided consistent with EBP	•	
COA 42-366	standards published by SAMHSA		
Psychiatric rehabilitation	Services designed to restore, improve,		
(IPR)	or maximize level of functioning, self-		
COA 42-397	care, responsibility,		
	independence, and quality of life; to		
	minimize impairments, disabilities, and		
	disadvantages of people who have a		
	disabling mental illness;		
		•	

Information & referral COA 03-371 Activities designed to remove barriers to meeting identified needs and to provide facts about resources that are available and help to access those resources. Planning, consultation and/or early intervention (client related)** COA 04-372 Planning means advisory activities directed to a service provider to assist the provider in delivering service to a specific person, or advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. This can include mental health center consultation services. Disprise and/or seasultation services.	an access dentified act.
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concerns in the provider's own organization. This can include mental health center consultation services.	
organization. This can include mental health center consultation services.	
health center consultation services.	
Planning and/or consultation services	
that are client-related.	
** Early Intervention means services	
designed to address the social,	
emotional, and developmental needs	
of children at their earliest stages to	
decrease long-term effects and provide	
support in meeting developmental milestones.	
Provider incentive Training and Outcomes incentives that Access is available to provide the Access is available to the	providers of
payment support Service Providers with a core services that de	
COA 04-377 competent workforce to meet regional competencies necessary with competencies necessary competencies necessary with competencies necessary necessary competencies necessary competencies necessary	•
client needs. conditions and provid informed car	ing trauma-
Consultation other	
COA 04-399	
Planning and	
management consultants (non-client related)	
COA 04-429	
Public education, Activities provided to increase MI, ID, CBH** Non-eligibility	Based
prevention and awareness and understanding of the **Non-eligibility	y Based
education** causes and nature of conditions and If provider rela-	,
COA 05-373 situations which affect a person's access standard	
functioning in society. Services focus identified in the o	contract.
on prevention activities, which are	
designed to convey information about the cause of conditions, situations, or	
problems that interfere with a person's	
functioning or convey ways in which	

the knowledge acquired can be used to prevent their occurrence or reduce their effect. Public awareness activities, which convey information about the abilities and contributions to society of all people; the causes and nature of conditions or situations which interfere with a person's ability to function; and the benefits that providing services and supports have for the community and for the individual. Activities should include educational and informational techniques that promote the person as in integral part of society and eliminate social and legal barriers to that acceptance. **Prevention means efforts to increase awareness and understanding of the causes and nature of conditions
their effect. Public awareness activities, which convey information about the abilities and contributions to society of all people; the causes and nature of conditions or situations which interfere with a person's ability to function; and the benefits that providing services and supports have for the community and for the individual. Activities should include educational and informational techniques that promote the person as in integral part of society and eliminate social and legal barriers to that acceptance. **Prevention means efforts to increase awareness and understanding
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to that acceptance. **Prevention means efforts to increase awareness and understanding
**Prevention means efforts to increase awareness and understanding
increase awareness and understanding
of the causes and nature of conditions
of the causes and nature of conditions
or situations which affect an
individual's functioning in society.
Prevention activities are designed to
convey information about the cause of
conditions, situation, or problems that
interfere with an individual's
functioning or ways in which that
knowledge can be used to prevent
their occurrence or reduce their effect,
and may include, but are not limited
to, training events, webinars,
presentations, and public meetings.
**Education services means
activities that increase awareness and
understanding of the causes and
nature of conditions or factors which
affect an individual's development and
functioning.

Community Living Supports	Description	Target Pop MI/ID/CBH/ SED	Add'l Pop	Access Standards
Academic service COA 06-399				
Services management COA 22-XXX	Activities designed to help individuals and their families identify service needs and coordinate service delivery but which do not constitute case management as defined by the Mental Health and Intellectual Disability Commission.	MI, ID, CBH		Non-eligibility Based Service Coordination: Individuals shall not have to travel more than 30 miles if residing in an urban area or 45 miles if residing in a rural area. Individuals shall receive service coordination

				within 10 days of initial
				I
				request for such services or being discharged from an
				inpatient facility.
Contracted Services	Contracted Provider: Activities	MI, ID, CBH	DD, BI	Non-eligibility Based
	designed to help individuals and their	IVII, ID, CBN	υυ, ы	Service Coordination:
management COA 22-378	families identify service needs and			Individuals shall not have to
COA 22-378	coordinate service delivery but which			travel more than 30 miles if
	do not constitute case management as			residing in an urban area or
	defined by the Mental Health and			45 miles if residing in a rural
	Intellectual Disability Commission.			area. Individuals shall
	interrectual bisability commission.			receive service coordination
				within 10 days of initial
				request for such services or
				being discharged from an
				inpatient facility.
Crisis care coordination	Service provided during an acute crisis	MI, ID		Non-eligibility Based
COA 23-376	episode that facilitates working	···, ·-		26
	together to organize a plan and service			Referral after completion of
	transition programing, including			a crisis evaluation.
	working agreements with inpatient			
	behavioral health units and other			
	community programs. The service			
	shall include referrals to mental health			
	services and other supports necessary			
	to maintain community-based living			
	capacity, including case management.			
Crisis care coordination	Contracted Provider: Service provided	MI, ID		Non-eligibility Based
COA 23-378	during an acute crisis episode that			
	facilitates working together to organize			Referral after completion of
	a plan and service transition			a crisis evaluation.
	programing, including working			
	agreements with inpatient behavioral			
	health units and other community			
	programs. The service shall include			
	referrals to mental health services and			
	other supports necessary to maintain			
	community-based living capacity, including case management.			
Crisis care coordination	including case management.			
other				
COA 23-399				
Health home other				
COA 24-399				
Transportation	Transportation to day habilitation and			
COA 31-XXX	vocational programs or optional			
	transportation for emergent/needs to			
	support placement in less restrictive			
	settings.			
Chore services COA 32- 321	settings.			

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Guardian/			
conservator			
COA 32-326			
Representative payee			
COA 32-327			
CDAC			
COA 32-335			
Other support			
COA 32-399			
Mobile meals			
COA 33-330 Rent payments (time	Initial rent payments with defined time	MI, ID	Standardized functional
limited) COA 33-340	limits.		assessment and/or designated enrollment assessment must support the need for this service. Support and rent at a supported community living habilitation waiver site or independent housing with appropriate supports. Housing must be located in a county within the CCNIA Region. Must have applied for Social Security Benefits, signed an Interim Assistance Reimbursement with a county or CCNIA and submitted a medical exemption for Medicaid if they only have lowa Health Link. Financial support through the region terminates the month following a Social Security determination approving benefits or the individual is
			employed
Ongoing rent subsidy COA 33-345	On-going rent support provided through an organized program, to allow the individual to maintain an affordable home in the community or any payment of rental assistance including General Assistance.		
Other basic needs	Used for other basic need. Includes		
COA 33-399	payment for room and board homes,		
	personal needs allowances.		
Physiological outpatient			
treatment			
COA 41-305			
Prescription meds			
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COA 41-306				
In-home nursing	Nursing services in the person's home	MI, ID	DD, BI	
COA 41-307	Transmig services in the person's nome	1411, 15	00,0	
Health supplies				
COA 41-308				
Other physiological				
treatment				
COA41-399				
Partial hospitalization				
COA 42-309				
Transitional living				
program				
COA 42-310				
Day treatment				
COA 42-363				
Community support	Start- up, sustainability and	MI, ID	DD, BI	
programs	coordination cost			
COA 42-396				
Other psychotherapeutic	IStart Services, which provides	ID		Based on availability of staff
treatment	specialized consultation and outreach			and regional funding for
COA 42-399	to persons in community -based			persons in community-
	settings			based settings.
Other non-crisis				
evaluation				
COA 43-399				
Emergency care COA 44-304				
Other crisis services				
COA 44-399				
Other family and				
peer support				
COA 45-399				
Psychiatric medications	Is used to cover costs for prescription	MI		
in jail	medications for psychiatric treatment			
COA 46-306				
Vocational skills training				
COA 50-361				
Supported education				
COA 50-365				
Other vocational and day				
services				
COA 50-399				
RCF 1-5 beds	(63-314, 63-315, 63-316)	MI,ID		Standardized functional
COA 63-XXX				assessment and/or
				designated enrollment
				assessment must support the need for this service
				and must be provided prior
				to service authorization.
				Funding is intended to be
				time limited.
			1	ume iiinitea.

ICF 1-5 beds	(63-317, 63-318)		
COA 63-XXX			
SCL -5 beds COA 63-329		MI, ID	Standardized functional assessment and/or
			designated enrollment assessment must support the need for this service and must be provided prior to service authorization. Funding is intended to be time limited to allow for individualized and integrated service eligibility to be established through Medicaid.
Other 1-5 beds			ivicuicuiu.
COA 63-399			

Other Congregate Services	Description	Target Pop MI/ID/CBH/ SED	Add'l Pop	Access Standards
Work services (work activity/sheltered work) COA 50-360				
RCF 6 and over beds COA 64-XXX	(64-314, 64-315, 64-316)	MI, ID		Standardized functional assessment and/or designated enrollment assessment must support the need for this service and must be provided prior to service authorization. Funding is intended to be time limited to allow for individualized and integrated service eligibility to be established through Medicaid. If the individual does not have a Social Security disability determination they must apply for Social Security Benefits, sign an Interim Assistance Reimbursement with a county or CCNIA and submit a medical exemption for Medicaid if they only have lowa Health Link. Financial support through the region terminates the month following a Social Security determination

			approving benefits or the individual is employed.
ICF 6 and over beds COA 64-XXX	(64-317, 64-318)		
SCL 6 and over beds COA 64-329			
Other 6 and over beds COA 64-399			

Administration	Description	Target Pop MI/ID/CBH/ SED	Add'l Pop	Access Standards
Direct Administration COA 11-XXX	Direct Administration includes expenses necessary to manage the service system. Direct administration is used if county employees perform the administrative duties.	MI, ID, CBH	BI, DD	
Purchased Administration COA 12-XXX	Purchased Administration is used if the county purchases the administrative functions from another entity.	MI, ID, CBH	BI, DD	

MI-Mentally III

ID- Intellectually Disabled

CBH- Children's Behavioral Health (non-eligibility-based service)

SED- Serious Emotional Disturbance (eligibility -based services)

<u>Glossary</u>

DEFINITIONS

Access point -- a provider, public, or private institution, advocacy organization, legal representative, or educational institution with staff trained to complete applications and guide individuals with a disability to needed services".

Applicant -- an individual who applies to receive services and supports from the service system.

Assessment and evaluation -- a service as defined in 441-25.1.

Assistive technology account -- funds in contracts, savings, trust or other financial accounts, financial instruments, or other arrangements with a definite cash value that are set aside and designated for the purchase, lease, or acquisition of assistive technology, assistive technology services, or assistive technology devices. Assistive technology accounts must be held separately from other accounts. Funds must be used to purchase, lease, or otherwise acquire assistive technology services or devices for a working individual with a disability. Any withdrawal from an assistive technology account other than for the designated purpose becomes a countable resource.

Authorized representative -- a person designated by the individual or by Iowa law to act on the individual's behalf in specified affairs to the extent prescribed by law.

Chief Executive Officer -- the individual chosen and supervised by the governing board who serves as the single point of accountability for the Iowa Administrative Code 83.81

"Brain injury" means clinically evident damage to the brain resulting directly or indirectly from trauma, infection, anoxia, vascular lesions or tumor of the brain, not primarily related to degenerative or aging processes, which temporarily or permanently impairs a person's physical, cognitive, or behavioral functions. Iowa Administrative Code 83.81

The person must have a diagnosis from the following list:

Malignant neoplasms of brain, cerebrum.

Malignant neoplasms of brain, frontal lobe.

Malignant neoplasms of brain, temporal lobe.

Malignant neoplasms of brain, parietal lobe.

Malignant neoplasms of brain, occipital lobe.

Malignant neoplasms of brain, ventricles.

Malignant neoplasms of brain, cerebellum.

Malignant neoplasms of brain, brain stem.

Malignant neoplasms of brain, other part of brain, includes midbrain, peduncle, and medulla oblongata.

Malignant neoplasms of brain, cerebral meninges.

Malignant neoplasms of brain, cranial nerves.

Secondary malignant neoplasm of brain.

Secondary malignant neoplasm of other parts of the nervous system, includes cerebral meninges.

Benign neoplasm of brain and other parts of the nervous system, brain.

Benign neoplasm of brain and other parts of the nervous system, cranial nerves.

Benign neoplasm of brain and other parts of the nervous system, cerebral meninges.

Encephalitis, myelitis and encephalomyelitis.

Intracranial and intraspinal abscess.

Anoxic brain damage.

Subarachnoid hemorrhage.

Intracerebral hemorrhage.

Other and unspecified intracranial hemorrhage.

Occlusion and stenosis of pre-cerebral arteries.

Occlusion of cerebral arteries.

Transient cerebral ischemia.

Acute, but ill-defined, cerebrovascular disease.

Other and ill-defined cerebrovascular diseases.

Fracture of vault of skull.

Fracture of base of skull.

Other and unqualified skull fractures.

Multiple fractures involving skull or face with other bones.

Concussion.

Cerebral laceration and contusion.

Subarachnoid, subdural, and extradural hemorrhage following injury.

Other and unspecified intracranial hemorrhage following injury.

Intracranial injury of other and unspecified nature.

Poisoning by drugs, medicinal and biological substances.

Toxic effects of substances.

Effects of external causes.

Drowning and nonfatal submersion.

Asphyxiation and strangulation.

Child maltreatment syndrome.

Adult maltreatment syndrome.

Mental health and disability services region including, but not limited to, planning, budgeting, monitoring county and regional expenditures, and ensuring the delivery of quality services that achieve expected outcomes for the individuals served.

Child" or "children" -a person or persons under eighteen years of age.

Children's behavioral health services- behavioral health services for children who have a diagnosis of serious emotional disturbance.

Children's behavioral health system or Children's System-the behavioral health system for children implemented pursuant to Iowa Code Chapter 225C.

Choice -- the individual or authorized representative chooses the services, supports, and goods needed to best meet the individual's goals and accepts the responsibility and consequences of those choices.

Clear lines of Accountability -- the structure of the governing board's organization makes it evident that the ultimate responsibility for the administration of the non-Medicaid funded mental health and disability services lies with the governing board and that the governing board directly and solely supervises the organization's chief executive officer.

Conflict Free Case Management -- there is no real or seeming incompatibility between the case managers other interests and the case managers duties to the person served determination for services; establishing funding levels for the individual's services; and include requirements that do not allow the case manager from performing evaluations, assessments, and plans of care if the case manager is related by blood or marriage to

the individual or any of the individual's paid caregivers, financially responsible for the individual, or empowered to make financial or health-related decisions on behalf of the individual.

Community -- an integrated setting of an individual's choice.

Coordinator of disability services -- as defined in Iowa Code 225C.57

Coordinator of Children's Behavioral health services -as defined by Iowa Code section 225C.57

Countable household income -earned and unearned income of the family of a child according to the modified adjusted gross income methodology.

Countable resource – means all liquid and non-liquid assets owned in part or in whole by the individual household that could be converted to cash to use for support and maintenance and that the individual household is not legally restricted from using for support and maintenance.

County of residence -- means the county in this state in which, at the time a person applies for or receives services, the person is living and has established an ongoing presence with the declared, good faith intention of living in the county for a permanent or indefinite period of time. The county of residence of a person who is a homeless person is the county where the homeless person usually sleeps. A person maintains residency in the county in which the person last resided while the person is present in another county receiving services in a hospital, a correctional facility, a halfway house for community-based corrections or substance-related treatment, a nursing facility, an intermediate care facility for persons with an intellectual disability, or a residential care facility, or for the purpose of attending a college or university.

Early identification-the process of detecting developmental delays or untreated conditions that may indicate the need for further evaluation.

Early intervention- services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones.

Education services -activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning.

Empowerment -- that the service system ensures the rights, dignity, and ability of individuals and their families to exercise choices, take risks, provide input, and accept responsibility.

Exempt resource -- a resource that is disregarded in the determination of eligibility for public funding assistance and in the calculation of client participation amounts

Federal poverty level_the most recently revised annual poverty income guidelines published in the Federal Register by the United States Department of Health and Human Services

Household --, for an individual who is 18 years of age or over, the individual, the individual's spouse or domestic partner, and any children, step-children, or wards under the age of 18 who reside with the individual. For an individual under the age of 18, household -- the individual, the individual's parents (or parent and domestic partner), step-parents or guardians, and any children, step-children, or wards under the age of 18 of the individual's parents (or parent and domestic partner), step-parents, or guardians who reside with the individual. **Income** -- all gross income received by the individual's household, including but not limited to wages, income from self-employment, retirement benefits, disability benefits, dividends, annuities, public assistance, unemployment compensation, alimony, child support, investment income, rental income, and income from trust

Individual -- any person seeking or receiving services in a regional service system.

Individualized services -- services and supports that are tailored to meet the personalized needs of the individual.

funds.

Liquid assets -- assets that can be converted to cash in 20 days. These include but are not limited to cash on hand, checking accounts, savings accounts, stocks, bonds, cash value of life insurance, individual retirement accounts, certificates of deposit, and other investments.

Managed care -- a system that provides the coordinated delivery of services and supports that are necessary and appropriate, delivered in the least restrictive settings and in the least intrusive manner. Managed care seeks to balance three factors: achieving high-quality outcomes for participants, coordinating access, and containing costs.

Managed system -- a system that integrates planning, administration, financing, and service delivery. The system consists of the financing or governing organization, the entity responsible for care management, and the network of service providers.

Medical savings account -- an account that is exempt from federal income taxation pursuant to Section 220 of the United States Internal Revenue Code (26 U.S.C. §220) as supported by documentation provided by the bank or other financial institution. Any withdrawal from a medical savings account other than for the designated purpose becomes a countable resource.

Mental health inpatient treatment or behavioral health inpatient treatment means inpatient psychiatric services to treat an acute psychiatric condition provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital.

Mental health professional -- the same as defined in Iowa code section 228.1.

Modified adjusted gross income -the methodology prescribed in 42 U.S.C. Section 1396a(e)(14) and 42 CFR 435.603.

Non-liquid assets -- assets that cannot be converted to cash in 20 days. Non-liquid assets include, but are not limited to, real estate, motor vehicles, motor vessels, livestock, tools, machinery, and personal property.

Population -- as defined in Iowa Code225C.55

Prevention -efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situation, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include, but are not limited to, training events, webinars, presentations, and public meetings.

Provider -- an individual, firm, corporation, association, or institution which is providing or has been approved to provide medical assistance, is accredited under Chapter 24, holds a professional license to provide the services, is accredited by an national insurance panel, or holds other national accreditation or certification".

Regional administrator or Regional administrative entity -- the administrative office, or organization formed by agreement of the counties participating in a mental health and disability services region to function on behalf of those counties.

Regional services fund -- the mental health and disability regional services fund created in Iowa code section 225C.7A.

Regional service system management plan -- the regional service system plan developed pursuant to Iowa Code 225C.60 for the funding and administration of non-Medicaid funded mental health and disability services including an annual service and budget plan, a policy and procedure manual, and an annual report and how the region will coordinate with the Department in the provision of mental health and disability services funded under the medical assistance program.

Resources -- all liquid and non-liquid assets owned in part or in whole by the individual household that could be converted to cash to use for support and maintenance and that the individual household is not legally restricted from using for support and maintenance.

Retirement account -- any retirement or pension fund or account listed in Iowa Code section 627.6(8)"f".

Retirement account in the accumulation stage -- a retirement account into which a deposit was made in the previous tax year. Any withdrawal from a retirement account becomes a countable resource.

Serious emotional disturbance - the same as defined in lowa code section 225C.2. A serious emotional disturbance means a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current diagnostic and statistical manual of mental disorders published by the American Psychiatric Association that results in a functional impairment. "Serious emotional disturbance" does not include substance use and developmental disorders unless such disorders co-occur with such a diagnosable mental, behavioral, or emotional disorder.

Service system refers to the mental health and disability services and supports administered and paid from the regional services fund.

State Board -the children's behavioral health system state board created in code section 225C.51.

State case status -- the standing of an individual who has no county of residence.

State commission – MHDS Commission as defined in Iowa Code 225C.5.

System of Care -- the coordination of a system of services and supports to individuals and their families that ensures they optimally live, work, and recreate in integrated communities of their choice.

System principles -- practices that include individual choice, community and empowerment.

CARE CONNECTIONS OF NORTHERN IOWA

Mental Health and Disability Services **REGIONAL FORMS**

Attachment A. Application for Regional Funded Services Attachment B. Release of Information

> Attachment C. Notice of Decision Attachment D. Appeal Process Attachment E. Appeal Form

Attachment F. Conflict of Interest -Governing Board of Directors

Care Connections of Northern Iowa Application Form For individuals living in: Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties

Application Date:	Date Received by	Office:
First Name:	Last Name:	MI:
Nickname:	Maiden Name:	
Birth Date:Ethnic B	ackground: White African American Nati	ve American Asian Hispanic Other
Sex: Male Female US Cit	izen: ☐Yes ☐No If you are not a citizen, are	you in the country legally? Yes No
SSN#	State ID:	
Marital Status: Never marri	ed Married Divorced Separated	Widowed
Legal Status: Voluntary	nvoluntary-Civil	Probation Parole Jail/Prison
Are you considered legally blind	1? Yes No If yes, when was this determi	ned?
Primary Phone#:	May we leave a message	? Yes No
	reet eside:	
Name:	Location:	
	Yes No If not,Street Address	
Current Residential Arrangeme		City State County
Private Residence Foster Care/Family Life Home		State MHI Homeless/Shelter/Street cional Facility
Veteran Status: Yes No	Branch & Type of Discharge:	Dates of Service:
Current Employment: (Check application) Unemployed, available for well Employed, Part time Work Activity Vocational Rehabilitation Homemaker		ork

CCNIA 9.2023

Current Employer: Dates of Employment:				Hours	worked weekly: _	
Employer	City, State		Job Title	Duties	To/Fr	om
1.	•					
2.						
3.						
Educations: What is the highest leve Emergency Contact Person: Name:						
Address:		P	hone:			Guardian/Conserv
appointed by the Court? Yes N	o Protective	Payee Appoin	ted by Social Secur	ity? 🗌 Yes 🗌 No		
Legal Guardian Conservat (Please check those that a	oply & write in na	ame, address et	Name:	se check that app	Payee Conserva	address etc.) -
Address:			Address:			-
Phone:			Phone:			_
List all People In Household:						<u>- </u>
	Name		Dat	e of Birth	Relationship	
L.						
2.						
3.						
1.						
5.						
Gross Monthly Income (before ta (Check Type & fill in amount)	pelow, how do	you pay your	bills? (Do not lea		ncome is reported	 "
SSDI SSI . Veteran's Benefits Employment Wages FIP						
Child Support Rental Income					- 	
Dividends, Interest, Etc						
Pension						
Other						
Total Monthly Income:						
Household Resources: (Check and Type	d fill in amount	and location): Amount	:	Bank, T	rustee, or Compa	ny

Cash			
Checking Account			
<u> </u>			
Trust Funds			
Stocks and Bonds (cash value?)			
Burial Fund/Life Ins (cash value?).			
Other			
Other			
Total Resources:			
	•		
	& Year:		
(include car, truck, motorcycle, boat, Make 8			
Recreational vehicle, etc.) Mak	e & Year:	Estimated value:	
Do you, your spouse or dependent children	own or have interest in the foll	owing:	
Yes No House including the one you live	ve in? Yes No Any other r	eal-estate or land? Other	
If yes to any of the above, please explain:			·
Have you sold or given away any property in	the last five (5) years? Yes	☐No If yes, what did you sell or give	e away?
Health Insurance Information: (Check all tha	at apply)		
Primary Carrier (pays 1st)	Secondar	y Carrier (pays 2 nd)	
Applicant Pays	MEPD Medicare A	A,B, D Medically Needy MEPD	
Address	Addr	ess	
Policy Number:	POIII (or Medicaid/Title 19 or Medicaid/Title	cy Number	(or Medicaid/Title 1
Start Date: Any limits? Tyes [No Start Date:	Any limits?	
Spend Down: Deductible:	Spend Down:	Deductible:	
Referral Source: Self Community Corrections Targeted Case Management	Family/Friend Soci	ial Service Agency Other Case Management	
Have you applied for any of the public p		other case Management	
(Please check those you have applied for and	_	lease advise if your annlication has be	en Approved or
Denied. If you appealed the denial, please a			
reconsideration. Please advise if you have ha			
hearing:	-	_	
Social Security	SSDI		
			
SSI	Medicaid	HHS Food Assistance:	

Veterans	Unemployment	
FIP	Other	Other
isability Group/Primary Diagno		
	oility Developmental Disability DSubstance Al	
	:	
xis I:	Dx Co	de:
	Dx C	
What is the name and location of	of your current general physician:	
	of your current Pharmacy?	
knowledge, and I author information provided including	cument, I certify that the above information ize the Care Connections of Northern Iowa so werification with Iowa county government	taff to check for verification of the
knowledge, and I author information provided includin Human Services (HHS) staff. I understand that the informatin establishing my ability to particular the information of the stablishing my ability to particular the information of the stablishing my ability to particular the stabl	ize the Care Connections of Northern Iowa s	taff to check for verification of the tand the state lowa Dept. of e of Care Connections of Northern Iowa appropriateness of services
knowledge, and I author information provided includin Human Services (HHS) staff. I understand that the informatin establishing my ability to particular the information of the stablishing my ability to particular the information of the stablishing my ability to particular the stabl	ize the Care Connections of Northern Iowa s ng verification with Iowa county government tion gathered in this document is for the use ay for services requested, and in assuring th information in this document will remain co	taff to check for verification of the tand the state lowa Dept. of e of Care Connections of Northern Iowa appropriateness of services

Care Connections of Northern Iowa

215 W. 4th St. Suite 6 Spencer IA 51301

PHONE: 712-264-3945 FAX: 712-262-9016

EMAIL: intake@ccnia.org

WEB: ccnia.org

FOR REGIONAL OFFICE USE ONLY:	
Verification of All Household Income	
Copies of Guardianship Papers	
Releases of Information	
HIPAA Signature Form	
Psychological Evaluations/Reports	
Copies of All Health Insurance Cards	
☐ Diagnosis Sheet	

Care Connections of Northern Iowa Release of Information For individuals living in: Clay, Kossuth, Osceola, Palo Alto, Winnebago, and Worth Counties

CLIENT
ADDRESS:DATE OF BIRTH:
I, the undersigned, hereby authorize the staff of Care Connections of Northern Iowa to release and / or obtain the
information indicated below, regarding the above named consumer, with:
Name of Person or Agency
Complete Mailing Address The information being released will be used for the following purpose:
The information being released will be used for the following purpose: ☐ Planning and implementation of Services ☐ Referral for new or other services
☐ Planning and implementation of Services☐ Coordination of services☐ Other (Specify)
Monitoring of services
Your eligibility for services or funding is is not dependent upon signing this release. {See CFR 164.508(b)(4)}
INFORMATION TO BE RELEASED FROM INFORMATION TO BE OBTAINED FROM
COMMUNITY SERVICES: THE AGENCY INDICATED ABOVE:
Yes No Yes No
☐ ☐ SOCIAL HISTORY ☐ ☐ SOCIAL HISTORY
☐ ☐ PROGRESS SUMMARY REPORT ☐ ☐ EDUCATIONAL/VOCATIONAL PLANS
☐ ☐ INDIVIDUAL COMPREHENSIVE PLAN ☐ ☐ PROGRESS SUMMARY
☐ ☐ ANNUAL REVIEW ☐ ☐ PSYCHOLOGICAL EVALUATION/ REPORTS
☐ ☐ DISCHARGE SUMMARY ☐ ☐ PSYCHIATRIC ASSESSMENT / REPORTS
RE-RELEASE OF 3 RD PARTY INFO (Specify) MEDICAL HISTORY
(Your information will not be re-released without a signed authorization)
☐ ☐ OTHER (Specify) ☐ ☐ RE-RELEASE OF 3 RD PARTY INFO
(Specify) This subtraction shall suring any (Net to succeed 42 months)
□ □ OTHER (Specify)
This authorization shall expire on:(Not to exceed 12 months)
At that time, no express revocation shall be needed to terminate my consent. I understand that this consent is voluntary and I may revoke this consent at any time by sending a written notice to Care Connections of Northern Iowa. I understand that any information released prior to the revocation may be used for the purposes listed above and does not constitute a breach of my rights to confidentiality. I understand that any disclosure of information carries with it the potential for un-authorized re-disclosure and once the information is disclosed, it may no longer be protected by federal privacy regulations. I understand that I may review the disclosed information by contacting the recipient named or Care Connections of Northern lowa. SPECIFIC AUTHORIZATION FOR RELEASE OF INFORMATION PROTECTED BY STATE OR FEDERAL LAW: I specifically authorize the release of data and information relating to Mental Health. Signature of Client or Legal Guardian:
Relationship if NOT The Client
SPECIFIC AUTHORIZATION FOR RELEASE OF INFORMATION PROTECTED BY STATE OR FEDERAL LAWS: I specifically authorize the release of data and information relating to:
☐ Substance Abuse (must be signed by the consumer) ☐ HIV-Related Information
Client Signature Date Guardian Signature Date
In order for this information to be released, you must sign here and on the signature line above.
Copy given to Client on: OR Client refused copy on:

CARE CONNECTIONS OF NORTHERN IOWA NOTICE OF DECISION												
IAPPLICANT INFORMATION												
Applicant's Name & Address:					State ID:							
						,	Appli	cant CSN ID#: (Optional)				
IISERVI	CES				I							
	on to approve, ocess is listed o				ices listed	below is p	rinte	d in the Autho	orized Service	e Decision bo	ox. Inforn	nation on the
Provider	r Information	Service		umber of Units	Units	Per	Unit Rate	Service Start Date	Service End Date		rized Service Decision	
	1											
		Details:		l								
Notes:		•										
IIICONT	ACT INFORMA	TION										
Name:				CCNIA Reg	gional Staf	f						
Phone:												
IVAUTH	IORIZATION								l			
	lity Services Cons horizing Regional								Phone	:		
	CCNIA DSC Signature Disability Services Consultant								Date:			
County of Legal Residence (COLR) County of Legal Residence DSC Signature:												
VBILLING ADDRESS												
Region to be billed for payment of the approved services: Care Connections of Northern Iowa												
Address:												
Phone:							Fax:					

CARE CONNECTIONS OF NORTHERN IOWA APPEAL PROCESS

According to IAC 441-25.21(1)I.(1) Individuals, families, individual representatives (with the consent of the individual), and providers may appeal the decisions of the region or any of its designees or contractors at any time. Such individuals or organizations may also file a grievance about the actions or behavior of a party associated with the regionally managed system of care at any time.

How to Appeal:

If you wish to appeal, you must complete an appeal form and return it to the Care Connections of Northern Iowa Office listed on the Notice of Decision (NOD) within ten (10) working days of receipt.

Reconsideration -The Care Connections of Northern Iowa' Staff person who sent the Notice of Decision will review your appeal and/or grievance. After reviewing your appeal, this Care Connections of Northern Iowa' Staff will contact you not more than five (5) working days after the written appeal is received. This Care Connections of Northern Iowa' Regional staff person will collect additional information from you and other sources, if necessary and consent is given from you to gather more information. Following a review of additional information and all relevant facts, a written decision is issued no later than five (5) working days following this contact with you. A copy of the decision is sent to you and/or your representative by regular mail.

Administrative Review - If no resolution is agreed upon through this Reconsideration step, then you can arrange a meeting with the Care Connections of Northern Iowa Chief Executive Officer (CEO) within ten (10) working days of the final decision of the Reconsideration step. You will be notified of the meeting time, day, and location of this meeting with the CEO by regular mail.

The Care Connections of Northern Iowa CEO will discuss the facts of the decision and will consider additional information you submit that is relevant to the appeal. A written decision is issued no later than five (5) working days following the date of this meeting. A copy of the decision is sent to you and/or your representative by regular mail.

If a resolution is not agreed upon through Administrative Review, then you can pursue a hearing through a state Administrative Law Judge (ALJ). The decision of the state ALJ shall be the final decision.

Care Connections of Northern Iowa does not pay legal fees for you. If you cannot afford legal representation, you may contact Legal Services of Iowa at 1-800-532-1275 or http://www.iowalegalaid.org/

Expedited Appeals Process (IAC 441-25.21(1)I.2) This appeals process is performed by a mental health professional who is either the Administrator of the Division of Mental Health and Disability Services of the Iowa Health and Human Services or the Administrator's designee. The process is used when the decision of Care Connections of Northern Iowa concerning your care varies from the type and amount of service identified to be necessary when a clinical determination is made by a mental health professional who believes that the failure to provide the type and amount of service identified could cause an immediate danger to the individual's health and safety.

Please use the written appeal forms attached to the Notice of Decision form.

- This appeal shall be filed within 5 days of receiving the Care Connections of Northern Iowa Notice of Decision. The expedited 1. review by the Division Administrator or designee shall take place within 2 days of receiving the request, unless more information is needed. There is an extension of 2 days from the time the new information is received.
- 2. The Administrator issues an order, including a brief statement of findings of fact. conclusions of law, and policy reasons for the order, to justify the decision made concerning the expedited review. If the decision concurs with the contention that there is an immediate danger to the individual's health or safety, the order identifies the type and amount of service, which is provided for the individual. The Administrator or designee gives such notice as is practicable to individuals who are required to comply with the order. The order is effective when issued.
- The decision of the Administrator or designee shall be considered a final agency action and is subject to judicial review in 3. accordance with section 17A.19.

CARE CONNECTIONS OF NORTHERN IOWA APPEAL FORM
TO: Care Connections of Northern Iowa
The reason for this appeal is:

I, therefore, respectfully make application for a review by the Care Connections of Northern Iowa of the
grievance as stated above.
DATE:
SIGNATURE OF APPELLANT:
ADDRESS:
TELEPHONE (if applicable):

CONFLICT OF INTEREST Governing Board of Directors

Any duality of interest or possible conflict of interest on the part of any member of the Care Connections Governing Board of Directors shall be disclosed to the other board members and made a matter of record as soon as such conflict is determined to exist. On an annual basis each Director shall sign a Conflict-of-Interest Statement as set forth below. For the purpose of this policy, Conflict of Interest shall be defined as a potential financial or other beneficial impact on the board member or any organization he or she represents.

Any governing board member having a duality of interest or possible conflict of interest on any matter shall not vote or use his/her personal influence on the matter. Such Director shall still be counted in determining the quorum for the meeting. The minutes of the meeting shall reflect that a disclosure was made as well as the abstention from voting. The foregoing shall not be construed as preventing the governing board member from answering questions of other board members since his/her knowledge may be of great assistance.

CONFLICT OF INTEREST STATEMENT

and agree to comply therewith. I state that to any activity and have no outside interests who interest of the Region (except as reported on member of the Governing Board of Directors	, as a member of Care Connections of Northern ave read the policy on Conflict of Interest set forth above the best of my knowledge and belief, I am not involved in ich conflict or suggest a potential conflict with the best the backside hereof). During my term of office as a , I agree to report promptly any situation which might et of interest with the Care Connections of Northern Iowa
Signature	Date

Conflict of Interest Statement-Governing Board

Name:	
In responding to these questions, understand that a "yes" respo relationship or transaction was inappropriate.	nse does not imply that the
1. Are you an officer, board member or director of a corporation a business relationship $\;\square\; Yes\;\square\; No$	or provider with which CCNIA has
Name of Corporation/Provider	
Office Held_	
2. Do you, or a member of your family receive services from, have remuneration or income from a corporation or provider with where the relationship \Box Yes \Box No	
Name of Corporation/Provider	
Please check the statements below that are correct to the best of end to certify your answers.	f your knowledge and sign at the
$\hfill \square$ I have received a copy of and read the Conflict-of-Interest Polic responsibilities under it.	cy for CCNIA and understand my
☐ Should a conflict of interest arise, I agree to immediately infor	m the CCNIA Board.
Signature	

Please return to: Serena Rustad at srustad@ccnia.org